

SA Level 3 Regional Age Group Champs 2024-EC - 2024/03/21 to 2024/03/24

Results

Event 101 Boys 11 & Under 400 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Green, Aiden J	11 Bay Eagle-NM	4:58.99
2 Wagener, Tiaan H	11 Aquasharks Winel-CE	5:09.75
3 Schaefer, Daniel C	11 Players-CE	5:17.55
4 Barnard, Theo J	11 Swartland Swim C-WC	5:21.95
5 Verdon, Daniel E	11 Infinity-NM	5:23.40
6 Stander, Christiaan L	11 Aquasharks Winel-CE	5:26.34
7 Bosch, Ewan Y	11 Tygers-CP	5:29.22
8 Vd Watt, Earle	11 Greydogs-CP	5:32.59
9 February, Dillon S	11 Curro Aquatics-CP	5:39.86
10 van Rensburg, Tristan	11 Greydogs-CP	5:40.68
11 Daniels, Tylan H	11 Aqua Dolphin-CP	5:47.53
12 Van Onselen, Pierre S	11 Tygers-CP	5:51.73
13 Lewis, Amaru C	11 Paarl Aquarius-CE	5:55.48
14 Jacobs, Seth G	11 Manta-CP	5:55.56
15 Gerber, Luke M	10 Curro Aquatics-CP	6:07.13
16 Goliath, Cooper C	11 USC-BU	6:13.58
17 Fouche, Ryan	9 Tygers-CP	6:16.23
18 Joyce, Guy	10 Curro Aquatics-CP	6:26.57
--- Kannemeyer, Eli E	11 Bay Eagle-NM	NS

Event 102 Girls 11 & Under 400 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Hamilton, Shalea M	11 Bay Eagle-NM	5:06.63
2 Williams, Aqeelah	11 Uwc-CP	5:12.43
3 Olivier, Julie M	11 Tygers-CP	5:15.42
4 Roff, Mikaela	11 ROA-ED	5:22.11
5 Lockitch, Zara	11 Cybersmart-CP	5:23.97
6 Joyce, Jenna	11 Curro Aquatics-CP	5:26.27
7 Els, Jamie	11 Aqua Dolphin-CP	5:29.48
8 Sabbagha, Georgia	11 Paarl Aquarius-CE	5:33.12
9 Burger, Johané	11 ROA-ED	5:34.97
10 Billson, Amelie	11 Curro Aquatics-CP	5:35.95
11 Roth, Elle	11 Pea-NM	5:42.60
12 Chibharo, Lethabo L	11 Tygers-CP	5:42.69
13 Jantjies, Zara	11 Manta-CP	5:45.63
14 Julies, Grace J	11 Xcel Swim Academ-CP	5:48.28
15 Anthony, Jazmin A	11 Paarl Aquarius-CE	5:49.09
16 Christie, Laila A	11 USC-BU	5:49.40
17 Horn, Anna	11 Xcel Swim Academ-CP	5:50.19
18 Pieterse, Nina	11 DESA-NM	5:52.24
19 McGluwa, Jovanah N	11 Curro Aquatics-CP	6:01.26
20 Stevenson, Mikayla	11 Quick Silver-CP	6:15.81
21 Terwin, Brooklyn	11 USC-BU	6:18.08
22 Jurgens, Chloe-Leigh	11 Manta-CP	6:23.29
23 Rosenstrauch, Lara	11 Helderberg Titan-CP	6:36.04

Event 103 Men 12 Year Olds 400 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Fletcher, Tyler D	12 Fish Eagle-ED	5:13.09
2 Coleman, Travis	12 Blouberg Marlins-CP	5:15.26
3 Mccollum, Aiden I	12 Aqua Dolphin-CP	5:17.27
4 Strydom, Andre N	12 Bay Eagle-NM	5:18.83
5 Williams, Dante E	12 Bay Eagle-NM	5:23.73
6 Coates, Caleb	12 Fish Eagle-ED	5:37.37
7 Ramorwesi, Oratilwe M	12 Swimlab-CP	5:48.26
8 Smit, Christian F	12 ROA-ED	5:56.99

9 Fouche, Jack	12 Tygers-CP	6:05.54
10 Heunis, Le Roux	12 Tygers-CP	6:06.43
11 Lubbe, Alex C	12 USC-BU	6:07.88
12 Baadjies, Cruden H	12 Paarl Aquarius-CE	6:08.37

Event 104 Women 12 Year Olds 400 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Jooman, April R	12 Bay Eagle-NM	5:18.90
2 Nienaber, Mila J	12 Quicksilver Wine-CE	5:29.96
3 Sonnekus, Anya	12 Tygers-CP	5:30.50
4 Lottering, Eirley	12 USC-BU	5:51.00
5 Liebenberg, Aimee L	12 Swartland Swim C-WC	6:01.22
6 Thirsk, Savannah	12 Tygers-CP	6:07.39

Event 105 Men 13 Year Olds 400 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Swanepoel, Ewald	13 Fish Eagle-ED	5:00.58
2 Palmer, Travis I	13 Pea-NM	5:01.72
3 Smit, Reynard-Gray	13 Silver Fins-CP	5:03.64
4 Peters, Stijn J	13 USC-BU	5:04.76
5 Afonso, Aragon G	13 Quick Silver-CP	5:04.99
6 Van Wyk, Jack R	13 Curro Aquatics-CP	5:06.66
7 Pieterse, Marcelle J	13 Xcel Swim Academ-CP	5:07.83
8 Rheeder, Liam M	13 Paarl Aquarius-CE	5:08.36
9 Hough, Caleb	13 Curro-WC	5:12.59
10 Coetzee, Sion M	13 Quick Silver-CP	5:21.90
11 Liss, Logan A	13 USC-BU	5:22.86
12 Visser, Wessel M	13 Uwc-CP	5:24.32
13 Addinall, Ethan	13 Manta-CP	5:25.33
14 Van Dyk, Stephaan	13 Blouberg Marlins-CP	5:27.38
15 Markotter, D-J R	13 Infinity-NM	5:27.84
16 Fang, Ethan Y	13 Pea-NM	5:28.81
17 Cook, Jedd R	13 USC-BU	5:30.12
18 Grobler, Chris I	13 Curro Aquatics-CP	5:34.11
19 Ramashamole, Junior V	13 Harlequins-BU	5:35.35
20 Harper, Zachary	13 Aqua Dolphin-CP	5:50.09
21 Snyders, Reece	13 Uwc-CP	5:53.32
--- van Wyk, Tariq K	13 Barracudas-CP	DQ

Event 106 Women 13 Year Olds 400 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Thirsk, Madison	13 Tygers-CP	5:09.25
2 Laubscher, Mikalla I	13 Aqua Sharks-CP	5:13.56
3 O'Carroll, Nia E	13 Stellenbosch Aqu-CE	5:22.11
4 Van Wyk, Katie R	13 Blouberg Marlins-CP	5:23.92
5 Welsh, Stacey A	13 Bay Eagle-NM	5:27.77
6 Botha, Chelsea	13 Curro Aquatics-CP	5:37.05
7 Burger, Juané	13 Tygers-CP	5:38.69
8 De Jager, Sophia	13 Curro Aquatics-CP	5:53.35

Event 107 Men 14 Year Olds 400 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Kotzè, Max M	14 Blouberg Marlins-CP	4:46.44
2 Williams, Evan B	14 SSISA-CP	4:54.18
3 Yeowart, Seth W	14 Greydogs-CP	4:55.31
4 Minnaar, Nicolas	14 Tygers-CP	4:59.33
5 Poggenpoel, Troy J	14 SSISA-CP	5:02.61
6 Lategan, Nicky N	14 Swartland Swim C-WC	5:03.27
7 Pullock, Sam J	14 Curro Hermanus-OB	5:04.33

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Results

(Event 107 Men 14 Year Olds 400 LC Meter Freestyle)

Name	AgeTeam	Finals Time
8 Liedeman, Mark	14 Swartland Swim C-WC	5:04.65
9 Nagelgaard, Andreas	14 Aqua Dolphin-CP	5:06.01
10 Andrews, Carl R	14 Pea-NM	5:06.46
11 Cilliers, Jannis N	14 FAAC	5:06.61
12 Cleophas, Kyle	14 Paarl Aquarius-CE	5:07.21
13 Beukes, Jaden L	14 Walmers-CP	5:09.05
14 Njoroge, Alphonse	14 Curro Aquatics-CP	5:23.63

Event 108 Women 14 Year Olds 400 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Senekal, Margo	14 Tygers-CP	5:03.79
2 Holthuis, Keilah-Naomi	14 Quicksilver Wine-CE	5:08.41
3 Geysler, Almi	14 Lane Leader-CE	5:14.84
4 Blake, Abi E	14 Greydogs-CP	5:20.06
5 Rossouw, Cara	14 Tygers-CP	5:21.49
6 Kleynhans, Sian	14 ROA-ED	5:21.76

Event 109 Men 15 Year Olds 400 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Pautz, Nathan M	15 Blouberg Marlins-CP	4:41.18
2 Atkinson, Samuel A	15 Swartland Swim C-WC	4:44.38
3 Myburgh, Ruan	15 Blouberg Marlins-CP	4:49.91
4 Kalapac, Joshua	15 Blouberg Marlins-CP	4:56.23

Event 110 Women 15 Year Olds 400 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Smit, Miela	15 AQUA-BU	5:24.04
2 Bosman, Jessica A	15 Quick Silver-CP	5:28.89
3 Zhou, WanRu	15 Blouberg Marlins-CP	5:32.77

Event 111 Men 16 Year Olds 400 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 McPetrie, James L	16 Manta-CP	4:34.63
2 Möller, FC C	16 Tygers-CP	4:35.95
3 Prime, Liam	16 USC-BU	4:38.64
4 Karsten, Jody	16 Blouberg Marlins-CP	4:44.22
5 Schreuder, Steffen	16 Aquasharks Winel-CE	4:59.37
6 Sheard, Dylan J	16 Pea-NM	5:09.18

Event 112 Women 16 Year Olds 400 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Olivier, Shani	16 The Well-CE	5:07.14
2 De Beer, Anri	16 Infinity-NM	5:13.79
3 Witten, Hannah	16 Aqua Dolphin-CP	5:21.60

Event 113 Men 17-19 400 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Wolfe, Matthew L	18 Infinity-NM	4:35.33
2 Barnard, Adam J	18 AQUA-BU	4:48.59
3 Boonzaaier, Simon F	17 Aquasharks Winel-CE	4:50.65
4 Peceur, Mark D	19 Paarl Aquarius-CE	4:52.90

Event 114 Women 17-19 400 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Van Eeden, Alne	17 Pea-NM	5:04.81
2 Rossouw, Nadia	17 Tygers-CP	5:07.18
3 Murray, Rachel T	17 Harlequins-BU	5:11.07
4 Theron, Yedidah	18 ROA-ED	5:11.13

5 Ogden, Amber	17 Pea-NM	5:19.56
6 Lindstrom, Jorja P	17 Harlequins-BU	5:20.49
7 Herbst, Mienke	17 SSISA-CP	5:22.45

Event 201 Boys 11 & Under 100 LC Meter Freestyle

Name	AgeTeam	Finals Time
Finals		
1 Green, Aiden J	11 Bay Eagle-NM	1:06.59
2 Wagener, Tiaan H	11 Aquasharks Winel-CE	1:07.69
*3 Barnard, Theo J	11 Swartland Swim C-WC	1:08.40
*3 Bright, Michael C	11 Curro Aquatics-CP	1:08.40
5 Schaefer, Daniel C	11 Players-CE	1:08.61
6 Boshoff, Mickayle C	11 Knysna Aquatics-ED	1:10.83
7 Verdon, Daniel E	11 Infinity-NM	1:11.38
8 Bosch, Ewan Y	11 Tygers-CP	1:12.54

Event 201 Boys 11 & Under 100 LC Meter Freestyle

Name	AgeTeam	Prelim Time
Preliminaries		
1 Green, Aiden J	11 Bay Eagle-NM	1:08.28
2 Bright, Michael C	11 Curro Aquatics-CP	1:08.77
3 Barnard, Theo J	11 Swartland Swim C-WC	1:10.11
4 Boshoff, Mickayle C	11 Knysna Aquatics-ED	1:11.17
5 Schaefer, Daniel C	11 Players-CE	1:11.22
6 Wagener, Tiaan H	11 Aquasharks Winel-CE	1:11.36
7 Vd Watt, Earle	11 Greydogs-CP	1:12.26
8 Verdon, Daniel E	11 Infinity-NM	1:12.49
9 Bosch, Ewan Y	11 Tygers-CP	1:13.09
10 Stander, Christiaan L	11 Aquasharks Winel-CE	1:13.43
11 Schemel, Brody L	11 Harlequins-BU	1:13.52
*12 Jacobs, Seth G	11 Manta-CP	1:12.80
*12 Van Onselen, Pierre S	11 Tygers-CP	1:15.09
13 Kruger, Zachary C	11 Swartland Swim C-WC	1:15.20
14 Fenner, Jenson V	11 Players-CE	1:15.36
15 Basson, Henk	11 Lane Leader-CE	1:15.51
16 February, Dillon S	11 Curro Aquatics-CP	1:16.35
17 Viljoen, Jagger F	11 Aqua Sharks-CP	1:16.45
18 Daniels, Tylan H	11 Aqua Dolphin-CP	1:17.55
19 Rosser, Mark J	11 Infinity-NM	1:18.65
20 Joyce, Guy	10 Curro Aquatics-CP	1:18.67
21 Goliath, Cooper C	11 USC-BU	1:19.42
22 Lewis, Amaru C	11 Paarl Aquarius-CE	1:20.04
23 Gerber, Luke M	10 Curro Aquatics-CP	1:20.17
24 Lategan, Wessel W	11 Swartland Swim C-WC	1:20.77
25 McAfee, Max L	10 Fish Eagle-ED	1:21.99
26 Booth, Samuel R	11 VIKI-BU	1:22.87
27 Fouche, Ryan	9 Tygers-CP	1:22.92
28 Stenekamp, Keanu	11 Aqua Sharks-CP	1:24.37
29 Vd Merwe, Zander	11 Quick Silver-CP	1:24.46
30 Titus, Brody	11 Paarl Aquarius-CE	1:24.65
31 Vleggaar, Daniel	11 Barracudas-CP	1:31.17

Event 201 Boys 12 Year Olds 100 LC Meter Freestyle

Name	AgeTeam	Finals Time
Finals		
1 Fletcher, Tyler D	12 Fish Eagle-ED	1:06.35
2 Coleman, Travis	12 Blouberg Marlins-CP	1:06.88

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Results

Finals ... (Event 201 Boys 12 Year Olds 100 LC Meter Freestyle)

Name	AgeTeam	Finals Time
3 Parr, Colby S	12 Knysna Aquatics-ED	1:07.05
4 Weber, Daniel	12 Players-CE	1:07.55
5 Kirsten, Jan-Dawid E	12 Quicksilver Wine-CE	1:09.14
6 Coates, Caleb	12 Fish Eagle-ED	1:09.23
7 Strydom, Andre N	12 Bay Eagle-NM	1:09.47
8 VerLoren Van Themaat, Hein	12 Lane Leader-CE	1:09.79

Event 201 Boys 12 Year Olds 100 LC Meter Freestyle

Name	AgeTeam	Prelim Time
Preliminaries		
1 Coates, Caleb	12 Fish Eagle-ED	1:08.43
2 Fletcher, Tyler D	12 Fish Eagle-ED	1:08.48
3 Parr, Colby S	12 Knysna Aquatics-ED	1:08.65
4 Weber, Daniel	12 Players-CE	1:08.77
5 Coleman, Travis	12 Blouberg Marlins-CP	1:08.89
6 Strydom, Andre N	12 Bay Eagle-NM	1:09.61
7 VerLoren Van Themaat, Hein	12 Lane Leader-CE	1:09.68
8 Kirsten, Jan-Dawid E	12 Quicksilver Wine-CE	1:10.64
9 Mccollum, Aiden I	12 Aqua Dolphin-CP	1:10.68
10 Conradie, D'Niel	12 Aquasharks Winel-CE	1:11.65
11 Spencer, Marcus W	12 Vineyard-CP	1:12.00
13 Williams, Dante E	12 Bay Eagle-NM	1:13.12
14 Stead, Nathan J	12 Harlequins-BU	1:13.84
15 Jonas, Leonardo	12 Players-CE	1:14.08
16 Ramorwesi, Oratilwe M	12 Swimlab-CP	1:15.54
17 Smit, Christian F	12 ROA-ED	1:15.56
18 Lubbe, Alex C	12 USC-BU	1:15.88
19 Fouche, Jack	12 Tygers-CP	1:19.07
*20 Heunis, Le Roux	12 Tygers-CP	1:19.43
*20 Douries, Ean	12 Curro Aquatics-CP	1:19.43
22 Baadjies, Cruden H	12 Paarl Aquarius-CE	1:22.29
23 Fortune, Hakeem	12 Manta-CP	1:23.39

Event 201 Boys 13 Year Olds 100 LC Meter Freestyle

Name	AgeTeam	Finals Time
Finals		
1 Swanepoel, Ewald	13 Fish Eagle-ED	1:03.66
2 Booth, Jake J	13 VIKI-BU	1:04.58
3 Rheeder, Liam M	13 Paarl Aquarius-CE	1:05.40
4 Afonso, Aragon G	13 Quick Silver-CP	1:05.69
5 Grobler, Chris I	13 Curro Aquatics-CP	1:05.84
6 van Wyk, Tariq K	13 Barracudas-CP	1:06.10
7 Smit, Reynard-Gray	13 Silver Fins-CP	1:06.43
8 Palmer, Travis I	13 Pea-NM	1:07.04

Event 201 Boys 13 Year Olds 100 LC Meter Freestyle

Name	AgeTeam	Prelim Time
Preliminaries		
1 Swanepoel, Ewald	13 Fish Eagle-ED	1:03.48
2 Booth, Jake J	13 VIKI-BU	1:05.32
3 Smit, Reynard-Gray	13 Silver Fins-CP	1:06.32
4 Rheeder, Liam M	13 Paarl Aquarius-CE	1:06.38
5 Afonso, Aragon G	13 Quick Silver-CP	1:06.41
6 van Wyk, Tariq K	13 Barracudas-CP	1:06.61
7 Palmer, Travis I	13 Pea-NM	1:06.74

8 Grobler, Chris I	13 Curro Aquatics-CP	1:07.15
9 Coetzee, Sion M	13 Quick Silver-CP	1:07.21
10 Hough, Caleb	13 Curro-WC	1:07.26
11 Krause, Luke	13 Curro Aquatics-CP	1:07.57
12 Van Wyk, Jack R	13 Curro Aquatics-CP	1:07.58
13 Peters, Stijn J	13 USC-BU	1:08.14
14 Van Dyk, Stephaan	13 Blouberg Marlins-CP	1:08.66
15 Ramashamole, Junior V	13 Harlequins-BU	1:08.93
16 Hodge, Cameron P	13 Lane Leader-CE	1:09.12
17 Fang, Ethan Y	13 Pea-NM	1:09.13
18 Willenburg, Elijah K	13 Silver Fins-CP	1:09.23
19 Harper, Zachary	13 Aqua Dolphin-CP	1:09.77
20 Addinall, Ethan	13 Manta-CP	1:10.26
21 Markotter, D-J R	13 Infinity-NM	1:10.44
22 Liss, Logan A	13 USC-BU	1:11.81
23 O'Neill, Teagan J	13 Pea-NM	1:12.86
24 Cook, Jedd R	13 USC-BU	1:13.18
25 Visser, Wessel M	13 Uwc-CP	1:15.21
26 Snyders, Reece	13 Uwc-CP	1:15.73
27 Gomez, Alex W	13 Marlin-CP	1:15.75
28 Fortune, Yaseen	13 Manta-CP	1:17.52

Event 201 Boys 14 Year Olds 100 LC Meter Freestyle

Name	AgeTeam	Finals Time
Finals		
1 Heine, Jett C	14 Pea-NM	59.58
2 Kotzè, Max M	14 Blouberg Marlins-CP	1:00.67
3 Cilliers, Jannis N	14 FAAC	1:01.63
*4 Waters, Steven G	14 Lane Leader-CE	1:01.64
*4 Vd Merwe, Thomas	14 Lane Leader-CE	1:01.64
6 Pullock, Sam J	14 Curro Hermanus-OB	1:02.31
7 Williams, Evan B	14 SSISA-CP	1:02.38
8 Rosslee, Christian F	14 Quicksilver Wine-CE	1:03.14

Event 201 Boys 14 Year Olds 100 LC Meter Freestyle

Name	AgeTeam	Prelim Time
Preliminaries		
1 Heine, Jett C	14 Pea-NM	59.85
2 Kotzè, Max M	14 Blouberg Marlins-CP	1:01.17
3 Cilliers, Jannis N	14 FAAC	1:01.29
4 Waters, Steven G	14 Lane Leader-CE	1:01.61
5 Williams, Evan B	14 SSISA-CP	1:01.97
6 Pullock, Sam J	14 Curro Hermanus-OB	1:02.12
7 Vd Merwe, Thomas	14 Lane Leader-CE	1:02.26
8 Rosslee, Christian F	14 Quicksilver Wine-CE	1:03.66
9 Minnaar, Nicolas	14 Tygers-CP	1:03.70
10 Beukes, Jaden L	14 Walmers-CP	1:03.74
11 Yeowart, Seth W	14 Greydogs-CP	1:03.77
12 Poggenpoel, Troy J	14 SSISA-CP	1:03.87
13 Andrews, Carl R	14 Pea-NM	1:05.17
14 Spencer, Charles A	14 Vineyard-CP	1:05.29
15 Abrahams, Rayhan	14 Walmers-CP	1:05.40
16 Liedeman, Mark	14 Swartland Swim C-WC	1:05.65
17 Nagelgaard, Andreas	14 Aqua Dolphin-CP	1:06.46
18 Njoroge, Alphonse	14 Curro Aquatics-CP	1:07.60
19 Smith, Tristan A	14 Greydogs-CP	1:14.00
20 Basson, Trishaun T	14 Marlin-CP	1:15.37

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Results

Preliminaries ... (Event 201 Boys 14 Year Olds 100 LC Meter Freestyle)

Name	Age	Team	Prelim Time
--- Cleophas, Kyle	14	Paarl Aquarius-CE	DQ

Event 201 Men 15 Year Olds 100 LC Meter Freestyle

Name	Age	Team	Finals Time
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Finals

1 Atkinson, Samuel A	15	Swartland Swim C-WC	59.39
2 Pautz, Nathan M	15	Blouberg Marlins-CP	59.58
3 Kalapac, Joshua	15	Blouberg Marlins-CP	59.73
4 Walker, Yohan G	15	Vineyard-CP	59.79
5 Viljoen, Jaden R	15	Aqua Sharks-CP	1:01.17
6 Van Helden, Ethan C	15	Aqua Sharks-CP	1:01.93
7 Myburgh, Ruan	15	Blouberg Marlins-CP	1:03.34
--- Heyes, Garrick T	15	Aqua Sharks-CP	DQ

Event 201 Men 15 Year Olds 100 LC Meter Freestyle

Name	Age	Team	Prelim Time
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Preliminaries

1 Heyes, Garrick T	15	Aqua Sharks-CP	58.70
2 Pautz, Nathan M	15	Blouberg Marlins-CP	1:00.03
3 Atkinson, Samuel A	15	Swartland Swim C-WC	1:00.25
4 Walker, Yohan G	15	Vineyard-CP	1:00.49
5 Van Helden, Ethan C	15	Aqua Sharks-CP	1:00.95
6 Kalapac, Joshua	15	Blouberg Marlins-CP	1:02.07
7 Viljoen, Jaden R	15	Aqua Sharks-CP	1:02.55
8 Myburgh, Ruan	15	Blouberg Marlins-CP	1:02.85
9 De Bruyn, Cornè C	15	Aqua Sharks-CP	1:03.36
10 Moolman, Carter S	15	Manta-CP	1:06.30

Event 201 Men 16 Year Olds 100 LC Meter Freestyle

Name	Age	Team	Finals Time
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Finals

1 Geyser, Jacques M	16	Lane Leader-CE	57.04
2 Karsten, Jody	16	Blouberg Marlins-CP	58.51
3 Zellie, Thomas J	16	Swimlab-CP	59.10
4 Alexander, Ammaar	16	Marlin-CP	59.61
5 McPetrie, James L	16	Manta-CP	59.64
6 Prime, Liam	16	USC-BU	1:00.20
7 Hewitt-Smook, Kristian	16	Swartland Swim C-WC	1:00.41
8 Möller, FC C	16	Tygers-CP	1:01.66

Event 201 Men 16 Year Olds 100 LC Meter Freestyle

Name	Age	Team	Prelim Time
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Preliminaries

1 Geyser, Jacques M	16	Lane Leader-CE	57.27
2 Alexander, Ammaar	16	Marlin-CP	58.93
3 Zellie, Thomas J	16	Swimlab-CP	59.19
4 Karsten, Jody	16	Blouberg Marlins-CP	59.33
5 McPetrie, James L	16	Manta-CP	59.59
6 Prime, Liam	16	USC-BU	1:00.91
7 Möller, FC C	16	Tygers-CP	1:01.09
8 Hewitt-Smook, Kristian	16	Swartland Swim C-WC	1:01.16
9 Schreuder, Steffen	16	Aquasharks Winel-CE	1:02.14
10 Hlangothi, Munguni S	16	Pea-NM	1:02.17
11 Nash, Daniel A	16	Bay Eagle-NM	1:05.58
12 Sheard, Dylan J	16	Pea-NM	1:06.06

--- Engelbrecht, Ruben J	16	Players-CE	NS
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Event 201 Men 17-19 100 LC Meter Freestyle

Name	Age	Team	Finals Time
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Finals

1 Barnard, Adam J	18	AQUA-BU	55.59
2 Wolfe, Matthew L	18	Infinity-NM	57.57
3 Beukes, Mateo A	18	Walmers-CP	58.27
4 Eilers, Chaden D	19	Uwc-CP	58.95
5 Peceur, Mark D	19	Paarl Aquarius-CE	1:00.55
6 Boonzaaier, Simon F	17	Aquasharks Winel-CE	1:02.46
7 Cornish, Jeyaad	18	Hurricane-CP	1:03.87
8 Den Haan, Stèfan	17	Quick Silver-CP	1:04.67

Event 201 Men 17-19 100 LC Meter Freestyle

Name	Age	Team	Prelim Time
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Preliminaries

1 Beukes, Mateo A	18	Walmers-CP	58.41
2 Barnard, Adam J	18	AQUA-BU	59.18
3 Eilers, Chaden D	19	Uwc-CP	59.48
4 Peceur, Mark D	19	Paarl Aquarius-CE	1:00.27
5 Wolfe, Matthew L	18	Infinity-NM	1:00.28
6 Boonzaaier, Simon F	17	Aquasharks Winel-CE	1:02.85
7 Cornish, Jeyaad	18	Hurricane-CP	1:03.39
8 Den Haan, Stèfan	17	Quick Silver-CP	1:04.02
--- Hiten, Darius	18	Pea-NM	DQ
--- Malherbe, Nicholas N	17	Lane Leader-CE	NS

Event 202 Girls 11 & Under 100 LC Meter Freestyle

Name	Age	Team	Finals Time
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Finals

1 Hamilton, Shalea M	11	Bay Eagle-NM	1:05.83
2 Williams, Aqeelah	11	Uwc-CP	1:07.86
3 Roff, Mikaela	11	ROA-ED	1:08.67
4 Olivier, Julie M	11	Tygers-CP	1:10.49
5 Sabbagha, Georgia	11	Paarl Aquarius-CE	1:12.53
6 Lockitch, Zara	11	Cybersmart-CP	1:13.87
7 Burger, Johané	11	ROA-ED	1:14.56
8 Chibharo, Lethabo L	11	Tygers-CP	1:14.57

Event 202 Girls 11 & Under 100 LC Meter Freestyle

Name	Age	Team	Prelim Time
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Preliminaries

1 Hamilton, Shalea M	11	Bay Eagle-NM	1:06.97
2 Williams, Aqeelah	11	Uwc-CP	1:10.33
3 Roff, Mikaela	11	ROA-ED	1:11.06
4 Olivier, Julie M	11	Tygers-CP	1:11.36
5 Sabbagha, Georgia	11	Paarl Aquarius-CE	1:12.81
6 Burger, Johané	11	ROA-ED	1:13.10
7 Lockitch, Zara	11	Cybersmart-CP	1:13.12
8 Chibharo, Lethabo L	11	Tygers-CP	1:13.58
9 Joyce, Jenna	11	Curro Aquatics-CP	1:14.27
10 Christie, Laila A	11	USC-BU	1:15.46
11 Jansen van Rensburg, Mia	11	Vineyard-CP	1:15.75
12 Roth, Elle	11	Pea-NM	1:15.94
13 Jantjies, Zara	11	Manta-CP	1:15.98
14 Greyvenstein, Hayley	10	USC-BU	1:16.29

SA Level 3 Regional Age Group Champs 2024-EC - 2024/03/21 to 2024/03/24

Results

Preliminaries ... (Event 202 Girls 11 & Under 100 LC Meter Freestyle)

Name	AgeTeam	Prelim Time
15 Billson, Amelie	11 Curro Aquatics-CP	1:16.78
16 Landsberg, Katryn L	11 Infinity-NM	1:17.17
17 Els, Jamie	11 Aqua Dolphin-CP	1:17.60
18 Anthony, Jazmin A	11 Paarl Aquarius-CE	1:17.67
19 Odendaal, Sarah-Kate	11 Quick Silver-CP	1:18.82
20 McGluwa, Jovanah N	11 Curro Aquatics-CP	1:19.19
21 Nel, Olivia	11 Curro-WC	1:19.86
22 Terwin, Brooklyn	11 USC-BU	1:20.06
23 Steyn, Nee'lah	11 Uwc-CP	1:20.07
24 Jordaan, Mikayla E	11 Greydogs-CP	1:20.26
25 Rosenstrauch, Lara	11 Helderberg Titan-CP	1:21.92
26 Stevenson, Mikayla	11 Quick Silver-CP	1:22.25
27 Jurgens, Chloe-Leigh	11 Manta-CP	1:22.34
28 Louw, Mali R	11 The Well-CE	1:23.61
29 Ristow, Emma K	11 USC-BU	1:23.80
30 Grebe, Ava	11 Curro Hermanus-OB	1:26.07
31 Kalapac, Lexi	11 Blouberg Marlins-CP	1:26.48

Event 202 Girls 12 Year Olds 100 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Jooman, April R	12 Bay Eagle-NM	1:09.60
2 De Beer, Isabella C	12 Quicksilver Wine-CE	1:11.40
3 Botha, Rebecca P	12 Knysna Aquatics-ED	1:11.47
4 Flack, Francesca	12 Curro-WC	1:12.48
5 Nienaber, Mila J	12 Quicksilver Wine-CE	1:13.75
6 Sonnekus, Anya	12 Tygers-CP	1:14.70
7 Mare, Isabella	12 Greydogs-CP	1:14.87
8 Lombard, Mia	12 Harlequins-BU	1:15.35

Event 202 Girls 12 Year Olds 100 LC Meter Freestyle

Name	AgeTeam	Prelim Time
1 Jooman, April R	12 Bay Eagle-NM	1:09.97
2 Botha, Rebecca P	12 Knysna Aquatics-ED	1:10.93
3 De Beer, Isabella C	12 Quicksilver Wine-CE	1:11.39
4 Flack, Francesca	12 Curro-WC	1:14.50
5 Sonnekus, Anya	12 Tygers-CP	1:14.53
6 Nienaber, Mila J	12 Quicksilver Wine-CE	1:14.85
7 Mare, Isabella	12 Greydogs-CP	1:15.58
8 Lombard, Mia	12 Harlequins-BU	1:16.11
9 Stilwaney, Mia C	12 Paarl Aquarius-CE	1:16.31
10 Lottering, Eirley	12 USC-BU	1:16.95
11 Minnaar, Amelia C	12 USC-BU	1:17.54
12 Govender, Gabi R	12 Infinity-NM	1:18.14
13 Liebenberg, Aimee L	12 Swartland Swim C-WC	1:18.38
14 Thirsk, Savannah	12 Tygers-CP	1:18.57

Event 202 Girls 13 Year Olds 100 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Van Zyl, Minette M	13 Infinity-NM	1:06.39
2 O'Carroll, Nia E	13 Stellenbosch Aqu-CE	1:07.49
3 Van Wyk, Katie R	13 Blouberg Marlins-CP	1:07.63
4 Laubscher, Mikalla I	13 Aqua Sharks-CP	1:07.78

5 Fenner, Olivia M	13 Players-CE	1:10.09
6 Welsh, Stacey A	13 Bay Eagle-NM	1:11.05
7 Myers, Kirsten E	13 SSISA-CP	1:11.06
8 Riley, Logan	13 Curro Aquatics-CP	1:11.42

Event 202 Girls 13 Year Olds 100 LC Meter Freestyle

Name	AgeTeam	Prelim Time
1 Van Zyl, Minette M	13 Infinity-NM	1:07.08
2 Van Der Wath, Izi	13 Knysna Aquatics-ED	1:08.48
3 Van Wyk, Katie R	13 Blouberg Marlins-CP	1:08.63
4 Laubscher, Mikalla I	13 Aqua Sharks-CP	1:08.77
5 O'Carroll, Nia E	13 Stellenbosch Aqu-CE	1:08.79
6 Welsh, Stacey A	13 Bay Eagle-NM	1:10.06
7 Fenner, Olivia M	13 Players-CE	1:10.30
8 Riley, Logan	13 Curro Aquatics-CP	1:11.57
9 Myers, Kirsten E	13 SSISA-CP	1:11.61
10 Schäfer, Kyla	13 Knysna Aquatics-ED	1:12.07
11 Burger, Juanè	13 Tygers-CP	1:12.20
12 Harper, Maddie I	13 Knysna Aquatics-ED	1:12.66
13 Samuels, Londyn	13 Paarl Aquarius-CE	1:12.76
14 Botha, Chelsea	13 Curro Aquatics-CP	1:12.95
15 Thirsk, Madison	13 Tygers-CP	1:13.11
16 Mudau, Takalani T	13 Vineyard-CP	1:13.48
17 McAfee, Holly B	13 Fish Eagle-ED	1:13.85
18 Fourie, Emma	13 Blouberg Marlins-CP	1:15.58
19 De Jager, Sophia	13 Curro Aquatics-CP	1:15.68
20 Lodewyks, Jeandré	13 Fish Eagle-ED	1:17.47
21 Atkinson, Anouk E	13 Swartland Swim C-WC	1:22.51

Event 202 Girls 14 Year Olds 100 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Holthuis, Keilah-Naomi	14 Quicksilver Wine-CE	1:05.21
2 Senekal, Margo	14 Tygers-CP	1:06.12
3 Munro, Abigail	14 USC-BU	1:06.67
4 Geyser, Almi	14 Lane Leader-CE	1:06.89
5 Fabricius, Kaylin	14 Barracudas-CP	1:09.34
6 Blake, Abi E	14 Greydogs-CP	1:09.74
7 Vd Merwe, Mi-Ly	14 Lane Leader-CE	1:09.77
8 Hagglund, Emma H	14 SSISA-CP	1:10.87

Event 202 Girls 14 Year Olds 100 LC Meter Freestyle

Name	AgeTeam	Prelim Time
1 Holthuis, Keilah-Naomi	14 Quicksilver Wine-CE	1:05.61
2 Geyser, Almi	14 Lane Leader-CE	1:07.18
3 Munro, Abigail	14 USC-BU	1:07.38
4 Senekal, Margo	14 Tygers-CP	1:08.23
5 Fabricius, Kaylin	14 Barracudas-CP	1:08.24
6 Vd Merwe, Mi-Ly	14 Lane Leader-CE	1:08.62
7 Blake, Abi E	14 Greydogs-CP	1:09.65
8 Hagglund, Emma H	14 SSISA-CP	1:10.01
9 Rossouw, Cara	14 Tygers-CP	1:10.08
10 Kruger, Kate-Lynn M	14 DESA-NM	1:11.21
11 Barnard, Adelmari D	14 Swartland Swim C-WC	1:12.02
12 Kleynhans, Sian	14 ROA-ED	1:13.17

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Results

Preliminaries ... (Event 202 Girls 14 Year Olds 100 LC Meter Freestyle)

Name	AgeTeam	Prelim Time
13 Davies, Jessica A	14 VIKI-BU	1:13.35
--- Visagie, Larissa	14 Lane Leader-CE	NS

Event 202 Women 15 Year Olds 100 LC Meter Freestyle

Name	AgeTeam	Finals Time
Finals		
1 Liebenberg, Emily M	15 Swartland Swim C-WC	1:04.42
2 Wium, Mari	15 Quicksilver Wine-CE	1:04.43
3 Smith, Lara E	15 Tygers-CP	1:07.73
4 Louw, Lume L	15 USC-BU	1:09.22
5 Ogden, Lily	15 Pea-NM	1:09.28
6 Serfontein, Christi	15 Quick Silver-CP	1:10.74
7 Schreuder, Hannah G	15 Swimlab-CP	1:10.98
8 Bosman, Jessica A	15 Quick Silver-CP	1:12.65

Event 202 Women 15 Year Olds 100 LC Meter Freestyle

Name	AgeTeam	Prelim Time
Preliminaries		
1 Liebenberg, Emily M	15 Swartland Swim C-WC	1:05.02
2 Wium, Mari	15 Quicksilver Wine-CE	1:05.93
3 Smith, Lara E	15 Tygers-CP	1:07.95
4 Louw, Lume L	15 USC-BU	1:08.02
5 Ogden, Lily	15 Pea-NM	1:08.97
6 Serfontein, Christi	15 Quick Silver-CP	1:10.22
7 Schreuder, Hannah G	15 Swimlab-CP	1:11.52
8 Bosman, Jessica A	15 Quick Silver-CP	1:12.03
9 Smit, Miela	15 AQUA-BU	1:14.44
10 Zhou, WanRu	15 Blouberg Marlins-CP	1:16.19
--- Visser, Sandri	15 Players-CE	NS

Event 202 Women 16 Year Olds 100 LC Meter Freestyle

Name	AgeTeam	Finals Time
Finals		
1 Ryser, Aurora	16 Tygers-CP	1:05.32
2 Beetge, Amy	16 Lane Leader-CE	1:06.75
3 De Beer, Anri	16 Infinity-NM	1:06.88
4 Witten, Hannah	16 Aqua Dolphin-CP	1:09.31
5 Olivier, Shani	16 The Well-CE	1:10.28
6 Tweedie, Scarlet S	16 Pea-NM	1:11.73
7 Du Toit, Yusrah	16 Uwc-CP	1:12.15
8 Jeftha, Zara L	16 Marlin-CP	1:12.20

Event 202 Women 16 Year Olds 100 LC Meter Freestyle

Name	AgeTeam	Prelim Time
Preliminaries		
1 Ryser, Aurora	16 Tygers-CP	1:05.94
2 Beetge, Amy	16 Lane Leader-CE	1:07.19
3 Witten, Hannah	16 Aqua Dolphin-CP	1:09.26
4 Du Toit, Yusrah	16 Uwc-CP	1:11.47
5 Olivier, Shani	16 The Well-CE	1:11.55
6 Jeftha, Zara L	16 Marlin-CP	1:12.20
7 Tweedie, Scarlet S	16 Pea-NM	1:12.53
8 De Beer, Anri	16 Infinity-NM	1:12.64

Event 202 Women 17-19 100 LC Meter Freestyle

Name	AgeTeam	Finals Time
Finals		
1 Rossouw, Nadia	17 Tygers-CP	1:04.13
2 Beatt, Emily R	17 Pea-NM	1:05.08
3 Ogden, Amber	17 Pea-NM	1:05.39
4 Theron, Yedidah	18 ROA-ED	1:06.14
5 Bulose, Megan	19 Uwc-CP	1:08.32
6 Micklethwaite, Skye T	17 SSISA-CP	1:08.67
7 Rinquest, Aqeelah	17 Marlin-CP	1:10.83
--- Sabbagha, Annè	18 Paarl Aquarius-CE	NS

Event 202 Women 17-19 100 LC Meter Freestyle

Name	AgeTeam	Prelim Time
Preliminaries		
1 Beatt, Emily R	17 Pea-NM	1:05.62
2 Rossouw, Nadia	17 Tygers-CP	1:06.24
3 Ogden, Amber	17 Pea-NM	1:07.55
4 Bulose, Megan	19 Uwc-CP	1:07.84
5 Micklethwaite, Skye T	17 SSISA-CP	1:08.10
6 Theron, Yedidah	18 ROA-ED	1:08.64
7 Sabbagha, Annè	18 Paarl Aquarius-CE	1:09.70
8 Rinquest, Aqeelah	17 Marlin-CP	1:11.88

Event 203 Boys 14 & Under 200 LC Meter IM Multi-Class Para

Name	AgeTeam	Finals Time
Finals		
1 Pardoe, James N SM15	12 Greydogs-CP	3:24.96

Event 203 Boys 14 & Under 200 LC Meter IM Multi-Class Para

Name	AgeTeam	Prelim Time
Preliminaries		
1 Pardoe, James N SM15	12 Greydogs-CP	3:23.08

Event 205 Boys 11 & Under 100 LC Meter Breaststroke

Name	AgeTeam	Finals Time
Finals		
1 van Rensburg, Tristan	11 Greydogs-CP	1:28.43
2 Schaefer, Daniel C	11 Players-CE	1:31.11
3 Schoeman, Mateo J	10 DESA-NM	1:32.45
4 Bright, Michael C	11 Curro Aquatics-CP	1:32.47
5 Wagener, Tiaan H	11 Aquasharks Winel-CE	1:33.52
6 Green, Aiden J	11 Bay Eagle-NM	1:33.56
7 Lategan, Wessel W	11 Swartland Swim C-WC	1:35.71
8 Kruger, Zachary C	11 Swartland Swim C-WC	1:41.22

Event 205 Boys 11 & Under 100 LC Meter Breaststroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 van Rensburg, Tristan	11 Greydogs-CP	1:28.63
2 Schaefer, Daniel C	11 Players-CE	1:31.86
3 Schoeman, Mateo J	10 DESA-NM	1:34.23
4 Green, Aiden J	11 Bay Eagle-NM	1:34.40
5 Bright, Michael C	11 Curro Aquatics-CP	1:34.73
6 Wagener, Tiaan H	11 Aquasharks Winel-CE	1:35.12
7 Lategan, Wessel W	11 Swartland Swim C-WC	1:37.84
8 Kruger, Zachary C	11 Swartland Swim C-WC	1:38.45

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Results

Preliminaries ... (Event 205 Boys 11 & Under 100 LC Meter Breaststroke)

Name	Age	Team	Prelim Time
9 Van der Merwe, Dandre J	11	Stellenbosch Aqu-CE	1:40.16
10 Bosch, Ewan Y	11	Tygers-CP	1:40.23
11 February, Dillon S	11	Curro Aquatics-CP	1:40.40
12 Fenner, Jenson V	11	Players-CE	1:41.00
13 Van Onselen, Pierre S	11	Tygers-CP	1:41.07
*14 Jacobs, Seth G	11	Manta-CP	1:40.84
*14 Booth, Samuel R	11	VIKI-BU	1:44.71
15 Vleggaar, Daniel	11	Barracudas-CP	1:46.27
16 Joyce, Guy	10	Curro Aquatics-CP	1:48.03
17 Stander, Christiaan L	11	Aquasharks Winel-CE	1:48.94
18 McAfee, Max L	10	Fish Eagle-ED	1:49.96
19 Rosser, Mark J	11	Infinity-NM	1:51.78
20 Vd Merwe, Zander	11	Quick Silver-CP	1:53.40
21 Fouche, Ryan	9	Tygers-CP	2:02.68

Event 205 Boys 12 Year Olds 100 LC Meter Breaststroke

Name	Age	Team	Finals Time
1 Torbochkin, Daniel S	12	Aqua Sharks-CP	1:25.47
2 Coleman, Travis	12	Blouberg Marlins-CP	1:25.54
3 Parr, Colby S	12	Knysna Aquatics-ED	1:30.20
4 Stead, Nathan J	12	Harlequins-BU	1:31.75
5 Jonas, Leonardo	12	Players-CE	1:32.63
6 Douries, Ean	12	Curro Aquatics-CP	1:33.67
7 Strydom, Andre N	12	Bay Eagle-NM	1:35.13
8 Coates, Caleb	12	Fish Eagle-ED	1:38.22

Event 205 Boys 12 Year Olds 100 LC Meter Breaststroke

Name	Age	Team	Prelim Time
1 Torbochkin, Daniel S	12	Aqua Sharks-CP	1:26.24
2 Coleman, Travis	12	Blouberg Marlins-CP	1:28.50
3 Parr, Colby S	12	Knysna Aquatics-ED	1:31.83
4 Douries, Ean	12	Curro Aquatics-CP	1:33.81
5 Coates, Caleb	12	Fish Eagle-ED	1:34.74
6 Stead, Nathan J	12	Harlequins-BU	1:34.82
7 Jonas, Leonardo	12	Players-CE	1:35.18
8 Strydom, Andre N	12	Bay Eagle-NM	1:35.50
9 Smit, Christian F	12	ROA-ED	1:36.01
10 Fortune, Hakeem	12	Manta-CP	1:36.86
11 Spencer, Marcus W	12	Vineyard-CP	1:37.42
12 Kirsten, Jan-Dawid E	12	Quicksilver Wine-CE	1:38.26
13 Baadjies, Cruden H	12	Paarl Aquarius-CE	1:39.34
15 Fouche, Jack	12	Tygers-CP	1:41.49
16 Mccollum, Aiden I	12	Aqua Dolphin-CP	1:43.82
17 Williams, Dante E	12	Bay Eagle-NM	1:44.87
18 Cleophas, Lee L	12	Paarl Aquarius-CE	1:46.21
--- Weber, Daniel	12	Players-CE	NS

Event 205 Boys 13 Year Olds 100 LC Meter Breaststroke

Name	Age	Team	Finals Time
1 Basson, Zethan L	13	Pea-NM	1:23.75
2 Booth, Jake J	13	VIKI-BU	1:24.37
3 Ramashamole, Junior V	13	Harlequins-BU	1:27.40

4 Peters, Stijn J	13	USC-BU	1:28.08
5 Gomez, Alex W	13	Marlin-CP	1:29.10
6 Van Wyk, Jack R	13	Curro Aquatics-CP	1:29.25
7 Van Dyk, Stephaan	13	Blouberg Marlins-CP	1:31.88
8 Snyders, Reece	13	Uwc-CP	1:31.92

Event 205 Boys 13 Year Olds 100 LC Meter Breaststroke

Name	Age	Team	Prelim Time
1 Basson, Zethan L	13	Pea-NM	1:26.59
2 Booth, Jake J	13	VIKI-BU	1:27.01
3 Peters, Stijn J	13	USC-BU	1:29.92
4 Ramashamole, Junior V	13	Harlequins-BU	1:30.31
5 Van Wyk, Jack R	13	Curro Aquatics-CP	1:30.64
6 Van Dyk, Stephaan	13	Blouberg Marlins-CP	1:31.18
7 Gomez, Alex W	13	Marlin-CP	1:31.77
8 Snyders, Reece	13	Uwc-CP	1:31.83
9 Krause, Luke	13	Curro Aquatics-CP	1:33.73
10 Willenburg, Elijah K	13	Silver Fins-CP	1:33.84
11 Harper, Zachary	13	Aqua Dolphin-CP	1:34.43
12 Wright, Jonah S	13	Tygers-CP	1:35.02
13 O'Neill, Teagan J	13	Pea-NM	1:36.42
14 Markotter, D-J R	13	Infinity-NM	1:37.57
15 Hough, Caleb	13	Curro-WC	1:42.91
16 Fortune, Yaseen	13	Manta-CP	1:45.12
--- Fang, Ethan Y	13	Pea-NM	NS

Event 205 Boys 14 Year Olds 100 LC Meter Breaststroke

Name	Age	Team	Finals Time
1 Rosslee, Christian F	14	Quicksilver Wine-CE	1:18.49
2 Heine, Jett C	14	Pea-NM	1:18.71
3 Liedeman, Mark	14	Swartland Swim C-WC	1:21.33
4 Meintjes, Christiaan	14	Players-CE	1:24.96
5 Basson, Trishaun T	14	Marlin-CP	1:25.12
6 Minnaar, Nicolas	14	Tygers-CP	1:25.56
7 Taljaard, Jason	14	Quick Silver-CP	1:25.71
8 Nagelgaard, Andreas	14	Aqua Dolphin-CP	1:26.98

Event 205 Boys 14 Year Olds 100 LC Meter Breaststroke

Name	Age	Team	Prelim Time
1 Rosslee, Christian F	14	Quicksilver Wine-CE	1:20.70
2 Liedeman, Mark	14	Swartland Swim C-WC	1:22.27
3 Heine, Jett C	14	Pea-NM	1:22.53
4 Williams, Evan B	14	SSISA-CP	1:23.93
5 Meintjes, Christiaan	14	Players-CE	1:25.35
6 Taljaard, Jason	14	Quick Silver-CP	1:25.49
7 Basson, Trishaun T	14	Marlin-CP	1:25.65
8 Nagelgaard, Andreas	14	Aqua Dolphin-CP	1:26.24
9 Minnaar, Nicolas	14	Tygers-CP	1:26.46
10 Cilliers, Jannis N	14	FAAC	1:26.69
11 Abrahams, Rayhan	14	Walmers-CP	1:26.70
12 Smith, Tristan A	14	Greydogs-CP	1:27.90
13 Spencer, Charles A	14	Vineyard-CP	1:30.04
14 Njoroge, Alphonse	14	Curro Aquatics-CP	1:35.05

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Results

Event 205 Men 15 Year Olds 100 LC Meter Breaststroke

Name	AgeTeam	Finals Time
Finals		
1 Torbochkin, David S	15 Aqua Sharks-CP	1:11.77
2 Pautz, Nathan M	15 Blouberg Marlins-CP	1:17.26
3 Burger, Rosseau	15 Lane Leader-CE	1:17.71
4 Myburgh, Ruan	15 Blouberg Marlins-CP	1:18.87
5 Kalapac, Joshua	15 Blouberg Marlins-CP	1:19.12
6 Atkinson, Samuel A	15 Swartland Swim C-WC	1:20.17
7 Moolman, Carter S	15 Manta-CP	1:22.05

Event 205 Men 15 Year Olds 100 LC Meter Breaststroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Torbochkin, David S	15 Aqua Sharks-CP	1:13.12
2 Burger, Rosseau	15 Lane Leader-CE	1:16.71
3 Pautz, Nathan M	15 Blouberg Marlins-CP	1:17.40
4 Myburgh, Ruan	15 Blouberg Marlins-CP	1:19.66
5 Atkinson, Samuel A	15 Swartland Swim C-WC	1:21.27
6 Moolman, Carter S	15 Manta-CP	1:22.13
7 Kalapac, Joshua	15 Blouberg Marlins-CP	1:24.45

Event 205 Men 16 Year Olds 100 LC Meter Breaststroke

Name	AgeTeam	Finals Time
Finals		
1 Hlangothi, Munguni S	16 Pea-NM	1:16.86
2 Alexander, Ammaar	16 Marlin-CP	1:17.98
3 Nash, Daniel A	16 Bay Eagle-NM	1:18.32
4 Zellie, Thomas J	16 Swimlab-CP	1:19.80
5 Karsten, Jody	16 Blouberg Marlins-CP	1:19.91

Event 205 Men 16 Year Olds 100 LC Meter Breaststroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Nash, Daniel A	16 Bay Eagle-NM	1:17.03
2 Alexander, Ammaar	16 Marlin-CP	1:18.25
3 Hlangothi, Munguni S	16 Pea-NM	1:18.42
4 Zellie, Thomas J	16 Swimlab-CP	1:18.78
5 Karsten, Jody	16 Blouberg Marlins-CP	1:21.14

Event 205 Men 17-19 100 LC Meter Breaststroke

Name	AgeTeam	Finals Time
Finals		
1 Malherbe, Nicholas N	17 Lane Leader-CE	1:10.47
2 Eilers, Chaden D	19 Uwc-CP	1:16.55
3 Den Haan, Stèfan	17 Quick Silver-CP	1:21.59

Event 205 Men 17-19 100 LC Meter Breaststroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Malherbe, Nicholas N	17 Lane Leader-CE	1:11.68
2 Eilers, Chaden D	19 Uwc-CP	1:17.39
3 Den Haan, Stèfan	17 Quick Silver-CP	1:21.20

Event 206 Girls 11 & Under 100 LC Meter Breaststroke

Name	AgeTeam	Finals Time
Finals		
1 Horn, Anna	11 Xcel Swim Academ-CP	1:24.23

2 Joyce, Jenna	11 Curro Aquatics-CP	1:24.37
3 Hamilton, Shalea M	11 Bay Eagle-NM	1:31.02
4 Williams, Aqeelah	11 Uwc-CP	1:31.65
5 Julies, Grace J	11 Xcel Swim Academ-CP	1:32.80
6 Greyvenstein, Hayley	10 USC-BU	1:34.69
7 Grebe, Ava	11 Curro Hermanus-OB	1:37.77
8 Chibharo, Lethabo L	11 Tygers-CP	1:39.80

Event 206 Girls 11 & Under 100 LC Meter Breaststroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Horn, Anna	11 Xcel Swim Academ-CP	1:26.07
2 Joyce, Jenna	11 Curro Aquatics-CP	1:30.78
3 Julies, Grace J	11 Xcel Swim Academ-CP	1:31.48
4 Hamilton, Shalea M	11 Bay Eagle-NM	1:32.85
5 Williams, Aqeelah	11 Uwc-CP	1:33.33
6 Greyvenstein, Hayley	10 USC-BU	1:35.36
7 Chibharo, Lethabo L	11 Tygers-CP	1:38.00
8 Grebe, Ava	11 Curro Hermanus-OB	1:39.68
9 Anthony, Jazmin A	11 Paarl Aquarius-CE	1:39.82
10 Kalapac, Lexi	11 Blouberg Marlins-CP	1:39.94
11 Louw, Mali R	11 The Well-CE	1:40.64
12 Pieterse, Nina	11 DESA-NM	1:42.26
13 Jurgens, Chloe-Leigh	11 Manta-CP	1:42.40
14 Rosenstrauch, Lara	11 Helderberg Titan-CP	1:45.12
15 Ristow, Emma K	11 USC-BU	1:45.81
16 Els, Jamie	11 Aqua Dolphin-CP	1:47.85
17 Stevenson, Mikayla	11 Quick Silver-CP	1:48.74

Event 206 Girls 12 Year Olds 100 LC Meter Breaststroke

Name	AgeTeam	Finals Time
Finals		
1 Stilwaney, Mia C	12 Paarl Aquarius-CE	1:28.22
2 Charles, Tyla	12 Vineyard-CP	1:28.76
3 Mare, Isabella	12 Greydogs-CP	1:31.77
4 Nienaber, Mila J	12 Quicksilver Wine-CE	1:37.56
5 De Beer, Isabella C	12 Quicksilver Wine-CE	1:38.43
6 Jooman, April R	12 Bay Eagle-NM	1:44.09
7 Govender, Gabi R	12 Infinity-NM	1:44.40
8 Sonnekus, Anya	12 Tygers-CP	1:44.52

Event 206 Girls 12 Year Olds 100 LC Meter Breaststroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Stilwaney, Mia C	12 Paarl Aquarius-CE	1:29.35
2 Charles, Tyla	12 Vineyard-CP	1:30.45
3 Mare, Isabella	12 Greydogs-CP	1:33.21
4 Nienaber, Mila J	12 Quicksilver Wine-CE	1:37.97
5 Jooman, April R	12 Bay Eagle-NM	1:39.98
6 De Beer, Isabella C	12 Quicksilver Wine-CE	1:40.81
7 Sonnekus, Anya	12 Tygers-CP	1:45.36
8 Govender, Gabi R	12 Infinity-NM	1:47.63
9 Lombard, Mia	12 Harlequins-BU	1:49.77

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Results

Event 206 Girls 13 Year Olds 100 LC Meter Breaststroke

Name	AgeTeam	Finals Time
Finals		
1 Van Wyk, Katie R	13 Blouberg Marlins-CP	1:26.76
2 O'Connor, Kayden C	13 Pea-NM	1:27.29
3 De Jager, Sophia	13 Curro Aquatics-CP	1:28.32
4 Lodewyks, Jeandré	13 Fish Eagle-ED	1:31.31
5 Weimann, Erin J	13 USC-BU	1:32.46
6 Harper, Maddie I	13 Knysna Aquatics-ED	1:32.58
7 Schäfer, Kyla	13 Knysna Aquatics-ED	1:33.31
8 Van Zyl, Minette M	13 Infinity-NM	1:34.06

Event 206 Girls 13 Year Olds 100 LC Meter Breaststroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Van Wyk, Katie R	13 Blouberg Marlins-CP	1:28.34
2 O'Connor, Kayden C	13 Pea-NM	1:28.48
3 De Jager, Sophia	13 Curro Aquatics-CP	1:29.21
4 Lodewyks, Jeandré	13 Fish Eagle-ED	1:31.76
5 Van Der Wath, Izi	13 Knysna Aquatics-ED	1:31.88
6 Van Zyl, Minette M	13 Infinity-NM	1:33.63
7 Schäfer, Kyla	13 Knysna Aquatics-ED	1:34.87
8 Harper, Maddie I	13 Knysna Aquatics-ED	1:35.32
9 Weimann, Erin J	13 USC-BU	1:35.72
10 Atkinson, Anouk E	13 Swartland Swim C-WC	1:35.74
11 Mudau, Takalani T	13 Vineyard-CP	1:36.47
12 Janse van Rensburg, Milan	13 Infinity-NM	1:36.88
13 O'Carroll, Nia E	13 Stellenbosch Aqu-CE	1:36.91
14 McAfee, Holly B	13 Fish Eagle-ED	1:36.98
15 Botha, Chelsea	13 Curro Aquatics-CP	1:37.02
16 Burger, Juanè	13 Tygers-CP	1:37.16

Event 206 Girls 14 Year Olds 100 LC Meter Breaststroke

Name	AgeTeam	Finals Time
Finals		
1 Kruger, Kate-Lynn M	14 DESA-NM	1:24.63
2 Barnard, Adelmari D	14 Swartland Swim C-WC	1:27.22
3 Van Niekerk, Ona	14 Knysna Aquatics-ED	1:27.28
4 Geyser, Almi	14 Lane Leader-CE	1:27.90
5 Adams, Sydney M	14 Vineyard-CP	1:28.17
6 Fabricius, Kaylin	14 Barracudas-CP	1:28.20
7 Holthuis, Keilah-Naomi	14 Quicksilver Wine-CE	1:30.35
8 Davies, Jessica A	14 VIKI-BU	1:30.44

Event 206 Girls 14 Year Olds 100 LC Meter Breaststroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Kruger, Kate-Lynn M	14 DESA-NM	1:26.54
2 Fabricius, Kaylin	14 Barracudas-CP	1:27.18
3 Adams, Sydney M	14 Vineyard-CP	1:27.79
4 Van Niekerk, Ona	14 Knysna Aquatics-ED	1:28.20
5 Geyser, Almi	14 Lane Leader-CE	1:28.99
6 Holthuis, Keilah-Naomi	14 Quicksilver Wine-CE	1:29.11
7 Davies, Jessica A	14 VIKI-BU	1:29.42
8 Barnard, Adelmari D	14 Swartland Swim C-WC	1:30.41
9 Rossouw, Cara	14 Tygers-CP	1:31.62

10 De Oliveira, Aliyah	14 Tygers-CP	1:31.71
11 Baillie, Gabi J	14 ROA-ED	1:33.05

Event 206 Women 15 Year Olds 100 LC Meter Breaststroke

Name	AgeTeam	Finals Time
Finals		
1 Borman, Jani	15 Swartland Swim C-WC	1:23.46
2 Schreuder, Hannah G	15 Swimlab-CP	1:24.51
3 Serfontein, Christi	15 Quick Silver-CP	1:27.64
4 Stevens, Judy C	15 Quick Silver-CP	1:28.69
5 Bosman, Jessica A	15 Quick Silver-CP	1:32.43
6 Rossouw, Emma M	15 Tygers-CP	1:32.53

Event 206 Women 15 Year Olds 100 LC Meter Breaststroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Schreuder, Hannah G	15 Swimlab-CP	1:23.72
2 Borman, Jani	15 Swartland Swim C-WC	1:25.05
3 Serfontein, Christi	15 Quick Silver-CP	1:27.05
4 Stevens, Judy C	15 Quick Silver-CP	1:28.44
5 Rossouw, Emma M	15 Tygers-CP	1:32.53
6 Bosman, Jessica A	15 Quick Silver-CP	1:33.12
--- Visser, Sandri	15 Players-CE	NS

Event 206 Women 16 Year Olds 100 LC Meter Breaststroke

Name	AgeTeam	Finals Time
Finals		
1 Olivier, Shani	16 The Well-CE	1:23.29
2 Witten, Hannah	16 Aqua Dolphin-CP	1:24.93
3 Jeftha, Zara L	16 Marlin-CP	1:25.11
4 Beetge, Amy	16 Lane Leader-CE	1:25.15
5 Tweedie, Scarlet S	16 Pea-NM	1:30.65
6 Du Toit, Yusrah	16 Uwc-CP	1:31.48

Event 206 Women 16 Year Olds 100 LC Meter Breaststroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Jeftha, Zara L	16 Marlin-CP	1:25.60
2 Olivier, Shani	16 The Well-CE	1:26.15
3 Witten, Hannah	16 Aqua Dolphin-CP	1:26.65
4 Beetge, Amy	16 Lane Leader-CE	1:26.82
5 Du Toit, Yusrah	16 Uwc-CP	1:29.23
6 Tweedie, Scarlet S	16 Pea-NM	1:31.31

Event 206 Women 17-19 100 LC Meter Breaststroke

Name	AgeTeam	Finals Time
Finals		
1 Lindstrom, Jorja P	17 Harlequins-BU	1:20.96
2 Sabbagha, Annè	18 Paarl Aquarius-CE	1:23.55
3 Herbst, Mienke	17 SSISA-CP	1:26.97
4 Bulose, Megan	19 Uwc-CP	1:27.22
5 Van Eeden, Alne	17 Pea-NM	1:30.18
6 Rinquest, Aqeelah	17 Marlin-CP	1:31.62
7 Wyngaard, Dakota J	17 Quick Silver-CP	1:45.16
--- Rossouw, Nadia	17 Tygers-CP	NS

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Event 206 Women 17-19 100 LC Meter Breaststroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Lindstrom, Jorja P	17 Harlequins-BU	1:22.17
2 Herbst, Mienke	17 SSISA-CP	1:26.75
3 Sabbagha, Annè	18 Paarl Aquarius-CE	1:26.92
4 Bulose, Megan	19 Uwc-CP	1:27.45
5 Rossouw, Nadia	17 Tygers-CP	1:29.02
6 Rinquest, Aqeelah	17 Marlin-CP	1:31.11
7 Van Eeden, Alne	17 Pea-NM	1:31.77
8 Wyngaard, Dakota J	17 Quick Silver-CP	1:41.91

Event 207 Boys 11 & Under 200 LC Meter Backstroke

Name	AgeTeam	Finals Time
Finals		
1 Green, Aiden J	11 Bay Eagle-NM	2:43.28
2 Bright, Michael C	11 Curro Aquatics-CP	2:46.42
3 Vd Watt, Earle	11 Greydogs-CP	2:52.68
4 Kruger, Zachary C	11 Swartland Swim C-WC	2:53.59
5 Schemel, Brody L	11 Harlequins-BU	2:56.82
6 Bosch, Ewan Y	11 Tygers-CP	2:57.18
7 Schoeman, Mateo J	10 DESA-NM	2:57.26
8 Van Onselen, Pierre S	11 Tygers-CP	2:59.85

Event 207 Boys 11 & Under 200 LC Meter Backstroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Green, Aiden J	11 Bay Eagle-NM	2:46.48
2 Bright, Michael C	11 Curro Aquatics-CP	2:47.96
3 Vd Watt, Earle	11 Greydogs-CP	2:50.47
4 Kruger, Zachary C	11 Swartland Swim C-WC	2:53.33
5 Schaefer, Daniel C	11 Players-CE	2:55.66
6 Schemel, Brody L	11 Harlequins-BU	2:59.39
7 Schoeman, Mateo J	10 DESA-NM	3:00.16
8 Bosch, Ewan Y	11 Tygers-CP	3:00.77
9 Van Onselen, Pierre S	11 Tygers-CP	3:01.34
10 Viljoen, Jagger F	11 Aqua Sharks-CP	3:02.07
11 Barnard, Daniël B	11 Quick Silver-CP	3:02.60
12 Lewis, Amaru C	11 Paarl Aquarius-CE	3:02.80
13 February, Dillon S	11 Curro Aquatics-CP	3:04.93
14 Gerber, Luke M	10 Curro Aquatics-CP	3:08.11
15 Boshoff, Mickayle C	11 Knysna Aquatics-ED	3:08.17
16 Rosser, Mark J	11 Infinity-NM	3:18.13
17 Stenekamp, Keanu	11 Aqua Sharks-CP	3:19.65
18 McAfee, Max L	10 Fish Eagle-ED	3:20.72

Event 207 Boys 12 Year Olds 200 LC Meter Backstroke

Name	AgeTeam	Finals Time
Finals		
1 Williams, Dante E	12 Bay Eagle-NM	2:50.52
2 Coleman, Travis	12 Blouberg Marlins-CP	2:51.64
3 Conradie, D'Niel	12 Aquasharks Winel-CE	2:56.67
4 Heunis, Le Roux	12 Tygers-CP	2:58.72
5 Naude, AJ J	12 Agulhas-OB	3:05.08
6 Ramorwesi, Oratilwe M	12 Swimlab-CP	3:06.13
7 Fortune, Hakeem	12 Manta-CP	3:06.87
8 Joubert, Wian	12 Quick Silver-CP	3:06.92

Event 207 Boys 12 Year Olds 200 LC Meter Backstroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Coleman, Travis	12 Blouberg Marlins-CP	2:55.63
2 Williams, Dante E	12 Bay Eagle-NM	2:55.77
3 Heunis, Le Roux	12 Tygers-CP	2:59.42
4 Conradie, D'Niel	12 Aquasharks Winel-CE	3:02.66
5 Joubert, Wian	12 Quick Silver-CP	3:06.54
6 Ramorwesi, Oratilwe M	12 Swimlab-CP	3:08.26
7 Naude, AJ J	12 Agulhas-OB	3:08.54
8 Fortune, Hakeem	12 Manta-CP	3:11.68
--- Parr, Colby S	12 Knysna Aquatics-ED	DQ

Event 207 Boys 13 Year Olds 200 LC Meter Backstroke

Name	AgeTeam	Finals Time
Finals		
1 Pieterse, Marcelle J	13 Xcel Swim Academ-CP	2:36.66
2 Rheeder, Liam M	13 Paarl Aquarius-CE	2:40.42
3 Coetzee, Sion M	13 Quick Silver-CP	2:43.23
4 Grobler, Chris I	13 Curro Aquatics-CP	2:45.09
5 Hodge, Cameron P	13 Lane Leader-CE	2:47.32
6 Wright, Jonah S	13 Tygers-CP	2:49.41
7 van Wyk, Tariq K	13 Barracudas-CP	2:49.66
8 Cook, Jedd R	13 USC-BU	2:57.39

Event 207 Boys 13 Year Olds 200 LC Meter Backstroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Pieterse, Marcelle J	13 Xcel Swim Academ-CP	2:37.68
2 Rheeder, Liam M	13 Paarl Aquarius-CE	2:40.28
3 Coetzee, Sion M	13 Quick Silver-CP	2:45.61
4 Hodge, Cameron P	13 Lane Leader-CE	2:47.28
5 van Wyk, Tariq K	13 Barracudas-CP	2:47.94
6 Grobler, Chris I	13 Curro Aquatics-CP	2:49.44
7 Wright, Jonah S	13 Tygers-CP	2:53.80
8 Van Wyk, Jack R	13 Curro Aquatics-CP	2:54.05
9 Cook, Jedd R	13 USC-BU	2:55.72
10 Fortune, Yaseen	13 Manta-CP	2:59.34
11 Liss, Logan A	13 USC-BU	3:03.75

Event 207 Boys 14 Year Olds 200 LC Meter Backstroke

Name	AgeTeam	Finals Time
Finals		
1 Njoroge, Alphonse	14 Curro Aquatics-CP	2:31.80
2 Kotzè, Max M	14 Blouberg Marlins-CP	2:32.24
3 Williams, Evan B	14 SSISA-CP	2:36.24
4 Vd Merwe, Thomas	14 Lane Leader-CE	2:38.88
5 Yeowart, Seth W	14 Greydogs-CP	2:39.16
6 Andrews, Carl R	14 Pea-NM	2:41.50
7 Lategan, Nicky N	14 Swartland Swim C-WC	2:41.56
8 Poggenpoel, Troy J	14 SSISA-CP	2:44.31

Event 207 Boys 14 Year Olds 200 LC Meter Backstroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Williams, Evan B	14 SSISA-CP	2:32.88

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Results

Preliminaries ... (Event 207 Boys 14 Year Olds 200 LC Meter Backstrol

Name	Age	Team	Prelim Time
2 Njoroge, Alphonse	14	Curro Aquatics-CP	2:33.92
3 Kotzè, Max M	14	Blouberg Marlins-CP	2:36.69
4 Vd Merwe, Thomas	14	Lane Leader-CE	2:38.83
5 Yeowart, Seth W	14	Greydogs-CP	2:38.94
6 Andrews, Carl R	14	Pea-NM	2:42.05
7 Poggenpoel, Troy J	14	SSISA-CP	2:43.25
8 Lategan, Nicky N	14	Swartland Swim C-WC	2:43.59
9 Taljaard, Jason	14	Quick Silver-CP	2:50.99

Event 207 Men 15 Year Olds 200 LC Meter Backstroke

Name	Age	Team	Finals Time
1 Van Helden, Ethan C	15	Aqua Sharks-CP	2:30.18
2 Myburgh, Ruan	15	Blouberg Marlins-CP	2:33.76
3 Viljoen, Jaden R	15	Aqua Sharks-CP	2:34.01
4 Moolman, Carter S	15	Manta-CP	2:35.71
5 Walker, Yohan G	15	Vineyard-CP	2:40.19
6 De Bruyn, Cornè C	15	Aqua Sharks-CP	2:42.87

Event 207 Men 15 Year Olds 200 LC Meter Backstroke

Name	Age	Team	Prelim Time
1 Van Helden, Ethan C	15	Aqua Sharks-CP	2:28.27
2 Myburgh, Ruan	15	Blouberg Marlins-CP	2:34.89
3 Moolman, Carter S	15	Manta-CP	2:35.08
4 Viljoen, Jaden R	15	Aqua Sharks-CP	2:38.34
5 Walker, Yohan G	15	Vineyard-CP	2:39.38
6 De Bruyn, Cornè C	15	Aqua Sharks-CP	2:42.42

Event 207 Men 16 Year Olds 200 LC Meter Backstroke

Name	Age	Team	Finals Time
1 Möller, FC C	16	Tygers-CP	2:24.40
2 McPetrie, James L	16	Manta-CP	2:25.40
3 Prime, Liam	16	USC-BU	2:33.76
4 Karsten, Jody	16	Blouberg Marlins-CP	2:35.16

Event 207 Men 16 Year Olds 200 LC Meter Backstroke

Name	Age	Team	Prelim Time
1 Möller, FC C	16	Tygers-CP	2:26.69
2 McPetrie, James L	16	Manta-CP	2:26.99
3 Karsten, Jody	16	Blouberg Marlins-CP	2:33.37
4 Prime, Liam	16	USC-BU	2:35.26
5 Hewitt-Smook, Kristian	16	Swartland Swim C-WC	2:41.89
--- Sheard, Dylan J	16	Pea-NM	DQ

Event 207 Men 17-19 200 LC Meter Backstroke

Name	Age	Team	Finals Time
1 Barnard, Adam J	18	AQUA-BU	2:26.07
2 Wolfe, Matthew L	18	Infinity-NM	2:28.16
3 Den Haan, Stèfan	17	Quick Silver-CP	2:39.26

Event 207 Men 17-19 200 LC Meter Backstroke

Name	Age	Team	Prelim Time
1 Wolfe, Matthew L	18	Infinity-NM	2:31.47
2 Den Haan, Stèfan	17	Quick Silver-CP	2:40.48
3 Barnard, Adam J	18	AQUA-BU	2:49.60

Event 208 Girls 11 & Under 200 LC Meter Backstroke

Name	Age	Team	Finals Time
1 Hamilton, Shalea M	11	Bay Eagle-NM	2:44.82
2 Olivier, Julie M	11	Tygers-CP	2:46.12
3 Boshoff, Anja	11	Tygers-CP	2:55.61
4 Roff, Mikaela	11	ROA-ED	2:58.03
5 Sabbagha, Georgia	11	Paarl Aquarius-CE	2:59.23
6 Roth, Elle	11	Pea-NM	2:59.40
7 Burger, Johané	11	ROA-ED	3:01.24
8 Jansen van Rensburg, Mia	11	Vineyard-CP	3:01.58

Event 208 Girls 11 & Under 200 LC Meter Backstroke

Name	Age	Team	Prelim Time
1 Hamilton, Shalea M	11	Bay Eagle-NM	2:47.37
2 Olivier, Julie M	11	Tygers-CP	2:48.27
3 Boshoff, Anja	11	Tygers-CP	2:54.14
4 Roff, Mikaela	11	ROA-ED	2:57.32
5 Burger, Johané	11	ROA-ED	3:00.38
6 Roth, Elle	11	Pea-NM	3:00.80
7 Jansen van Rensburg, Mia	11	Vineyard-CP	3:02.88
8 Sabbagha, Georgia	11	Paarl Aquarius-CE	3:04.94
9 Stevenson, Mikayla	11	Quick Silver-CP	3:05.65
10 Joyce, Jenna	11	Curro Aquatics-CP	3:06.13
11 Odendaal, Sarah-Kate	11	Quick Silver-CP	3:06.25
12 Horn, Anna	11	Xcel Swim Academ-CP	3:06.79
13 Pieterse, Nina	11	DESA-NM	3:07.64
14 Jantjies, Zara	11	Manta-CP	3:08.05
15 Nel, Olivia	11	Curro-WC	3:09.01
16 Christie, Laila A	11	USC-BU	3:09.87
17 Julies, Grace J	11	Xcel Swim Academ-CP	3:10.43
18 McGluwa, Jovanah N	11	Curro Aquatics-CP	3:12.50
19 Billson, Amelie	11	Curro Aquatics-CP	3:13.66
--- Jordaan, Mikayla E	11	Greydogs-CP	DQ

Event 208 Girls 12 Year Olds 200 LC Meter Backstroke

Name	Age	Team	Finals Time
1 Nienaber, Mila J	12	Quicksilver Wine-CE	2:55.98
2 Thirsk, Savannah	12	Tygers-CP	2:58.17
3 De Beer, Isabella C	12	Quicksilver Wine-CE	3:02.85
4 Flack, Francesca	12	Curro-WC	3:05.58
5 Minnaar, Amelia C	12	USC-BU	3:06.46
6 Liebenberg, Aimee L	12	Swartland Swim C-WC	3:10.61
7 Lottering, Eirley	12	USC-BU	3:11.99
--- Sonnekus, Anya	12	Tygers-CP	DQ

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Event 208 Girls 12 Year Olds 200 LC Meter Backstroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Nienaber, Mila J	12 Quicksilver Wine-CE	2:59.76
2 Thirsk, Savannah	12 Tygers-CP	3:01.11
3 Flack, Francesca	12 Curro-WC	3:05.22
4 De Beer, Isabella C	12 Quicksilver Wine-CE	3:06.06
5 Minnaar, Amelia C	12 USC-BU	3:06.76
6 Sonnekus, Anya	12 Tygers-CP	3:07.97
7 Lottering, Eirley	12 USC-BU	3:10.22
8 Liebenberg, Aimee L	12 Swartland Swim C-WC	3:12.44

Event 208 Girls 13 Year Olds 200 LC Meter Backstroke

Name	AgeTeam	Finals Time
Finals		
1 Basson, Lenè	13 Curro-WC	2:48.43
2 Van Wyk, Katie R	13 Blouberg Marlins-CP	2:49.10
3 Laubscher, Mikalla I	13 Aqua Sharks-CP	2:49.67
4 Riley, Logan	13 Curro Aquatics-CP	2:52.47
5 Thirsk, Madison	13 Tygers-CP	2:53.29
6 Schäfer, Kyla	13 Knysna Aquatics-ED	2:54.33
7 Welsh, Stacey A	13 Bay Eagle-NM	2:55.93
8 De Jager, Sophia	13 Curro Aquatics-CP	2:58.27

Event 208 Girls 13 Year Olds 200 LC Meter Backstroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Basson, Lenè	13 Curro-WC	2:49.99
2 Schäfer, Kyla	13 Knysna Aquatics-ED	2:50.12
3 Laubscher, Mikalla I	13 Aqua Sharks-CP	2:50.68
4 Van Wyk, Katie R	13 Blouberg Marlins-CP	2:50.96
5 De Jager, Sophia	13 Curro Aquatics-CP	2:55.31
6 Riley, Logan	13 Curro Aquatics-CP	2:55.99
7 Welsh, Stacey A	13 Bay Eagle-NM	2:56.52
8 Thirsk, Madison	13 Tygers-CP	2:56.97
9 Myers, Kirsten E	13 SSISA-CP	2:57.61
10 Burger, Juanè	13 Tygers-CP	2:58.30
11 O'Carroll, Nia E	13 Stellenbosch Aqu-CE	3:01.33
12 Botha, Chelsea	13 Curro Aquatics-CP	3:02.52
13 Janse van Rensburg, Milan	13 Infinity-NM	3:17.94

Event 208 Girls 14 Year Olds 200 LC Meter Backstroke

Name	AgeTeam	Finals Time
Finals		
1 Vd Merwe, Mi-Ly	14 Lane Leader-CE	2:42.60
2 Senekal, Margo	14 Tygers-CP	2:46.49
3 Rossouw, Cara	14 Tygers-CP	2:47.29
4 Kruger, Kate-Lynn M	14 DESA-NM	2:48.23
5 Strong, Ava J	14 Pea-NM	2:51.41
6 Blake, Abi E	14 Greydogs-CP	2:51.97
7 Kleynhans, Sian	14 ROA-ED	2:54.23
8 Hagglund, Emma H	14 SSISA-CP	2:58.61

Event 208 Girls 14 Year Olds 200 LC Meter Backstroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Vd Merwe, Mi-Ly	14 Lane Leader-CE	2:43.37

2 Kruger, Kate-Lynn M	14 DESA-NM	2:45.38
3 Strong, Ava J	14 Pea-NM	2:47.42
4 Senekal, Margo	14 Tygers-CP	2:48.71
5 Rossouw, Cara	14 Tygers-CP	2:48.80
6 Hagglund, Emma H	14 SSISA-CP	2:51.43
7 Blake, Abi E	14 Greydogs-CP	2:51.78
8 Kleynhans, Sian	14 ROA-ED	2:53.03
9 De Oliveira, Aliyah	14 Tygers-CP	2:53.39
10 Baillie, Gabi J	14 ROA-ED	3:01.69
--- Visagie, Larissa	14 Lane Leader-CE	NS

Event 208 Women 15 Year Olds 200 LC Meter Backstroke

Name	AgeTeam	Finals Time
Finals		
1 Rossouw, Emma M	15 Tygers-CP	2:41.86
2 Borman, Jani	15 Swartland Swim C-WC	2:46.64
3 Louw, Lume L	15 USC-BU	2:51.25
4 Stevens, Judy C	15 Quick Silver-CP	2:54.16
5 Bosman, Jessica A	15 Quick Silver-CP	2:58.11
6 Zhou, WanRu	15 Blouberg Marlins-CP	2:58.86

Event 208 Women 15 Year Olds 200 LC Meter Backstroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Rossouw, Emma M	15 Tygers-CP	2:43.61
2 Borman, Jani	15 Swartland Swim C-WC	2:48.57
3 Louw, Lume L	15 USC-BU	2:52.33
4 Stevens, Judy C	15 Quick Silver-CP	2:54.44
5 Bosman, Jessica A	15 Quick Silver-CP	2:56.64
6 Ogden, Lily	15 Pea-NM	2:57.86
7 Zhou, WanRu	15 Blouberg Marlins-CP	3:10.54

Event 208 Women 16 Year Olds 200 LC Meter Backstroke

Name	AgeTeam	Finals Time
Finals		
1 Ryser, Aurora	16 Tygers-CP	2:40.12
2 De Beer, Anri	16 Infinity-NM	2:48.21

Event 208 Women 16 Year Olds 200 LC Meter Backstroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Ryser, Aurora	16 Tygers-CP	2:40.57
2 De Beer, Anri	16 Infinity-NM	2:50.20

Event 208 Women 17-19 200 LC Meter Backstroke

Name	AgeTeam	Finals Time
Finals		
1 Murray, Rachel T	17 Harlequins-BU	2:37.82
2 Rossouw, Nadia	17 Tygers-CP	2:41.26
3 Micklethwaite, Skye T	17 SSISA-CP	2:48.19
4 Theron, Yedidah	18 ROA-ED	2:54.02
5 Wyngaard, Dakota J	17 Quick Silver-CP	2:55.43

Event 208 Women 17-19 200 LC Meter Backstroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Murray, Rachel T	17 Harlequins-BU	2:41.76
2 Rossouw, Nadia	17 Tygers-CP	2:47.10

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Preliminaries ... (Event 208 Women 17-19 200 LC Meter Backstroke)

Name	AgeTeam	Prelim Time
3 Micklethwaite, Skye T	17 SSISA-CP	2:47.84
4 Wyngaard, Dakota J	17 Quick Silver-CP	2:52.47
5 Theron, Yedidah	18 ROA-ED	2:53.48

Event 209 Boys 14 & Under 50 LC Meter Backstroke Multi-Class Para

Name	AgeTeam	Finals Time
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Finals

1 Pardoe, James N S15	12 Greydogs-CP	42.26
2 Hartwig, Connor M S6	12 Harlequins-BU	1:07.73

Event 209 Boys 14 & Under 50 LC Meter Backstroke Multi-Class Para

Name	AgeTeam	Prelim Time
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Preliminaries

1 Pardoe, James N S15	12 Greydogs-CP	42.41
2 Hartwig, Connor M S6	12 Harlequins-BU	1:03.32

Event 210 Women 15-99 50 LC Meter Backstroke Multi-Class Para

Name	AgeTeam	Finals Time
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Finals

1 Du Toit, Naseerah S8	15 Uwc-CP	48.82
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Event 210 Women 15-99 50 LC Meter Backstroke Multi-Class Para

Name	AgeTeam	Prelim Time
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Preliminaries

1 Du Toit, Naseerah S8	15 Uwc-CP	50.46
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Event 211 Boys 11 & Under 100 LC Meter Butterfly

Name	AgeTeam	Finals Time
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Finals

1 Bright, Michael C	11 Curro Aquatics-CP	1:17.52
2 Bosch, Ewan Y	11 Tygers-CP	1:17.69
3 Barnard, Theo J	11 Swartland Swim C-WC	1:18.03
4 Schaefer, Daniel C	11 Players-CE	1:19.73
5 February, Dillon S	11 Curro Aquatics-CP	1:25.59
6 Vd Watt, Earle	11 Greydogs-CP	1:25.61
7 Titus, Brody	11 Paarl Aquarius-CE	1:30.33
8 Boshoff, Mickayle C	11 Knysna Aquatics-ED	1:30.63

Event 211 Boys 11 & Under 100 LC Meter Butterfly

Name	AgeTeam	Prelim Time
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Preliminaries

1 Bosch, Ewan Y	11 Tygers-CP	1:18.60
2 Barnard, Theo J	11 Swartland Swim C-WC	1:19.42
3 Bright, Michael C	11 Curro Aquatics-CP	1:20.86
4 Schaefer, Daniel C	11 Players-CE	1:21.46
5 Vd Watt, Earle	11 Greydogs-CP	1:22.87
6 Boshoff, Mickayle C	11 Knysna Aquatics-ED	1:25.87
7 February, Dillon S	11 Curro Aquatics-CP	1:26.98
8 Titus, Brody	11 Paarl Aquarius-CE	1:33.00
9 Goliath, Cooper C	11 USC-BU	1:38.03
10 Schoeman, Mateo J	10 DESA-NM	1:47.59

Event 211 Boys 12 Year Olds 100 LC Meter Butterfly

Name	AgeTeam	Finals Time
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Finals

1 Mccollum, Aiden I	12 Aqua Dolphin-CP	1:16.05
2 Ramorwesi, Oratilwe M	12 Swimlab-CP	1:21.27

3 Spencer, Marcus W	12 Vineyard-CP	1:21.73
4 Coates, Caleb	12 Fish Eagle-ED	1:22.35
5 Strydom, Andre N	12 Bay Eagle-NM	1:29.46
6 Cleophas, Lee L	12 Paarl Aquarius-CE	1:38.34
--- Weber, Daniel	12 Players-CE	NS

Event 211 Boys 12 Year Olds 100 LC Meter Butterfly

Name	AgeTeam	Prelim Time
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Preliminaries

1 Mccollum, Aiden I	12 Aqua Dolphin-CP	1:18.44
2 Ramorwesi, Oratilwe M	12 Swimlab-CP	1:21.05
3 Weber, Daniel	12 Players-CE	1:22.11
4 Spencer, Marcus W	12 Vineyard-CP	1:22.91
5 Coates, Caleb	12 Fish Eagle-ED	1:25.40
6 Strydom, Andre N	12 Bay Eagle-NM	1:29.61
7 Cleophas, Lee L	12 Paarl Aquarius-CE	1:42.87

Event 211 Boys 13 Year Olds 100 LC Meter Butterfly

Name	AgeTeam	Finals Time
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Finals

1 Afonso, Aragon G	13 Quick Silver-CP	1:12.74
2 Palmer, Travis I	13 Pea-NM	1:14.17
3 Pieterse, Marcelle J	13 Xcel Swim Academ-CP	1:14.71
4 Rheeder, Liam M	13 Paarl Aquarius-CE	1:15.40
5 van Wyk, Tariq K	13 Barracudas-CP	1:16.09
6 Smit, Reynard-Gray	13 Silver Fins-CP	1:18.22
7 Liss, Logan A	13 USC-BU	1:21.61
8 Addinall, Ethan	13 Manta-CP	1:24.83

Event 211 Boys 13 Year Olds 100 LC Meter Butterfly

Name	AgeTeam	Prelim Time
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Preliminaries

1 Pieterse, Marcelle J	13 Xcel Swim Academ-CP	1:14.03
2 Afonso, Aragon G	13 Quick Silver-CP	1:14.68
3 Palmer, Travis I	13 Pea-NM	1:15.03
4 van Wyk, Tariq K	13 Barracudas-CP	1:16.07
5 Rheeder, Liam M	13 Paarl Aquarius-CE	1:17.06
6 Smit, Reynard-Gray	13 Silver Fins-CP	1:17.93
7 Swanepoel, Ewald	13 Fish Eagle-ED	1:19.12
8 Liss, Logan A	13 USC-BU	1:20.61
9 Addinall, Ethan	13 Manta-CP	1:26.22
10 Krause, Luke	13 Curro Aquatics-CP	1:28.16
11 Visser, Wessel M	13 Uwc-CP	1:29.98

Event 211 Boys 14 Year Olds 100 LC Meter Butterfly

Name	AgeTeam	Finals Time
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Finals

1 Waters, Steven G	14 Lane Leader-CE	1:07.05
2 Rosslee, Christian F	14 Quicksilver Wine-CE	1:07.37
3 Beukes, Jaden L	14 Walmers-CP	1:07.66
4 Cleophas, Kyle	14 Paarl Aquarius-CE	1:11.98
5 Pullock, Sam J	14 Curro Hermanus-OB	1:12.89
6 Kotzè, Max M	14 Blouberg Marlins-CP	1:13.49
7 Poggenpoel, Troy J	14 SSISA-CP	1:13.74
--- Heine, Jett C	14 Pea-NM	DQ

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Event 211 Boys 14 Year Olds 100 LC Meter Butterfly

Name	AgeTeam	Prelim Time
Preliminaries		
1 Waters, Steven G	14 Lane Leader-CE	1:06.91
2 Beukes, Jaden L	14 Walmers-CP	1:07.53
3 Rosslee, Christian F	14 Quicksilver Wine-CE	1:07.65
4 Heine, Jett C	14 Pea-NM	1:08.32
5 Poggenpoel, Troy J	14 SSISA-CP	1:11.42
6 Kotzè, Max M	14 Blouberg Marlins-CP	1:11.58
7 Pullock, Sam J	14 Curro Hermanus-OB	1:11.91
8 Cleophas, Kyle	14 Paarl Aquarius-CE	1:14.05
9 Lategan, Nicky N	14 Swartland Swim C-WC	1:15.06
10 Cilliers, Jannis N	14 FAAC	1:15.53
11 Njoroge, Alphonse	14 Curro Aquatics-CP	1:18.26
12 Basson, Trishaun T	14 Marlin-CP	1:35.60

Event 211 Men 15 Year Olds 100 LC Meter Butterfly

Name	AgeTeam	Finals Time
Finals		
1 Van Helden, Ethan C	15 Aqua Sharks-CP	1:05.20
2 Heyes, Garrick T	15 Aqua Sharks-CP	1:05.43
3 Moolman, Carter S	15 Manta-CP	1:07.30
4 Pautz, Nathan M	15 Blouberg Marlins-CP	1:07.57

Event 211 Men 15 Year Olds 100 LC Meter Butterfly

Name	AgeTeam	Prelim Time
Preliminaries		
1 Van Helden, Ethan C	15 Aqua Sharks-CP	1:04.56
2 Heyes, Garrick T	15 Aqua Sharks-CP	1:06.73
3 Moolman, Carter S	15 Manta-CP	1:07.14
4 Pautz, Nathan M	15 Blouberg Marlins-CP	1:07.87
5 Kalapac, Joshua	15 Blouberg Marlins-CP	1:11.40

Event 211 Men 16 Year Olds 100 LC Meter Butterfly

Name	AgeTeam	Finals Time
Finals		
1 Geysler, Jacques M	16 Lane Leader-CE	1:01.88
2 Alexander, Ammaar	16 Marlin-CP	1:05.58
3 McPetrie, James L	16 Manta-CP	1:06.30
4 Karsten, Jody	16 Blouberg Marlins-CP	1:06.95
5 Schreuder, Steffen	16 Aquasharks Winel-CE	1:08.47
6 Hlangothi, Munguni S	16 Pea-NM	1:09.77
7 Hewitt-Smook, Kristian	16 Swartland Swim C-WC	1:12.01

Event 211 Men 16 Year Olds 100 LC Meter Butterfly

Name	AgeTeam	Prelim Time
Preliminaries		
1 Geysler, Jacques M	16 Lane Leader-CE	1:02.65
2 McPetrie, James L	16 Manta-CP	1:05.27
3 Alexander, Ammaar	16 Marlin-CP	1:05.38
4 Schreuder, Steffen	16 Aquasharks Winel-CE	1:08.08
5 Karsten, Jody	16 Blouberg Marlins-CP	1:09.07
6 Hlangothi, Munguni S	16 Pea-NM	1:10.09
7 Hewitt-Smook, Kristian	16 Swartland Swim C-WC	1:15.10

Event 211 Men 17-19 100 LC Meter Butterfly

Name	AgeTeam	Finals Time
Finals		
1 Peceur, Mark D	19 Paarl Aquarius-CE	1:02.80
2 Beukes, Mateo A	18 Walmers-CP	1:03.71
3 Wolfe, Matthew L	18 Infinity-NM	1:05.51
4 Cornish, Jeyaad	18 Hurricane-CP	1:16.57

Event 211 Men 17-19 100 LC Meter Butterfly

Name	AgeTeam	Prelim Time
Preliminaries		
1 Peceur, Mark D	19 Paarl Aquarius-CE	1:02.96
2 Beukes, Mateo A	18 Walmers-CP	1:03.73
3 Wolfe, Matthew L	18 Infinity-NM	1:06.82
4 Cornish, Jeyaad	18 Hurricane-CP	1:16.90

Event 212 Girls 11 & Under 100 LC Meter Butterfly

Name	AgeTeam	Finals Time
Finals		
1 Williams, Aqeelah	11 Uwc-CP	1:16.25
2 Hamilton, Shalea M	11 Bay Eagle-NM	1:17.31
3 Joyce, Jenna	11 Curro Aquatics-CP	1:20.38
4 Lockitch, Zara	11 Cybersmart-CP	1:22.03
5 Olivier, Julie M	11 Tygers-CP	1:22.10
6 Anthony, Jazmin A	11 Paarl Aquarius-CE	1:26.01
7 Greyvenstein, Hayley	10 USC-BU	1:27.01
8 Billson, Amelie	11 Curro Aquatics-CP	1:30.13

Event 212 Girls 11 & Under 100 LC Meter Butterfly

Name	AgeTeam	Prelim Time
Preliminaries		
1 Hamilton, Shalea M	11 Bay Eagle-NM	1:19.30
2 Williams, Aqeelah	11 Uwc-CP	1:20.13
3 Lockitch, Zara	11 Cybersmart-CP	1:24.49
4 Olivier, Julie M	11 Tygers-CP	1:25.03
5 Anthony, Jazmin A	11 Paarl Aquarius-CE	1:27.22
6 Joyce, Jenna	11 Curro Aquatics-CP	1:28.31
7 Greyvenstein, Hayley	10 USC-BU	1:29.49
8 Billson, Amelie	11 Curro Aquatics-CP	1:31.04
9 Boshoff, Anja	11 Tygers-CP	1:34.53
10 Jantjies, Zara	11 Manta-CP	1:35.51
11 Jansen van Rensburg, Mia	11 Vineyard-CP	1:37.77
12 Chibharo, Lethabo L	11 Tygers-CP	1:38.07
13 Sabbagha, Georgia	11 Paarl Aquarius-CE	1:38.87
14 Stevenson, Mikayla	11 Quick Silver-CP	1:41.25
15 Terwin, Brooklyn	11 USC-BU	1:43.63

Event 212 Girls 12 Year Olds 100 LC Meter Butterfly

Name	AgeTeam	Finals Time
Finals		
1 Stilwaney, Mia C	12 Paarl Aquarius-CE	1:22.27
2 Jooman, April R	12 Bay Eagle-NM	1:22.58
3 Sonnekus, Anya	12 Tygers-CP	1:29.48

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Event 212 Girls 12 Year Olds 100 LC Meter Butterfly

Name	AgeTeam	Prelim Time
Preliminaries		
1 Stilwaney, Mia C	12 Paarl Aquarius-CE	1:23.49
2 Jooman, April R	12 Bay Eagle-NM	1:26.97
3 Sonnekus, Anya	12 Tygers-CP	1:34.10

Event 212 Girls 13 Year Olds 100 LC Meter Butterfly

Name	AgeTeam	Finals Time
Finals		
1 Burger, Juanè	13 Tygers-CP	1:18.73
2 O'Connor, Kayden C	13 Pea-NM	1:22.11
3 Mudau, Takalani T	13 Vineyard-CP	1:22.95
4 Basson, Lenè	13 Curro-WC	1:24.14
5 Weimann, Erin J	13 USC-BU	1:30.36
6 Riley, Logan	13 Curro Aquatics-CP	1:30.38

Event 212 Girls 13 Year Olds 100 LC Meter Butterfly

Name	AgeTeam	Prelim Time
Preliminaries		
1 Burger, Juanè	13 Tygers-CP	1:20.55
2 O'Connor, Kayden C	13 Pea-NM	1:22.61
3 Mudau, Takalani T	13 Vineyard-CP	1:23.79
4 Basson, Lenè	13 Curro-WC	1:23.94
5 Riley, Logan	13 Curro Aquatics-CP	1:27.45
6 Weimann, Erin J	13 USC-BU	1:30.02

Event 212 Girls 14 Year Olds 100 LC Meter Butterfly

Name	AgeTeam	Finals Time
Finals		
1 Rossouw, Cara	14 Tygers-CP	1:16.96
2 Strong, Ava J	14 Pea-NM	1:17.85
3 De Oliveira, Aliyah	14 Tygers-CP	1:21.32
4 Van Niekerk, Ona	14 Knysna Aquatics-ED	1:23.32
5 Fabricius, Kaylin	14 Barracudas-CP	1:24.02
6 Adams, Sydney M	14 Vineyard-CP	1:31.50

Event 212 Girls 14 Year Olds 100 LC Meter Butterfly

Name	AgeTeam	Prelim Time
Preliminaries		
1 Rossouw, Cara	14 Tygers-CP	1:18.03
2 Strong, Ava J	14 Pea-NM	1:18.08
3 Fabricius, Kaylin	14 Barracudas-CP	1:21.92
4 Van Niekerk, Ona	14 Knysna Aquatics-ED	1:23.99
5 De Oliveira, Aliyah	14 Tygers-CP	1:24.13
6 Adams, Sydney M	14 Vineyard-CP	1:27.49

Event 212 Women 15 Year Olds 100 LC Meter Butterfly

Name	AgeTeam	Finals Time
Finals		
1 Wium, Mari	15 Quicksilver Wine-CE	1:11.15
2 Liebenberg, Emily M	15 Swartland Swim C-WC	1:11.26
3 Smith, Lara E	15 Tygers-CP	1:16.84
4 Smit, Miela	15 AQUA-BU	1:25.90
5 Serfontein, Christi	15 Quick Silver-CP	1:26.38

Event 212 Women 15 Year Olds 100 LC Meter Butterfly

Name	AgeTeam	Prelim Time
Preliminaries		
1 Liebenberg, Emily M	15 Swartland Swim C-WC	1:11.39
2 Wium, Mari	15 Quicksilver Wine-CE	1:12.14
3 Smith, Lara E	15 Tygers-CP	1:15.89
4 Serfontein, Christi	15 Quick Silver-CP	1:25.24
5 Smit, Miela	15 AQUA-BU	1:29.89

Event 212 Women 16 Year Olds 100 LC Meter Butterfly

Name	AgeTeam	Finals Time
Finals		
1 Ryser, Aurora	16 Tygers-CP	1:14.07
2 De Beer, Anri	16 Infinity-NM	1:16.93
3 Voges, Jhoanè E	16 Quick Silver-CP	1:18.62

Event 212 Women 16 Year Olds 100 LC Meter Butterfly

Name	AgeTeam	Prelim Time
Preliminaries		
1 Ryser, Aurora	16 Tygers-CP	1:16.12
2 Voges, Jhoanè E	16 Quick Silver-CP	1:19.06
3 De Beer, Anri	16 Infinity-NM	1:20.54

Event 212 Women 17-19 100 LC Meter Butterfly

Name	AgeTeam	Finals Time
Finals		
1 Lindstrom, Jorja P	17 Harlequins-BU	1:10.25
2 Murray, Rachel T	17 Harlequins-BU	1:18.39
3 Van Eeden, Alne	17 Pea-NM	1:22.26
4 Bulose, Megan	19 Uwc-CP	1:25.01

Event 212 Women 17-19 100 LC Meter Butterfly

Name	AgeTeam	Prelim Time
Preliminaries		
1 Lindstrom, Jorja P	17 Harlequins-BU	1:12.37
2 Murray, Rachel T	17 Harlequins-BU	1:17.72
3 Van Eeden, Alne	17 Pea-NM	1:21.87
4 Bulose, Megan	19 Uwc-CP	1:24.15

Event 213 Boys 12 & Under 4x100 LC Meter Freestyle Relay 4 X 100 Fr

Team	Relay	Finals Time
1 Tygers-CP	A	4:58.38
1) Fouche, Jack 12	2) Heunis, Le Roux 12	
3) Van Onselen, Pierre S 11	4) Bosch, Ewan Y 11	
2 Curro Aquatics-CP	A	5:02.19
1) Bright, Michael C 11	2) February, Dillon S 11	
3) Joyce, Guy 10	4) Douries, Ean 12	

Event 214 Girls 12 & Under 4x100 LC Meter Freestyle Relay 4 X 100 Fr

Team	Relay	Finals Time
1 Tygers-CP	A	4:53.24
1) Boshoff, Anja 11	2) Chibharo, Lethabo L 11	
3) Sonnekus, Anya 12	4) Olivier, Julie M 11	
2 USC-BU	A	5:12.17
1) Christie, Laila A 11	2) Minnaar, Amelia C 12	
3) Lottering, Eirley 12	4) Terwin, Brooklyn 11	

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Event 215 Men 13-15 4x100 LC Meter Freestyle Relay 4 X 100 Free Rel

Team	Relay	Finals Time
1 Blouberg Marlins-CP	A	4:01.28
1) Pautz, Nathan M 15	2) Myburgh, Ruan 15	
3) Kotzè, Max M 14	4) Kalapac, Joshua 15	
2 Aqua Sharks-CP	A	4:01.29
1) Van Helden, Ethan C 15	2) De Bruyn, Cornè C 15	
3) Viljoen, Jaden R 15	4) Heyes, Garrick T 15	
3 Lane Leader-CE	A	4:21.67
1) Vd Merwe, Thomas 14	2) Waters, Steven G 14	
3) Burger, Rosseau 15	4) Hodge, Cameron P 13	
4 Pea-NM	A	4:23.24
1) Andrews, Carl R 14	2) Palmer, Travis I 13	
3) O'Neill, Teagan J 13	4) Heine, Jett C 14	
5 Curro Aquatics-CP	A	4:30.85
1) Grobler, Chris I 13	2) Njoroge, Alphonse 14	
3) Van Wyk, Jack R 13	4) Krause, Luke 13	
6 Quick Silver-CP	A	4:38.59
1) Afonso, Aragon G 13	2) Joubert, Wian 12	
3) Coetzee, Sion M 13	4) Taljaard, Jason 14	
7 USC-BU	A	4:50.83
1) Liss, Logan A 13	2) Cook, Jedd R 13	
3) Lubbe, Alex C 12	4) Peters, Stijn J 13	

Event 216 Women 13-15 4x100 LC Meter Freestyle Relay 4 X 100 Free I

Team	Relay	Finals Time
1 Tygers-CP	A	4:36.87
1) Smith, Lara E 15	2) De Oliveira, Aliyah 14	
3) Rossouw, Cara 14	4) Senekal, Margo 14	
2 Quick Silver-CP	A	4:49.02
1) Bosman, Jessica A 15	2) Stevens, Judy C 15	
3) Odendaal, Sarah-Kate 11	4) Serfontein, Christi 15	
3 Pea-NM	A	4:49.76
1) Ogden, Lily 15	2) Strong, Ava J 14	
3) Roth, Elle 11	4) O'Connor, Kayden C 13	
4 Curro Aquatics-CP	A	4:54.21
1) Riley, Logan 13	2) Botha, Chelsea 13	
3) Joyce, Jenna 11	4) De Jager, Sophia 13	

Event 217 Men 16-19 4x100 LC Meter Freestyle Relay 4 X 100 Free Rel

Team	Relay	Finals Time
1 Swartland Swim C-WC	A	4:13.89
1) Atkinson, Samuel A 15	2) Liedeman, Mark 14	
3) Lategan, Nicky N 14	4) Hewitt-Smook, Kristian 16	

Event 218 Women 16-19 4x100 LC Meter Freestyle Relay 4 X 100 Free I

Team	Relay	Finals Time
1 Tygers-CP	A	4:37.57
1) Rossouw, Nadia 17	2) Rossouw, Emma M 15	
3) Burger, Juanè 13	4) Ryser, Aurora 16	
2 Pea-NM	A	4:43.07
1) Beatt, Emily R 17	2) Van Eeden, Alne 17	
3) Tweedie, Scarlet S 16	4) Ogden, Amber 17	

Event 301 Boys 11 & Under 200 LC Meter Freestyle

Name	AgeTeam	Finals Time
Finals		
1 Green, Aiden J	11 Bay Eagle-NM	2:23.70
2 Wagener, Tiaan H	11 Aquasharks Winel-CE	2:24.36
3 Barnard, Theo J	11 Swartland Swim C-WC	2:29.46

4 Stander, Christiaan L	11 Aquasharks Winel-CE	2:32.20
5 Schaefer, Daniel C	11 Players-CE	2:32.28
6 Bright, Michael C	11 Curro Aquatics-CP	2:32.85
7 Verdon, Daniel E	11 Infinity-NM	2:34.04
8 Vd Watt, Earle	11 Greydogs-CP	2:35.81

Event 301 Boys 11 & Under 200 LC Meter Freestyle

Name	AgeTeam	Prelim Time
Preliminaries		
1 Green, Aiden J	11 Bay Eagle-NM	2:26.24
2 Wagener, Tiaan H	11 Aquasharks Winel-CE	2:29.28
3 Barnard, Theo J	11 Swartland Swim C-WC	2:29.59
4 Schaefer, Daniel C	11 Players-CE	2:29.80
5 Verdon, Daniel E	11 Infinity-NM	2:34.97
6 Bright, Michael C	11 Curro Aquatics-CP	2:36.26
7 Stander, Christiaan L	11 Aquasharks Winel-CE	2:36.39
8 Vd Watt, Earle	11 Greydogs-CP	2:39.12
9 van Rensburg, Tristan	11 Greydogs-CP	2:39.73
10 Bosch, Ewan Y	11 Tygers-CP	2:40.65
11 Boshoff, Mickayle C	11 Knysna Aquatics-ED	2:41.57
12 February, Dillon S	11 Curro Aquatics-CP	2:44.26
13 Barnard, Daniël B	11 Quick Silver-CP	2:44.27
14 Daniels, Tylan H	11 Aqua Dolphin-CP	2:45.58
15 Van Onselein, Pierre S	11 Tygers-CP	2:46.39
16 Jacobs, Seth G	11 Manta-CP	2:48.26
17 Lewis, Amaru C	11 Paarl Aquarius-CE	2:50.86
18 Viljoen, Jagger F	11 Aqua Sharks-CP	2:50.87
19 Joyce, Guy	10 Curro Aquatics-CP	2:50.99
20 Goliath, Cooper C	11 USC-BU	2:51.63
21 Gerber, Luke M	10 Curro Aquatics-CP	2:56.03
22 Lategan, Wessel W	11 Swartland Swim C-WC	2:56.59
23 Basson, Henk	11 Lane Leader-CE	2:57.89
24 McAfee, Max L	10 Fish Eagle-ED	2:58.76
25 Booth, Samuel R	11 VIKI-BU	2:59.82
26 Fouche, Ryan	9 Tygers-CP	3:02.26
27 Vd Merwe, Zander	11 Quick Silver-CP	3:04.63
28 Titus, Brody	11 Paarl Aquarius-CE	3:10.81
29 Vleggaar, Daniel	11 Barracudas-CP	3:14.76
--- Kruger, Zachary C	11 Swartland Swim C-WC	DQ

Event 301 Boys 12 Year Olds 200 LC Meter Freestyle

Name	AgeTeam	Finals Time
Finals		
1 Parr, Colby S	12 Knysna Aquatics-ED	2:24.38
2 Fletcher, Tyler D	12 Fish Eagle-ED	2:26.33
3 Coleman, Travis	12 Blouberg Marlins-CP	2:26.89
4 Mccollum, Aiden I	12 Aqua Dolphin-CP	2:27.85
5 Coates, Caleb	12 Fish Eagle-ED	2:33.73
6 VerLoren Van Themaat, Hein	12 Lane Leader-CE	2:35.39
7 Strydom, Andre N	12 Bay Eagle-NM	2:35.50
8 Conradie, D'Niel	12 Aquasharks Winel-CE	2:37.44

Event 301 Boys 12 Year Olds 200 LC Meter Freestyle

Name	AgeTeam	Prelim Time
Preliminaries		
1 Mccollum, Aiden I	12 Aqua Dolphin-CP	2:30.82
2 Fletcher, Tyler D	12 Fish Eagle-ED	2:33.68

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Results

Preliminaries ... (Event 301 Boys 12 Year Olds 200 LC Meter Freestyle)

Name	Age	Team	Prelim Time
3 Coleman, Travis	12	Blouberg Marlins-CP	2:34.96
4 Parr, Colby S	12	Knysna Aquatics-ED	2:35.36
5 Strydom, Andre N	12	Bay Eagle-NM	2:35.70
6 Coates, Caleb	12	Fish Eagle-ED	2:38.68
7 VerLoren Van Themaat, Hein	12	Lane Leader-CE	2:39.75
8 Conradie, D'Niel	12	Aquasharks Winel-CE	2:40.37
9 Jonas, Leonardo	12	Players-CE	2:41.07
10 Williams, Dante E	12	Bay Eagle-NM	2:42.82
11 Ramorwesi, Oratilwe M	12	Swimlab-CP	2:43.62
12 Smit, Christian F	12	ROA-ED	2:45.34
13 Lubbe, Alex C	12	USC-BU	2:49.86
14 Fouche, Jack	12	Tygers-CP	2:50.31
15 Joubert, Wian	12	Quick Silver-CP	2:51.49
16 Heunis, Le Roux	12	Tygers-CP	2:53.20
17 Douries, Ean	12	Curro Aquatics-CP	2:57.50
18 Baadjies, Cruden H	12	Paarl Aquarius-CE	2:58.84
19 Naude, AJ J	12	Agulhas-OB	3:05.00

Event 301 Boys 13 Year Olds 200 LC Meter Freestyle

Name	Age	Team	Finals Time
1 Afonso, Aragon G	13	Quick Silver-CP	2:20.34
2 Swanepoel, Ewald	13	Fish Eagle-ED	2:20.39
3 Van Wyk, Jack R	13	Curro Aquatics-CP	2:21.58
4 Booth, Jake J	13	VIKI-BU	2:23.04
5 Rheeder, Liam M	13	Paarl Aquarius-CE	2:23.47
6 Palmer, Travis I	13	Pea-NM	2:25.56
7 Smit, Reynard-Gray	13	Silver Fins-CP	2:25.63
8 Peters, Stijn J	13	USC-BU	2:28.03

Event 301 Boys 13 Year Olds 200 LC Meter Freestyle

Name	Age	Team	Prelim Time
1 Swanepoel, Ewald	13	Fish Eagle-ED	2:21.17
2 Afonso, Aragon G	13	Quick Silver-CP	2:24.29
3 Van Wyk, Jack R	13	Curro Aquatics-CP	2:25.08
4 Smit, Reynard-Gray	13	Silver Fins-CP	2:25.27
5 Palmer, Travis I	13	Pea-NM	2:26.95
6 Rheeder, Liam M	13	Paarl Aquarius-CE	2:27.47
7 Peters, Stijn J	13	USC-BU	2:27.86
8 Booth, Jake J	13	VIKI-BU	2:27.95
9 Coetzee, Sion M	13	Quick Silver-CP	2:29.39
10 van Wyk, Tariq K	13	Barracudas-CP	2:29.68
11 Grobler, Chris I	13	Curro Aquatics-CP	2:30.42
12 Hough, Caleb	13	Curro-WC	2:32.53
13 Markotter, D-J R	13	Infinity-NM	2:33.17
14 Addinall, Ethan	13	Manta-CP	2:33.64
15 Ramashamole, Junior V	13	Harlequins-BU	2:34.45
16 Krause, Luke	13	Curro Aquatics-CP	2:34.67
17 Hodge, Cameron P	13	Lane Leader-CE	2:34.89
18 Liss, Logan A	13	USC-BU	2:35.58
19 Fang, Ethan Y	13	Pea-NM	2:35.75
20 Cook, Jedd R	13	USC-BU	2:36.39
21 Van Dyk, Stephaan	13	Blouberg Marlins-CP	2:37.74
22 Visser, Wessel M	13	Uwc-CP	2:37.80

23 Harper, Zachary	13	Aqua Dolphin-CP	2:43.58
24 Fortune, Yaseen	13	Manta-CP	2:54.91

Event 301 Boys 14 Year Olds 200 LC Meter Freestyle

Name	Age	Team	Finals Time
1 Kotzè, Max M	14	Blouberg Marlins-CP	2:13.88
2 Williams, Evan B	14	SSISA-CP	2:15.38
3 Cilliers, Jannis N	14	FAAC	2:15.39
4 Waters, Steven G	14	Lane Leader-CE	2:18.91
5 Minnaar, Nicolas	14	Tygers-CP	2:19.24
6 Yeowart, Seth W	14	Greydogs-CP	2:19.44
7 Vd Merwe, Thomas	14	Lane Leader-CE	2:20.54
8 Liedeman, Mark	14	Swartland Swim C-WC	2:23.21

Event 301 Boys 14 Year Olds 200 LC Meter Freestyle

Name	Age	Team	Prelim Time
1 Cilliers, Jannis N	14	FAAC	2:17.81
2 Waters, Steven G	14	Lane Leader-CE	2:19.19
3 Williams, Evan B	14	SSISA-CP	2:20.42
4 Minnaar, Nicolas	14	Tygers-CP	2:20.58
5 Yeowart, Seth W	14	Greydogs-CP	2:20.59
6 Kotzè, Max M	14	Blouberg Marlins-CP	2:20.83
7 Vd Merwe, Thomas	14	Lane Leader-CE	2:21.00
8 Liedeman, Mark	14	Swartland Swim C-WC	2:21.82
9 Poggenpoel, Troy J	14	SSISA-CP	2:21.87
10 Pullock, Sam J	14	Curro Hermanus-OB	2:23.63
11 Andrews, Carl R	14	Pea-NM	2:24.37
12 Lategan, Nicky N	14	Swartland Swim C-WC	2:24.83
13 Nagelgaard, Andreas	14	Aqua Dolphin-CP	2:26.43
14 Taljaard, Jason	14	Quick Silver-CP	2:27.62
15 Njoroge, Alphonse	14	Curro Aquatics-CP	2:28.74
16 Meintjes, Christiaan	14	Players-CE	2:37.56
17 Smith, Tristan A	14	Greydogs-CP	2:43.46

Event 301 Men 15 Year Olds 200 LC Meter Freestyle

Name	Age	Team	Finals Time
1 Atkinson, Samuel A	15	Swartland Swim C-WC	2:10.69
2 Heyes, Garrick T	15	Aqua Sharks-CP	2:12.04
3 Pautz, Nathan M	15	Blouberg Marlins-CP	2:13.01
4 Myburgh, Ruan	15	Blouberg Marlins-CP	2:16.60
5 Kalapac, Joshua	15	Blouberg Marlins-CP	2:16.74
6 Viljoen, Jaden R	15	Aqua Sharks-CP	2:20.71

Event 301 Men 15 Year Olds 200 LC Meter Freestyle

Name	Age	Team	Prelim Time
1 Atkinson, Samuel A	15	Swartland Swim C-WC	2:12.28
2 Pautz, Nathan M	15	Blouberg Marlins-CP	2:13.96
3 Heyes, Garrick T	15	Aqua Sharks-CP	2:16.97
4 Myburgh, Ruan	15	Blouberg Marlins-CP	2:17.44
5 Viljoen, Jaden R	15	Aqua Sharks-CP	2:21.53
6 Kalapac, Joshua	15	Blouberg Marlins-CP	2:25.76

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Results

Event 301 Men 16 Year Olds 200 LC Meter Freestyle

Name	AgeTeam	Finals Time
Finals		
1 McPetrie, James L	16 Manta-CP	2:07.55
2 Zellie, Thomas J	16 Swimlab-CP	2:08.68
3 Prime, Liam	16 USC-BU	2:12.95
4 Karsten, Jody	16 Blouberg Marlins-CP	2:13.49
5 Möller, FC C	16 Tygers-CP	2:14.28
6 Schreuder, Steffen	16 Aquasharks Winel-CE	2:17.93

Event 301 Men 16 Year Olds 200 LC Meter Freestyle

Name	AgeTeam	Prelim Time
Preliminaries		
1 McPetrie, James L	16 Manta-CP	2:10.85
2 Zellie, Thomas J	16 Swimlab-CP	2:13.16
3 Möller, FC C	16 Tygers-CP	2:14.88
4 Prime, Liam	16 USC-BU	2:14.90
5 Karsten, Jody	16 Blouberg Marlins-CP	2:15.19
6 Schreuder, Steffen	16 Aquasharks Winel-CE	2:19.96

Event 301 Men 17-19 200 LC Meter Freestyle

Name	AgeTeam	Finals Time
Finals		
1 Barnard, Adam J	18 AQUA-BU	2:06.19
2 Wolfe, Matthew L	18 Infinity-NM	2:07.07
3 Beukes, Mateo A	18 Walmers-CP	2:12.79
4 Boonzaaier, Simon F	17 Aquasharks Winel-CE	2:15.59
5 Den Haan, Stéfan	17 Quick Silver-CP	2:22.06
--- Malherbe, Nicholas N	17 Lane Leader-CE	NS

Event 301 Men 17-19 200 LC Meter Freestyle

Name	AgeTeam	Prelim Time
Preliminaries		
1 Malherbe, Nicholas N	17 Lane Leader-CE	2:08.96
2 Beukes, Mateo A	18 Walmers-CP	2:15.41
3 Boonzaaier, Simon F	17 Aquasharks Winel-CE	2:16.15
4 Wolfe, Matthew L	18 Infinity-NM	2:18.11
5 Den Haan, Stéfan	17 Quick Silver-CP	2:23.64
6 Barnard, Adam J	18 AQUA-BU	2:25.56

Event 302 Girls 11 & Under 200 LC Meter Freestyle

Name	AgeTeam	Finals Time
Finals		
1 Hamilton, Shalea M	11 Bay Eagle-NM	2:24.99
2 Williams, Aqeelah	11 Uwc-CP	2:30.40
3 Olivier, Julie M	11 Tygers-CP	2:32.75
4 Roff, Mikaela	11 ROA-ED	2:33.22
5 Sabbagha, Georgia	11 Paarl Aquarius-CE	2:34.58
6 Lockitch, Zara	11 Cybersmart-CP	2:34.79
7 Burger, Johané	11 ROA-ED	2:40.55
8 Joyce, Jenna	11 Curro Aquatics-CP	2:40.71

Event 302 Girls 11 & Under 200 LC Meter Freestyle

Name	AgeTeam	Prelim Time
Preliminaries		
1 Hamilton, Shalea M	11 Bay Eagle-NM	2:29.90
2 Olivier, Julie M	11 Tygers-CP	2:35.16
3 Lockitch, Zara	11 Cybersmart-CP	2:35.41

4 Williams, Aqeelah	11 Uwc-CP	2:35.70
5 Sabbagha, Georgia	11 Paarl Aquarius-CE	2:37.30
6 Burger, Johané	11 ROA-ED	2:39.57
7 Roff, Mikaela	11 ROA-ED	2:39.66
8 Joyce, Jenna	11 Curro Aquatics-CP	2:40.21
9 Els, Jamie	11 Aqua Dolphin-CP	2:41.12
10 Chibharo, Lethabo L	11 Tygers-CP	2:42.82
11 Roth, Elle	11 Pea-NM	2:44.58
12 Jantjies, Zara	11 Manta-CP	2:45.20
13 Billson, Amelie	11 Curro Aquatics-CP	2:45.37
14 Pieterse, Nina	11 DESA-NM	2:48.12
15 Christie, Laila A	11 USC-BU	2:48.16
16 Jansen van Rensburg, Mia	11 Vineyard-CP	2:49.96
17 Steyn, Nee'lah	11 Uwc-CP	2:50.62
18 Nel, Olivia	11 Curro-WC	2:51.84
19 McGluwa, Jovanah N	11 Curro Aquatics-CP	2:53.69
20 Jordaan, Mikayla E	11 Greydogs-CP	2:53.87
21 Stevenson, Mikayla	11 Quick Silver-CP	3:00.46
22 Odendaal, Sarah-Kate	11 Quick Silver-CP	3:00.83
23 Jurgens, Chloe-Leigh	11 Manta-CP	3:02.29
24 Rosenstrauch, Lara	11 Helderberg Titan-CP	3:03.76
25 Terwin, Brooklyn	11 USC-BU	3:05.21
26 Grebe, Ava	11 Curro Hermanus-OB	3:10.64

Event 302 Girls 12 Year Olds 200 LC Meter Freestyle

Name	AgeTeam	Finals Time
Finals		
1 Jooman, April R	12 Bay Eagle-NM	2:31.55
2 Flack, Francesca	12 Curro-WC	2:42.41
3 Nienaber, Mila J	12 Quicksilver Wine-CE	2:42.65
4 De Beer, Isabella C	12 Quicksilver Wine-CE	2:43.92
5 Sonnekus, Anya	12 Tygers-CP	2:45.27
6 Botha, Rebecca P	12 Knysna Aquatics-ED	2:47.18
7 Mare, Isabella	12 Greydogs-CP	2:49.27
8 Liebenberg, Aimee L	12 Swartland Swim C-WC	2:51.46

Event 302 Girls 12 Year Olds 200 LC Meter Freestyle

Name	AgeTeam	Prelim Time
Preliminaries		
1 Jooman, April R	12 Bay Eagle-NM	2:34.01
2 Nienaber, Mila J	12 Quicksilver Wine-CE	2:39.71
3 Sonnekus, Anya	12 Tygers-CP	2:42.98
4 Flack, Francesca	12 Curro-WC	2:44.52
5 De Beer, Isabella C	12 Quicksilver Wine-CE	2:45.69
6 Botha, Rebecca P	12 Knysna Aquatics-ED	2:46.51
7 Mare, Isabella	12 Greydogs-CP	2:46.54
8 Liebenberg, Aimee L	12 Swartland Swim C-WC	2:48.06
9 Lombard, Mia	12 Harlequins-BU	2:48.85
10 Lottering, Eirley	12 USC-BU	2:50.45
11 Thirsk, Savannah	12 Tygers-CP	2:52.82
12 Minnaar, Amelia C	12 USC-BU	2:54.42

Event 302 Girls 13 Year Olds 200 LC Meter Freestyle

Name	AgeTeam	Finals Time
Finals		
1 Van Der Wath, Izi	13 Knysna Aquatics-ED	2:26.49
2 Laubscher, Mikalla I	13 Aqua Sharks-CP	2:26.71

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Results

Finals ... (Event 302 Girls 13 Year Olds 200 LC Meter Freestyle)

Name	AgeTeam	Finals Time
3 Basson, Lenè	13 Curro-WC	2:28.72
4 O'Carroll, Nia E	13 Stellenbosch Aqu-CE	2:29.73
5 Thirsk, Madison	13 Tygers-CP	2:29.88
6 Van Zyl, Minette M	13 Infinity-NM	2:30.86
7 Welsh, Stacey A	13 Bay Eagle-NM	2:31.20
8 Van Wyk, Katie R	13 Blouberg Marlins-CP	2:31.91

Event 302 Girls 13 Year Olds 200 LC Meter Freestyle

Name	AgeTeam	Prelim Time
Preliminaries		
1 Basson, Lenè	13 Curro-WC	2:29.28
2 Van Der Wath, Izi	13 Knysna Aquatics-ED	2:29.74
3 Laubscher, Mikalla I	13 Aqua Sharks-CP	2:30.97
4 Welsh, Stacey A	13 Bay Eagle-NM	2:31.02
5 Van Wyk, Katie R	13 Blouberg Marlins-CP	2:32.37
6 O'Carroll, Nia E	13 Stellenbosch Aqu-CE	2:34.15
7 Van Zyl, Minette M	13 Infinity-NM	2:34.31
8 Thirsk, Madison	13 Tygers-CP	2:35.81
9 Schäfer, Kyla	13 Knysna Aquatics-ED	2:38.09
10 Myers, Kirsten E	13 SSISA-CP	2:38.66
11 Riley, Logan	13 Curro Aquatics-CP	2:38.99
12 Botha, Chelsea	13 Curro Aquatics-CP	2:39.97
13 Harper, Maddie I	13 Knysna Aquatics-ED	2:40.17
14 Burger, Juanè	13 Tygers-CP	2:40.69
15 Mudau, Takalani T	13 Vineyard-CP	2:43.58
16 Fourie, Emma	13 Blouberg Marlins-CP	2:46.31
17 Samuels, Londyn	13 Paarl Aquarius-CE	2:47.71
18 De Jager, Sophia	13 Curro Aquatics-CP	2:48.34
19 Lodewyks, Jeandré	13 Fish Eagle-ED	2:49.83

Event 302 Girls 14 Year Olds 200 LC Meter Freestyle

Name	AgeTeam	Finals Time
Finals		
1 Holthuis, Keilah-Naomi	14 Quicksilver Wine-CE	2:22.30
2 Senekal, Margo	14 Tygers-CP	2:24.83
3 Munro, Abigail	14 USC-BU	2:26.13
4 Geysler, Almi	14 Lane Leader-CE	2:26.23
5 Blake, Abi E	14 Greydogs-CP	2:32.29
6 Fabricius, Kaylin	14 Barracudas-CP	2:32.33
7 Rossouw, Cara	14 Tygers-CP	2:32.56
8 Kleynhans, Sian	14 ROA-ED	2:37.93

Event 302 Girls 14 Year Olds 200 LC Meter Freestyle

Name	AgeTeam	Prelim Time
Preliminaries		
1 Holthuis, Keilah-Naomi	14 Quicksilver Wine-CE	2:26.46
2 Geysler, Almi	14 Lane Leader-CE	2:28.29
3 Senekal, Margo	14 Tygers-CP	2:29.30
4 Munro, Abigail	14 USC-BU	2:30.42
5 Rossouw, Cara	14 Tygers-CP	2:32.29
6 Blake, Abi E	14 Greydogs-CP	2:34.20
7 Kleynhans, Sian	14 ROA-ED	2:34.51
8 Fabricius, Kaylin	14 Barracudas-CP	2:37.19
9 Hagglund, Emma H	14 SSISA-CP	2:37.21
10 Barnard, Adelmari D	14 Swartland Swim C-WC	2:39.11

11 Vd Merwe, Mi-Ly 14 Lane Leader-CE 2:39.27

Event 302 Women 15 Year Olds 200 LC Meter Freestyle

Name	AgeTeam	Finals Time
Finals		
1 Liebenberg, Emily M	15 Swartland Swim C-WC	2:20.12
2 Rossouw, Emma M	15 Tygers-CP	2:30.92
3 Schreuder, Hannah G	15 Swimlab-CP	2:33.72
4 Smit, Miela	15 AQUA-BU	2:33.89
5 Serfontein, Christi	15 Quick Silver-CP	2:35.27
6 Bosman, Jessica A	15 Quick Silver-CP	2:37.84

Event 302 Women 15 Year Olds 200 LC Meter Freestyle

Name	AgeTeam	Prelim Time
Preliminaries		
1 Liebenberg, Emily M	15 Swartland Swim C-WC	2:22.64
2 Rossouw, Emma M	15 Tygers-CP	2:32.87
3 Serfontein, Christi	15 Quick Silver-CP	2:37.63
4 Smit, Miela	15 AQUA-BU	2:39.29
5 Bosman, Jessica A	15 Quick Silver-CP	2:39.91
6 Stevens, Judy C	15 Quick Silver-CP	2:40.62
7 Schreuder, Hannah G	15 Swimlab-CP	2:41.00
--- Zhou, WanRu	15 Blouberg Marlins-CP	NS

Event 302 Women 16 Year Olds 200 LC Meter Freestyle

Name	AgeTeam	Finals Time
Finals		
1 Ryser, Aurora	16 Tygers-CP	2:24.44
2 De Beer, Anri	16 Infinity-NM	2:26.24
3 Olivier, Shani	16 The Well-CE	2:26.29
4 Vd Westhuizen, Joy	16 Aqua Dolphin-CP	2:29.95
5 Witten, Hannah	16 Aqua Dolphin-CP	2:32.53
6 Voges, Jhoanè E	16 Quick Silver-CP	2:40.83
7 Tweedie, Scarlet S	16 Pea-NM	2:41.93

Event 302 Women 16 Year Olds 200 LC Meter Freestyle

Name	AgeTeam	Prelim Time
Preliminaries		
1 Ryser, Aurora	16 Tygers-CP	2:27.09
2 Olivier, Shani	16 The Well-CE	2:30.16
3 Vd Westhuizen, Joy	16 Aqua Dolphin-CP	2:30.96
4 Witten, Hannah	16 Aqua Dolphin-CP	2:32.72
5 De Beer, Anri	16 Infinity-NM	2:38.96
6 Voges, Jhoanè E	16 Quick Silver-CP	2:44.74
7 Tweedie, Scarlet S	16 Pea-NM	2:45.52

Event 302 Women 17-19 200 LC Meter Freestyle

Name	AgeTeam	Finals Time
Finals		
1 Rossouw, Nadia	17 Tygers-CP	2:24.14
*2 Theron, Yedidah	18 ROA-ED	2:24.78
*2 Micklethwaite, Skye T	17 SSISA-CP	2:24.78
4 Van Eeden, Alne	17 Pea-NM	2:28.48
5 Ogden, Amber	17 Pea-NM	2:28.66
6 Beatt, Emily R	17 Pea-NM	2:32.37
7 Rinquest, Aqeelah	17 Marlin-CP	2:34.38
8 Wyngaard, Dakota J	17 Quick Silver-CP	2:39.54

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Results

Event 302 Women 17-19 200 LC Meter Freestyle

Name	AgeTeam	Prelim Time
Preliminaries		
1 Theron, Yedidah	18 ROA-ED	2:25.84
2 Rossouw, Nadia	17 Tygers-CP	2:27.69
3 Micklethwaite, Skye T	17 SSISA-CP	2:28.92
4 Van Eeden, Alne	17 Pea-NM	2:29.99
5 Beatt, Emily R	17 Pea-NM	2:32.26
6 Rinquest, Aqeelah	17 Marlin-CP	2:33.31
7 Ogden, Amber	17 Pea-NM	2:34.90
8 Wyngaard, Dakota J	17 Quick Silver-CP	2:40.16

Event 303 Boys 14 & Under 100 LC Meter Freestyle Multi-Class Para

Name	AgeTeam	Finals Time
Finals		
1 Pardoe, James N S15	12 Greydogs-CP	1:22.27
2 Hartwig, Connor M S6	12 Harlequins-BU	2:09.87

Event 303 Boys 14 & Under 100 LC Meter Freestyle Multi-Class Para

Name	AgeTeam	Prelim Time
Preliminaries		
1 Pardoe, James N S15	12 Greydogs-CP	1:21.08
2 Hartwig, Connor M S6	12 Harlequins-BU	2:09.96

Event 304 Women 15-99 100 LC Meter Freestyle Multi-Class Para

Name	AgeTeam	Finals Time
Finals		
1 Du Toit, Naseerah S8	15 Uwc-CP	1:45.42

Event 304 Women 15-99 100 LC Meter Freestyle Multi-Class Para

Name	AgeTeam	Prelim Time
Preliminaries		
1 Du Toit, Naseerah S8	15 Uwc-CP	1:51.57

Event 305 Boys 11 & Under 50 LC Meter Breaststroke

Name	AgeTeam	Finals Time
Finals		
1 van Rensburg, Tristan	11 Greydogs-CP	40.15
2 Bright, Michael C	11 Curro Aquatics-CP	41.40
3 Schoeman, Mateo J	10 DESA-NM	42.21
4 Lategan, Wessel W	11 Swartland Swim C-WC	43.57
5 Green, Aiden J	11 Bay Eagle-NM	43.69
6 Wagener, Tiaan H	11 Aquasharks Winel-CE	43.90
7 Schemel, Brody L	11 Harlequins-BU	44.00
8 Van der Merwe, Dandre J	11 Stellenbosch Aqu-CE	44.99

Event 305 Boys 11 & Under 50 LC Meter Breaststroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 van Rensburg, Tristan	11 Greydogs-CP	40.83
2 Bright, Michael C	11 Curro Aquatics-CP	42.65
3 Schoeman, Mateo J	10 DESA-NM	43.12
4 Green, Aiden J	11 Bay Eagle-NM	43.54
5 Lategan, Wessel W	11 Swartland Swim C-WC	44.40
6 Schemel, Brody L	11 Harlequins-BU	44.44
7 Wagener, Tiaan H	11 Aquasharks Winel-CE	44.51
8 Van der Merwe, Dandre J	11 Stellenbosch Aqu-CE	44.58
9 Fenner, Jenson V	11 Players-CE	44.90

10 Stander, Christiaan L	11 Aquasharks Winel-CE	45.08
11 Jacobs, Seth G	11 Manta-CP	45.36
12 February, Dillon S	11 Curro Aquatics-CP	46.62
13 Titus, Brody	11 Paarl Aquarius-CE	46.79
14 Booth, Samuel R	11 VIKI-BU	47.74
15 Vleggaar, Daniel	11 Barracudas-CP	48.18
16 Stenekamp, Keanu	11 Aqua Sharks-CP	49.66
17 Vd Merwe, Zander	11 Quick Silver-CP	50.37
18 McAfee, Max L	10 Fish Eagle-ED	51.95
19 Fouche, Ryan	9 Tygers-CP	54.43

Event 305 Boys 12 Year Olds 50 LC Meter Breaststroke

Name	AgeTeam	Finals Time
Finals		
1 Coleman, Travis	12 Blouberg Marlins-CP	37.61
2 Torbochkin, Daniel S	12 Aqua Sharks-CP	38.29
3 Stead, Nathan J	12 Harlequins-BU	39.86
4 Spencer, Marcus W	12 Vineyard-CP	41.29
5 Coates, Caleb	12 Fish Eagle-ED	41.54
6 Douries, Ean	12 Curro Aquatics-CP	41.63
7 Parr, Colby S	12 Knysna Aquatics-ED	42.68
8 Strydom, Andre N	12 Bay Eagle-NM	43.47

Event 305 Boys 12 Year Olds 50 LC Meter Breaststroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Coleman, Travis	12 Blouberg Marlins-CP	38.15
2 Torbochkin, Daniel S	12 Aqua Sharks-CP	38.89
3 Stead, Nathan J	12 Harlequins-BU	40.34
4 Parr, Colby S	12 Knysna Aquatics-ED	40.91
5 Spencer, Marcus W	12 Vineyard-CP	41.11
6 Douries, Ean	12 Curro Aquatics-CP	41.91
7 Coates, Caleb	12 Fish Eagle-ED	42.22
8 Strydom, Andre N	12 Bay Eagle-NM	42.65
9 Smit, Christian F	12 ROA-ED	43.11
10 Jonas, Leonardo	12 Players-CE	43.76
11 Fortune, Hakeem	12 Manta-CP	44.02
12 Baadjies, Cruden H	12 Paarl Aquarius-CE	44.44
13 Heunis, Le Roux	12 Tygers-CP	45.10
14 Fouche, Jack	12 Tygers-CP	46.06
15 Joubert, Wian	12 Quick Silver-CP	46.12
16 Williams, Dante E	12 Bay Eagle-NM	46.85
17 Cleophas, Lee L	12 Paarl Aquarius-CE	49.40
18 Ramorwesi, Oratilwe M	12 Swimlab-CP	50.34

Event 305 Boys 13 Year Olds 50 LC Meter Breaststroke

Name	AgeTeam	Finals Time
Finals		
1 Basson, Zethan L	13 Pea-NM	37.67
2 Van Wyk, Jack R	13 Curro Aquatics-CP	38.56
3 Van Dyk, Stephaan	13 Blouberg Marlins-CP	39.12
4 Ramashamole, Junior V	13 Harlequins-BU	39.70
5 Krause, Luke	13 Curro Aquatics-CP	40.49
6 Willenburg, Elijah K	13 Silver Fins-CP	41.03
7 Gomez, Alex W	13 Marlin-CP	41.73
--- Booth, Jake J	13 VIKI-BU	DQ

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Results

Event 305 Boys 13 Year Olds 50 LC Meter Breaststroke			
Name	AgeTeam	Prelim Time	
Preliminaries			
1 Basson, Zethan L	13 Pea-NM	38.36	
2 Van Wyk, Jack R	13 Curro Aquatics-CP	38.42	
3 Booth, Jake J	13 VIKI-BU	38.91	
4 Ramashamole, Junior V	13 Harlequins-BU	39.98	
5 Willenburg, Elijah K	13 Silver Fins-CP	40.84	
6 Gomez, Alex W	13 Marlin-CP	41.09	
7 Van Dyk, Stephaan	13 Blouberg Marlins-CP	41.14	
8 Krause, Luke	13 Curro Aquatics-CP	41.15	
9 Coetzee, Sion M	13 Quick Silver-CP	41.52	
10 Peters, Stijn J	13 USC-BU	41.65	
11 Snyders, Reece	13 Uwc-CP	41.94	
12 O'Neill, Teagan J	13 Pea-NM	42.25	
13 van Wyk, Tariq K	13 Barracudas-CP	43.55	
14 Rheeder, Liam M	13 Paarl Aquarius-CE	44.04	
15 Wright, Jonah S	13 Tygers-CP	44.13	
16 Hough, Caleb	13 Curro-WC	44.23	
17 Markotter, D-J R	13 Infinity-NM	44.61	
18 Fortune, Yaseen	13 Manta-CP	45.20	
Event 305 Boys 14 Year Olds 50 LC Meter Breaststroke			
Name	AgeTeam	Finals Time	
Finals			
1 Rosslee, Christian F	14 Quicksilver Wine-CE	35.76	
2 Heine, Jett C	14 Pea-NM	36.20	
3 Meintjes, Christiaan	14 Players-CE	37.54	
4 Cilliers, Jannis N	14 FAAC	37.61	
5 Basson, Trishaun T	14 Marlin-CP	37.97	
6 Spencer, Charles A	14 Vineyard-CP	38.03	
7 Taljaard, Jason	14 Quick Silver-CP	38.46	
8 Liedeman, Mark	14 Swartland Swim C-WC	39.61	
Event 305 Boys 14 Year Olds 50 LC Meter Breaststroke			
Name	AgeTeam	Prelim Time	
Preliminaries			
1 Heine, Jett C	14 Pea-NM	35.41	
2 Rosslee, Christian F	14 Quicksilver Wine-CE	35.75	
3 Cilliers, Jannis N	14 FAAC	37.30	
4 Spencer, Charles A	14 Vineyard-CP	37.72	
5 Meintjes, Christiaan	14 Players-CE	37.95	
6 Basson, Trishaun T	14 Marlin-CP	38.12	
7 Liedeman, Mark	14 Swartland Swim C-WC	38.71	
8 Taljaard, Jason	14 Quick Silver-CP	38.74	
9 Abrahams, Rayhan	14 Walmers-CP	39.41	
10 Smith, Tristan A	14 Greydogs-CP	40.31	
11 Cleophas, Kyle	14 Paarl Aquarius-CE	42.06	
12 Njoroge, Alphonse	14 Curro Aquatics-CP	43.52	
Event 305 Men 15 Year Olds 50 LC Meter Breaststroke			
Name	AgeTeam	Finals Time	
Finals			
1 Torbochkin, David S	15 Aqua Sharks-CP	33.67	
2 Kalapac, Joshua	15 Blouberg Marlins-CP	34.83	
3 Moolman, Carter S	15 Manta-CP	34.88	
4 Atkinson, Samuel A	15 Swartland Swim C-WC	35.33	
5 Pautz, Nathan M	15 Blouberg Marlins-CP	35.47	
6 Burger, Rosseau	15 Lane Leader-CE	36.06	
7 Myburgh, Ruan	15 Blouberg Marlins-CP	36.53	
8 De Bruyn, Cornè C	15 Aqua Sharks-CP	36.98	
Event 305 Men 15 Year Olds 50 LC Meter Breaststroke			
Name	AgeTeam	Prelim Time	
Preliminaries			
1 Torbochkin, David S	15 Aqua Sharks-CP	33.79	
2 Kalapac, Joshua	15 Blouberg Marlins-CP	34.90	
*3 Moolman, Carter S	15 Manta-CP	35.09	
*3 Pautz, Nathan M	15 Blouberg Marlins-CP	35.09	
5 Atkinson, Samuel A	15 Swartland Swim C-WC	35.51	
6 Burger, Rosseau	15 Lane Leader-CE	36.04	
7 Myburgh, Ruan	15 Blouberg Marlins-CP	36.39	
8 De Bruyn, Cornè C	15 Aqua Sharks-CP	37.03	
Event 305 Men 16 Year Olds 50 LC Meter Breaststroke			
Name	AgeTeam	Finals Time	
Finals			
1 Hlangothi, Munguni S	16 Pea-NM	33.40	
2 Nash, Daniel A	16 Bay Eagle-NM	34.35	
3 Alexander, Ammaar	16 Marlin-CP	34.58	
4 Zellie, Thomas J	16 Swimlab-CP	35.05	
5 Geysler, Jacques M	16 Lane Leader-CE	35.47	
Event 305 Men 16 Year Olds 50 LC Meter Breaststroke			
Name	AgeTeam	Prelim Time	
Preliminaries			
1 Hlangothi, Munguni S	16 Pea-NM	32.86	
2 Alexander, Ammaar	16 Marlin-CP	33.77	
3 Nash, Daniel A	16 Bay Eagle-NM	35.00	
4 Geysler, Jacques M	16 Lane Leader-CE	35.06	
5 Zellie, Thomas J	16 Swimlab-CP	35.41	
6 Karsten, Jody	16 Blouberg Marlins-CP	37.55	
--- Engelbrecht, Ruben J	16 Players-CE	NS	
Event 305 Men 17-19 50 LC Meter Breaststroke			
Name	AgeTeam	Finals Time	
Finals			
1 Eilers, Chaden D	19 Uwc-CP	34.01	
2 Den Haan, Stèfan	17 Quick Silver-CP	35.80	
3 Boonzaaier, Simon F	17 Aquasharks Winel-CE	41.42	
--- Malherbe, Nicholas N	17 Lane Leader-CE	NS	
Event 305 Men 17-19 50 LC Meter Breaststroke			
Name	AgeTeam	Prelim Time	
Preliminaries			
1 Malherbe, Nicholas N	17 Lane Leader-CE	33.07	
2 Eilers, Chaden D	19 Uwc-CP	33.53	
3 Den Haan, Stèfan	17 Quick Silver-CP	35.86	
4 Boonzaaier, Simon F	17 Aquasharks Winel-CE	40.39	
Event 306 Girls 11 & Under 50 LC Meter Breaststroke			
Name	AgeTeam	Finals Time	
Finals			
1 Horn, Anna	11 Xcel Swim Academ-CP	38.90	
2 Joyce, Jenna	11 Curro Aquatics-CP	39.08	

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Results

Finals ... (Event 306 Girls 11 & Under 50 LC Meter Breaststroke)

Name	AgeTeam	Finals Time
3 Julies, Grace J	11 Xcel Swim Academ-CP	40.80
4 Hamilton, Shalea M	11 Bay Eagle-NM	41.53
5 Williams, Aqeelah	11 Uwc-CP	43.85
6 Greyvenstein, Hayley	10 USC-BU	44.35
7 Kalapac, Lexi	11 Blouberg Marlins-CP	44.40
8 Chibharo, Lethabo L	11 Tygers-CP	44.95

Event 306 Girls 11 & Under 50 LC Meter Breaststroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Horn, Anna	11 Xcel Swim Academ-CP	39.09
2 Joyce, Jenna	11 Curro Aquatics-CP	40.03
3 Julies, Grace J	11 Xcel Swim Academ-CP	41.03
4 Hamilton, Shalea M	11 Bay Eagle-NM	42.48
5 Williams, Aqeelah	11 Uwc-CP	43.77
6 Chibharo, Lethabo L	11 Tygers-CP	43.96
7 Greyvenstein, Hayley	10 USC-BU	43.99
8 Louw, Mali R	11 The Well-CE	44.10
9 Kalapac, Lexi	11 Blouberg Marlins-CP	44.21
10 Grebe, Ava	11 Curro Hermanus-OB	44.93
11 Anthony, Jazmin A	11 Paarl Aquarius-CE	45.59
12 Ristow, Emma K	11 USC-BU	46.52
13 Rosenstrauch, Lara	11 Helderberg Titan-CP	46.88
14 Stevenson, Mikayla	11 Quick Silver-CP	47.40
15 Jurgens, Chloe-Leigh	11 Manta-CP	47.51
16 Odendaal, Sarah-Kate	11 Quick Silver-CP	47.88
17 Jantjies, Zara	11 Manta-CP	48.81
18 Steyn, Nee'lah	11 Uwc-CP	49.98

Event 306 Girls 12 Year Olds 50 LC Meter Breaststroke

Name	AgeTeam	Finals Time
Finals		
1 Charles, Tyla	12 Vineyard-CP	39.07
2 Stilwaney, Mia C	12 Paarl Aquarius-CE	39.94
3 Van Dyk, Zani	12 Greydogs-CP	41.48
4 Mare, Isabella	12 Greydogs-CP	42.38
5 Nienaber, Mila J	12 Quicksilver Wine-CE	44.21
6 De Beer, Isabella C	12 Quicksilver Wine-CE	45.24
7 Govender, Gabi R	12 Infinity-NM	46.58
8 Jooman, April R	12 Bay Eagle-NM	47.92

Event 306 Girls 12 Year Olds 50 LC Meter Breaststroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Charles, Tyla	12 Vineyard-CP	39.59
2 Stilwaney, Mia C	12 Paarl Aquarius-CE	39.83
3 Mare, Isabella	12 Greydogs-CP	42.18
4 Van Dyk, Zani	12 Greydogs-CP	42.60
5 Nienaber, Mila J	12 Quicksilver Wine-CE	43.61
6 De Beer, Isabella C	12 Quicksilver Wine-CE	45.80
7 Govender, Gabi R	12 Infinity-NM	45.92
8 Jooman, April R	12 Bay Eagle-NM	47.06
9 Sonnekus, Anya	12 Tygers-CP	47.28
10 Lombard, Mia	12 Harlequins-BU	47.49
--- Lottering, Eirley	12 USC-BU	DQ

Event 306 Girls 13 Year Olds 50 LC Meter Breaststroke

Name	AgeTeam	Finals Time
Finals		
1 Van Der Wath, Izi	13 Knysna Aquatics-ED	38.25
2 Van Wyk, Katie R	13 Blouberg Marlins-CP	38.70
3 O'Connor, Kayden C	13 Pea-NM	39.30
4 De Jager, Sophia	13 Curro Aquatics-CP	40.79
5 Lodewyks, Jeandr�	13 Fish Eagle-ED	42.02
6 Janse van Rensburg, Milan	13 Infinity-NM	42.17
7 Van Zyl, Minette M	13 Infinity-NM	42.37
8 McAfee, Holly B	13 Fish Eagle-ED	44.12

Event 306 Girls 13 Year Olds 50 LC Meter Breaststroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Van Der Wath, Izi	13 Knysna Aquatics-ED	38.79
2 O'Connor, Kayden C	13 Pea-NM	39.59
3 Van Wyk, Katie R	13 Blouberg Marlins-CP	40.14
4 De Jager, Sophia	13 Curro Aquatics-CP	41.14
5 Lodewyks, Jeandr�	13 Fish Eagle-ED	41.42
6 McAfee, Holly B	13 Fish Eagle-ED	41.90
7 Janse van Rensburg, Milan	13 Infinity-NM	42.09
8 Van Zyl, Minette M	13 Infinity-NM	42.98
9 Harper, Maddie I	13 Knysna Aquatics-ED	43.22
10 Sch�fer, Kyla	13 Knysna Aquatics-ED	43.88
11 Mudau, Takalani T	13 Vineyard-CP	44.04
12 Weimann, Erin J	13 USC-BU	44.97
13 Botha, Chelsea	13 Curro Aquatics-CP	45.01
14 Atkinson, Anouk E	13 Swartland Swim C-WC	45.26
15 O'Carroll, Nia E	13 Stellenbosch Aqu-CE	45.57
16 Burger, Juan�	13 Tygers-CP	45.66
17 Welsh, Stacey A	13 Bay Eagle-NM	46.92
18 Fourie, Emma	13 Blouberg Marlins-CP	47.00

Event 306 Girls 14 Year Olds 50 LC Meter Breaststroke

Name	AgeTeam	Finals Time
Finals		
1 Van Niekerk, Ona	14 Knysna Aquatics-ED	37.83
2 Kruger, Kate-Lynn M	14 DESA-NM	39.14
3 Adams, Sydney M	14 Vineyard-CP	39.38
4 Davies, Jessica A	14 VIKI-BU	40.09
5 Geyser, Almi	14 Lane Leader-CE	40.31
6 Barnard, Adelmari D	14 Swartland Swim C-WC	40.64
7 De Oliveira, Aliyah	14 Tygers-CP	41.29
8 Rossouw, Cara	14 Tygers-CP	41.66

Event 306 Girls 14 Year Olds 50 LC Meter Breaststroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Van Niekerk, Ona	14 Knysna Aquatics-ED	39.08
2 Adams, Sydney M	14 Vineyard-CP	39.31
3 Geyser, Almi	14 Lane Leader-CE	40.11
4 Barnard, Adelmari D	14 Swartland Swim C-WC	40.12
5 Kruger, Kate-Lynn M	14 DESA-NM	40.51
6 Davies, Jessica A	14 VIKI-BU	40.79
7 Rossouw, Cara	14 Tygers-CP	41.05
8 De Oliveira, Aliyah	14 Tygers-CP	42.26

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Results

Preliminaries ... (Event 306 Girls 14 Year Olds 50 LC Meter Breaststrol

Name	AgeTeam	Finals Time
9 Baillie, Gabi J	14 ROA-ED	42.62

Event 306 Women 15 Year Olds 50 LC Meter Breaststroke

Name	AgeTeam	Finals Time
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Finals

1 Schreuder, Hannah G	15 Swimlab-CP	38.12
2 Serfontein, Christi	15 Quick Silver-CP	39.03
3 Borman, Jani	15 Swartland Swim C-WC	40.08
4 Stevens, Judy C	15 Quick Silver-CP	40.33

Event 306 Women 15 Year Olds 50 LC Meter Breaststroke

Name	AgeTeam	Prelim Time
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Preliminaries

1 Schreuder, Hannah G	15 Swimlab-CP	38.28
2 Borman, Jani	15 Swartland Swim C-WC	39.45
3 Serfontein, Christi	15 Quick Silver-CP	40.15
4 Stevens, Judy C	15 Quick Silver-CP	40.85
--- Visser, Sandri	15 Players-CE	NS

Event 306 Women 16 Year Olds 50 LC Meter Breaststroke

Name	AgeTeam	Finals Time
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Finals

1 Jeftha, Zara L	16 Marlin-CP	37.48
2 Beetge, Amy	16 Lane Leader-CE	38.78
3 Olivier, Shani	16 The Well-CE	38.82
4 Du Toit, Yusrah	16 Uwc-CP	39.82
5 Tweedie, Scarlet S	16 Pea-NM	40.27

Event 306 Women 16 Year Olds 50 LC Meter Breaststroke

Name	AgeTeam	Prelim Time
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Preliminaries

1 Beetge, Amy	16 Lane Leader-CE	39.02
2 Olivier, Shani	16 The Well-CE	39.11
3 Jeftha, Zara L	16 Marlin-CP	39.58
4 Du Toit, Yusrah	16 Uwc-CP	40.15
5 Tweedie, Scarlet S	16 Pea-NM	40.84

Event 306 Women 17-19 50 LC Meter Breaststroke

Name	AgeTeam	Finals Time
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Finals

1 Sabbagha, Annè	18 Paarl Aquarius-CE	37.73
2 Lindstrom, Jorja P	17 Harlequins-BU	37.86
3 Bulose, Megan	19 Uwc-CP	38.91
4 Herbst, Mienke	17 SSISA-CP	39.19
5 Rinquest, Aqeelah	17 Marlin-CP	41.21

Event 306 Women 17-19 50 LC Meter Breaststroke

Name	AgeTeam	Prelim Time
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Preliminaries

1 Sabbagha, Annè	18 Paarl Aquarius-CE	37.57
2 Lindstrom, Jorja P	17 Harlequins-BU	38.32
3 Bulose, Megan	19 Uwc-CP	39.26
4 Herbst, Mienke	17 SSISA-CP	39.40
5 Rossouw, Nadia	17 Tygers-CP	40.70
6 Rinquest, Aqeelah	17 Marlin-CP	42.74

Event 307 Boys 14 & Under 50 LC Meter Breaststroke Multi-Class Para

Name	AgeTeam	Finals Time
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Finals

1 Pardoe, James N SB15	12 Greydogs-CP	53.44
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Event 307 Boys 14 & Under 50 LC Meter Breaststroke Multi-Class Para

Name	AgeTeam	Prelim Time
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Preliminaries

1 Pardoe, James N SB15	12 Greydogs-CP	50.59
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Event 309 Boys 11 & Under 100 LC Meter Backstroke

Name	AgeTeam	Finals Time
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Finals

1 Bright, Michael C	11 Curro Aquatics-CP	1:17.98
2 Green, Aiden J	11 Bay Eagle-NM	1:18.19
3 Kruger, Zachary C	11 Swartland Swim C-WC	1:19.65
4 Vd Watt, Earle	11 Greydogs-CP	1:21.15
5 Schaefer, Daniel C	11 Players-CE	1:21.78
6 Bosch, Ewan Y	11 Tygers-CP	1:22.34
7 Schemel, Brody L	11 Harlequins-BU	1:22.95
8 Van Onselen, Pierre S	11 Tygers-CP	1:25.19

Event 309 Boys 11 & Under 100 LC Meter Backstroke

Name	AgeTeam	Prelim Time
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Preliminaries

1 Green, Aiden J	11 Bay Eagle-NM	1:17.64
2 Bright, Michael C	11 Curro Aquatics-CP	1:18.28
3 Kruger, Zachary C	11 Swartland Swim C-WC	1:19.54
4 Vd Watt, Earle	11 Greydogs-CP	1:21.57
5 Schaefer, Daniel C	11 Players-CE	1:22.05
6 Bosch, Ewan Y	11 Tygers-CP	1:23.41
7 Van Onselen, Pierre S	11 Tygers-CP	1:23.47
8 Schemel, Brody L	11 Harlequins-BU	1:23.84
9 February, Dillon S	11 Curro Aquatics-CP	1:24.39
10 Schoeman, Mateo J	10 DESA-NM	1:24.69
11 Wagener, Tiaan H	11 Aquasharks Winel-CE	1:25.78
12 van Rensburg, Tristan	11 Greydogs-CP	1:26.25
13 Verdon, Daniel E	11 Infinity-NM	1:26.49
14 Viljoen, Jagger F	11 Aqua Sharks-CP	1:28.42
15 Lewis, Amaru C	11 Paarl Aquarius-CE	1:28.55
16 Boshoff, Mickayle C	11 Knysna Aquatics-ED	1:29.13
17 Jacobs, Seth G	11 Manta-CP	1:30.10
18 Gerber, Luke M	10 Curro Aquatics-CP	1:30.72
19 McAfee, Max L	10 Fish Eagle-ED	1:30.89
20 Rosser, Mark J	11 Infinity-NM	1:31.00
21 Van der Merwe, Dandre J	11 Stellenbosch Aqu-CE	1:34.48
22 Basson, Henk	11 Lane Leader-CE	1:35.62
23 Stenekamp, Keanu	11 Aqua Sharks-CP	1:38.11
24 Vd Merwe, Zander	11 Quick Silver-CP	1:42.68

Event 309 Boys 12 Year Olds 100 LC Meter Backstroke

Name	AgeTeam	Finals Time
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Finals

1 Parr, Colby S	12 Knysna Aquatics-ED	1:18.75
2 Williams, Dante E	12 Bay Eagle-NM	1:20.74
3 Heunis, Le Roux	12 Tygers-CP	1:20.99
4 Conradie, D'Niel	12 Aquasharks Winel-CE	1:21.57

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Results

Finals ... (Event 309 Boys 12 Year Olds 100 LC Meter Backstroke)

Name	AgeTeam	Finals Time
5 Strydom, Andre N	12 Bay Eagle-NM	1:23.28
6 Spencer, Marcus W	12 Vineyard-CP	1:23.72
7 Ramorwesi, Oratilwe M	12 Swimlab-CP	1:25.67
8 Joubert, Wian	12 Quick Silver-CP	1:28.75

Event 309 Boys 12 Year Olds 100 LC Meter Backstroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Parr, Colby S	12 Knysna Aquatics-ED	1:16.91
2 Strydom, Andre N	12 Bay Eagle-NM	1:23.22
3 Heunis, Le Roux	12 Tygers-CP	1:23.57
4 Kirsten, Jan-Dawid E	12 Quicksilver Wine-CE	1:24.80
5 Conradie, D'Niel	12 Aquasharks Winel-CE	1:24.99
6 Williams, Dante E	12 Bay Eagle-NM	1:25.02
7 Spencer, Marcus W	12 Vineyard-CP	1:25.96
8 Ramorwesi, Oratilwe M	12 Swimlab-CP	1:27.72
9 Joubert, Wian	12 Quick Silver-CP	1:28.15
10 Naude, AJ J	12 Agulhas-OB	1:29.21
11 Cleophas, Lee L	12 Paarl Aquarius-CE	1:32.00
12 Fortune, Hakeem	12 Manta-CP	1:33.25
13 Douries, Ean	12 Curro Aquatics-CP	1:34.88

Event 309 Boys 13 Year Olds 100 LC Meter Backstroke

Name	AgeTeam	Finals Time
Finals		
1 Coetzee, Sion M	13 Quick Silver-CP	1:12.51
2 Pieterse, Marcelle J	13 Xcel Swim Academ-CP	1:12.64
3 Rheedee, Liam M	13 Paarl Aquarius-CE	1:15.22
4 Grobler, Chris I	13 Curro Aquatics-CP	1:15.97
5 Hodge, Cameron P	13 Lane Leader-CE	1:17.06
6 Van Wyk, Jack R	13 Curro Aquatics-CP	1:20.47
7 Addinall, Ethan	13 Manta-CP	1:20.69
8 van Wyk, Tariq K	13 Barracudas-CP	1:21.10

Event 309 Boys 13 Year Olds 100 LC Meter Backstroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Pieterse, Marcelle J	13 Xcel Swim Academ-CP	1:15.30
2 Coetzee, Sion M	13 Quick Silver-CP	1:17.35
3 Van Wyk, Jack R	13 Curro Aquatics-CP	1:17.50
4 Rheedee, Liam M	13 Paarl Aquarius-CE	1:17.77
5 Grobler, Chris I	13 Curro Aquatics-CP	1:18.08
6 Hodge, Cameron P	13 Lane Leader-CE	1:19.19
7 Addinall, Ethan	13 Manta-CP	1:21.29
8 van Wyk, Tariq K	13 Barracudas-CP	1:21.48
9 Willenburg, Elijah K	13 Silver Fins-CP	1:21.53
10 Smit, Reynard-Gray	13 Silver Fins-CP	1:22.20
11 Wright, Jonah S	13 Tygers-CP	1:22.21
12 Harper, Zachary	13 Aqua Dolphin-CP	1:23.25
13 Fortune, Yaseen	13 Manta-CP	1:24.06
14 O'Neill, Teagan J	13 Pea-NM	1:26.16
15 Van Dyk, Stepiaan	13 Blouberg Marlins-CP	1:26.83
16 Liss, Logan A	13 USC-BU	1:27.01
17 Snyders, Reece	13 Uwc-CP	1:27.19

Event 309 Boys 14 Year Olds 100 LC Meter Backstroke

Name	AgeTeam	Finals Time
Finals		
1 Kotzè, Max M	14 Blouberg Marlins-CP	1:09.52
2 Njoroge, Alphonse	14 Curro Aquatics-CP	1:09.78
3 Vd Merwe, Thomas	14 Lane Leader-CE	1:12.07
4 Andrews, Carl R	14 Pea-NM	1:13.00
5 Yeowart, Seth W	14 Greydogs-CP	1:13.26
6 Cleophas, Kyle	14 Paarl Aquarius-CE	1:13.45
7 Lategan, Nicky N	14 Swartland Swim C-WC	1:16.10
8 Beukes, Jaden L	14 Walmers-CP	1:16.46

Event 309 Boys 14 Year Olds 100 LC Meter Backstroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Kotzè, Max M	14 Blouberg Marlins-CP	1:10.83
2 Njoroge, Alphonse	14 Curro Aquatics-CP	1:11.89
3 Williams, Evan B	14 SSISA-CP	1:12.34
4 Vd Merwe, Thomas	14 Lane Leader-CE	1:13.86
5 Yeowart, Seth W	14 Greydogs-CP	1:13.94
6 Andrews, Carl R	14 Pea-NM	1:14.04
7 Cleophas, Kyle	14 Paarl Aquarius-CE	1:15.95
8 Lategan, Nicky N	14 Swartland Swim C-WC	1:16.27
9 Beukes, Jaden L	14 Walmers-CP	1:16.84
10 Abrahams, Rayhan	14 Walmers-CP	1:17.24
11 Cilliers, Jannis N	14 FAAC	1:17.55
12 Spencer, Charles A	14 Vineyard-CP	1:17.85
13 Poggenpoel, Troy J	14 SSISA-CP	1:18.67
14 Taljaard, Jason	14 Quick Silver-CP	1:18.68
15 Pullock, Sam J	14 Curro Hermanus-OB	1:20.49
16 Meintjes, Christiaan	14 Players-CE	1:23.03

Event 309 Men 15 Year Olds 100 LC Meter Backstroke

Name	AgeTeam	Finals Time
Finals		
1 Van Helden, Ethan C	15 Aqua Sharks-CP	1:06.69
2 Walker, Yohan G	15 Vineyard-CP	1:08.60
3 Moolman, Carter S	15 Manta-CP	1:10.39
4 Viljoen, Jaden R	15 Aqua Sharks-CP	1:11.92
5 Kalapac, Joshua	15 Blouberg Marlins-CP	1:13.17
6 De Bruyn, Cornè C	15 Aqua Sharks-CP	1:13.46
7 Myburgh, Ruan	15 Blouberg Marlins-CP	1:13.68

Event 309 Men 15 Year Olds 100 LC Meter Backstroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Van Helden, Ethan C	15 Aqua Sharks-CP	1:07.56
2 Walker, Yohan G	15 Vineyard-CP	1:09.55
3 Moolman, Carter S	15 Manta-CP	1:11.50
4 Viljoen, Jaden R	15 Aqua Sharks-CP	1:13.35
5 Kalapac, Joshua	15 Blouberg Marlins-CP	1:14.29
6 De Bruyn, Cornè C	15 Aqua Sharks-CP	1:14.76
7 Myburgh, Ruan	15 Blouberg Marlins-CP	1:15.23

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Event 309 Men 16 Year Olds 100 LC Meter Backstroke

Name	AgeTeam	Finals Time
Finals		
1 Geysler, Jacques M	16 Lane Leader-CE	1:06.00
2 Möller, FC C	16 Tygers-CP	1:07.48
3 McPetrie, James L	16 Manta-CP	1:08.70
4 Karsten, Jody	16 Blouberg Marlins-CP	1:09.47
5 Alexander, Ammaar	16 Marlin-CP	1:13.08
6 Hewitt-Smook, Kristian	16 Swartland Swim C-WC	1:13.95

Event 309 Men 16 Year Olds 100 LC Meter Backstroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Möller, FC C	16 Tygers-CP	1:07.93
2 Geysler, Jacques M	16 Lane Leader-CE	1:08.41
3 McPetrie, James L	16 Manta-CP	1:09.24
4 Karsten, Jody	16 Blouberg Marlins-CP	1:10.56
5 Alexander, Ammaar	16 Marlin-CP	1:11.20
6 Hewitt-Smook, Kristian	16 Swartland Swim C-WC	1:15.38
--- Engelbrecht, Ruben J	16 Players-CE	NS

Event 309 Men 17-19 100 LC Meter Backstroke

Name	AgeTeam	Finals Time
Finals		
1 Barnard, Adam J	18 AQUA-BU	1:04.35
2 Wolfe, Matthew L	18 Infinity-NM	1:08.57
3 Peceur, Mark D	19 Paarl Aquarius-CE	1:09.00
4 Beukes, Mateo A	18 Walmers-CP	1:11.19
5 Den Haan, Stéfan	17 Quick Silver-CP	1:15.10

Event 309 Men 17-19 100 LC Meter Backstroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Peceur, Mark D	19 Paarl Aquarius-CE	1:09.53
2 Den Haan, Stéfan	17 Quick Silver-CP	1:14.33
3 Beukes, Mateo A	18 Walmers-CP	1:14.50
4 Wolfe, Matthew L	18 Infinity-NM	1:16.75
5 Barnard, Adam J	18 AQUA-BU	1:20.78

Event 310 Girls 11 & Under 100 LC Meter Backstroke

Name	AgeTeam	Finals Time
Finals		
1 Hamilton, Shalea M	11 Bay Eagle-NM	1:18.40
2 Olivier, Julie M	11 Tygers-CP	1:20.51
3 Boshoff, Anja	11 Tygers-CP	1:20.72
4 Roth, Elle	11 Pea-NM	1:22.01
5 Jansen van Rensburg, Mia	11 Vineyard-CP	1:22.89
6 Roff, Mikaela	11 ROA-ED	1:22.98
7 Sabbagha, Georgia	11 Paarl Aquarius-CE	1:24.39
8 McGluwa, Jovanah N	11 Curro Aquatics-CP	1:27.46

Event 310 Girls 11 & Under 100 LC Meter Backstroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Hamilton, Shalea M	11 Bay Eagle-NM	1:17.99
2 Boshoff, Anja	11 Tygers-CP	1:21.01
3 Olivier, Julie M	11 Tygers-CP	1:22.63
4 Roth, Elle	11 Pea-NM	1:23.31

5 Jansen van Rensburg, Mia	11 Vineyard-CP	1:23.39
6 Sabbagha, Georgia	11 Paarl Aquarius-CE	1:24.94
7 Roff, Mikaela	11 ROA-ED	1:25.08
8 McGluwa, Jovanah N	11 Curro Aquatics-CP	1:26.42
9 Odendaal, Sarah-Kate	11 Quick Silver-CP	1:26.42
10 Lockitch, Zara	11 Cybersmart-CP	1:26.47
11 Stevenson, Mikayla	11 Quick Silver-CP	1:27.73
12 Jantjies, Zara	11 Manta-CP	1:28.52
13 Christie, Laila A	11 USC-BU	1:28.53
14 Joyce, Jenna	11 Curro Aquatics-CP	1:29.89
15 Nel, Olivia	11 Curro-WC	1:30.46
16 Landsberg, Katryn L	11 Infinity-NM	1:30.81
17 Pieterse, Nina	11 DESA-NM	1:31.21
18 Billson, Amelie	11 Curro Aquatics-CP	1:32.14
19 Jordaan, Mikayla E	11 Greydogs-CP	1:33.28
20 Williams, Aqeelah	11 Uwc-CP	1:34.26
21 Jurgens, Chloe-Leigh	11 Manta-CP	1:36.66
22 Rosenstrauch, Lara	11 Helderberg Titan-CP	1:39.31
--- Burger, Johané	11 ROA-ED	DQ

Event 310 Girls 12 Year Olds 100 LC Meter Backstroke

Name	AgeTeam	Finals Time
Finals		
1 Van Dyk, Zani	12 Greydogs-CP	1:22.79
2 Thirsk, Savannah	12 Tygers-CP	1:23.25
3 De Beer, Isabella C	12 Quicksilver Wine-CE	1:23.61
4 Nienaber, Mila J	12 Quicksilver Wine-CE	1:24.97
5 Lombard, Mia	12 Harlequins-BU	1:26.59
6 Jooman, April R	12 Bay Eagle-NM	1:26.91
7 Minnaar, Amelia C	12 USC-BU	1:27.69
8 Flack, Francesca	12 Curro-WC	1:29.30

Event 310 Girls 12 Year Olds 100 LC Meter Backstroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Van Dyk, Zani	12 Greydogs-CP	1:23.09
2 De Beer, Isabella C	12 Quicksilver Wine-CE	1:24.65
3 Thirsk, Savannah	12 Tygers-CP	1:25.58
4 Jooman, April R	12 Bay Eagle-NM	1:26.60
5 Nienaber, Mila J	12 Quicksilver Wine-CE	1:27.04
6 Flack, Francesca	12 Curro-WC	1:27.43
7 Lombard, Mia	12 Harlequins-BU	1:27.74
8 Minnaar, Amelia C	12 USC-BU	1:29.38
9 Liebenberg, Aimee L	12 Swartland Swim C-WC	1:32.11

Event 310 Girls 13 Year Olds 100 LC Meter Backstroke

Name	AgeTeam	Finals Time
Finals		
1 Riley, Logan	13 Curro Aquatics-CP	1:16.93
2 Van Wyk, Katie R	13 Blouberg Marlins-CP	1:17.97
3 Basson, Lenè	13 Curro-WC	1:18.12
4 Fourie, Emma	13 Blouberg Marlins-CP	1:19.19
5 Fenner, Olivia M	13 Players-CE	1:20.58
6 Botha, Chelsea	13 Curro Aquatics-CP	1:21.28
7 O'Carroll, Nia E	13 Stellenbosch Aqu-CE	1:21.88
8 Myers, Kirsten E	13 SSISA-CP	1:23.50

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Results

Event 310 Girls 13 Year Olds 100 LC Meter Backstroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Van Wyk, Katie R	13 Blouberg Marlins-CP	1:17.72
2 Basson, Lenè	13 Curro-WC	1:17.88
3 Riley, Logan	13 Curro Aquatics-CP	1:20.03
4 Fourie, Emma	13 Blouberg Marlins-CP	1:20.50
5 Fenner, Olivia M	13 Players-CE	1:20.63
6 O'Carroll, Nia E	13 Stellenbosch Aqu-CE	1:22.49
7 Laubscher, Mikalla I	13 Aqua Sharks-CP	1:22.54
8 Myers, Kirsten E	13 SSISA-CP	1:22.78
9 Schäfer, Kyla	13 Knysna Aquatics-ED	1:23.20
10 Botha, Chelsea	13 Curro Aquatics-CP	1:24.46
11 O'Connor, Kayden C	13 Pea-NM	1:24.55
12 Welsh, Stacey A	13 Bay Eagle-NM	1:24.57
13 De Jager, Sophia	13 Curro Aquatics-CP	1:25.42
14 Samuels, Londyn	13 Paarl Aquarius-CE	1:26.27
15 Janse van Rensburg, Milan	13 Infinity-NM	1:26.54
16 Mudau, Takalani T	13 Vineyard-CP	1:28.47
17 Harper, Maddie I	13 Knysna Aquatics-ED	1:29.83
18 McAfee, Holly B	13 Fish Eagle-ED	1:30.81

Event 310 Girls 14 Year Olds 100 LC Meter Backstroke

Name	AgeTeam	Finals Time
Finals		
1 Vd Merwe, Mi-Ly	14 Lane Leader-CE	1:14.83
2 Strong, Ava J	14 Pea-NM	1:16.53
3 Kruger, Kate-Lynn M	14 DESA-NM	1:16.88
4 Holthuis, Keilah-Naomi	14 Quicksilver Wine-CE	1:18.88
5 Rossouw, Cara	14 Tygers-CP	1:20.44
6 Blake, Abi E	14 Greydogs-CP	1:20.71
7 Munro, Abigail	14 USC-BU	1:21.64
8 Hagglund, Emma H	14 SSISA-CP	1:23.87

Event 310 Girls 14 Year Olds 100 LC Meter Backstroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Vd Merwe, Mi-Ly	14 Lane Leader-CE	1:14.29
2 Strong, Ava J	14 Pea-NM	1:17.73
3 Kruger, Kate-Lynn M	14 DESA-NM	1:19.07
4 Holthuis, Keilah-Naomi	14 Quicksilver Wine-CE	1:19.11
5 Blake, Abi E	14 Greydogs-CP	1:21.41
6 Rossouw, Cara	14 Tygers-CP	1:21.89
7 Munro, Abigail	14 USC-BU	1:22.44
8 Hagglund, Emma H	14 SSISA-CP	1:24.12
9 Kleynhans, Sian	14 ROA-ED	1:24.56
10 Baillie, Gabi J	14 ROA-ED	1:26.15
11 Adams, Sydni M	14 Vineyard-CP	1:26.82
--- De Oliveira, Aliyah	14 Tygers-CP	NS

Event 310 Women 15 Year Olds 100 LC Meter Backstroke

Name	AgeTeam	Finals Time
Finals		
1 Smith, Lara E	15 Tygers-CP	1:15.11
2 Wium, Mari	15 Quicksilver Wine-CE	1:15.45
3 Rossouw, Emma M	15 Tygers-CP	1:16.40

4 Louw, Lume L	15 USC-BU	1:18.28
5 Borman, Jani	15 Swartland Swim C-WC	1:18.56
6 Ogden, Lily	15 Pea-NM	1:19.97
7 Stevens, Judy C	15 Quick Silver-CP	1:24.77

Event 310 Women 15 Year Olds 100 LC Meter Backstroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Wium, Mari	15 Quicksilver Wine-CE	1:15.65
2 Smith, Lara E	15 Tygers-CP	1:16.94
3 Rossouw, Emma M	15 Tygers-CP	1:17.27
4 Louw, Lume L	15 USC-BU	1:17.98
5 Borman, Jani	15 Swartland Swim C-WC	1:19.11
6 Ogden, Lily	15 Pea-NM	1:21.08
7 Serfontein, Christi	15 Quick Silver-CP	1:22.30
8 Stevens, Judy C	15 Quick Silver-CP	1:23.28
9 Bosman, Jessica A	15 Quick Silver-CP	1:24.48
--- Visser, Sandri	15 Players-CE	NS

Event 310 Women 16 Year Olds 100 LC Meter Backstroke

Name	AgeTeam	Finals Time
Finals		
1 Ryser, Aurora	16 Tygers-CP	1:14.27
2 De Beer, Anri	16 Infinity-NM	1:18.01
3 Vd Westhuizen, Joy	16 Aqua Dolphin-CP	1:20.47
4 Voges, Jhoanè E	16 Quick Silver-CP	1:24.79
5 Jeftha, Zara L	16 Marlin-CP	1:33.64

Event 310 Women 16 Year Olds 100 LC Meter Backstroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Ryser, Aurora	16 Tygers-CP	1:15.53
2 Vd Westhuizen, Joy	16 Aqua Dolphin-CP	1:20.46
3 De Beer, Anri	16 Infinity-NM	1:22.14
4 Voges, Jhoanè E	16 Quick Silver-CP	1:22.57
5 Jeftha, Zara L	16 Marlin-CP	1:29.36

Event 310 Women 17-19 100 LC Meter Backstroke

Name	AgeTeam	Finals Time
Finals		
1 Murray, Rachel T	17 Harlequins-BU	1:14.00
2 Rossouw, Nadia	17 Tygers-CP	1:17.13
3 Beatt, Emily R	17 Pea-NM	1:18.31
4 Bulose, Megan	19 Uwc-CP	1:21.23
5 Wyngaard, Dakota J	17 Quick Silver-CP	1:22.34
6 Micklethwaite, Skye T	17 SSISA-CP	1:23.24

Event 310 Women 17-19 100 LC Meter Backstroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Murray, Rachel T	17 Harlequins-BU	1:15.51
2 Rossouw, Nadia	17 Tygers-CP	1:17.93
3 Beatt, Emily R	17 Pea-NM	1:18.48
4 Micklethwaite, Skye T	17 SSISA-CP	1:19.49
5 Wyngaard, Dakota J	17 Quick Silver-CP	1:21.02
6 Bulose, Megan	19 Uwc-CP	1:21.47

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Results

Event 310S Women 19 & Under 100 LC Meter Backstroke Swim-off

Name	AgeTeam	Finals Time
- Swim-off		
1 McGluwa, Jovanah N	11 Curro Aquatics-CP	1:27.56
2 Odendaal, Sarah-Kate	11 Quick Silver-CP	1:27.77

Event 311 Boys 14 & Under 100 LC Meter Backstroke Multi-Class Para

Name	AgeTeam	Finals Time
Finals		
1 Pardoe, James N S15	12 Greydogs-CP	1:37.86
2 Hartwig, Connor M S6	12 Harlequins-BU	2:24.34

Event 311 Boys 14 & Under 100 LC Meter Backstroke Multi-Class Para

Name	AgeTeam	Prelim Time
Preliminaries		
1 Pardoe, James N S15	12 Greydogs-CP	1:35.20
2 Hartwig, Connor M S6	12 Harlequins-BU	2:22.76

Event 312 Women 15-99 100 LC Meter Backstroke Multi-Class Para

Name	AgeTeam	Finals Time
Finals		
1 Du Toit, Naseerah S8	15 Uwc-CP	1:51.79

Event 312 Women 15-99 100 LC Meter Backstroke Multi-Class Para

Name	AgeTeam	Prelim Time
Preliminaries		
1 Du Toit, Naseerah S8	15 Uwc-CP	1:49.23

Event 313 Boys 11 & Under 200 LC Meter IM

Name	AgeTeam	Finals Time
Finals		
1 Bright, Michael C	11 Curro Aquatics-CP	2:47.09
2 Schaefer, Daniel C	11 Players-CE	2:49.74
3 Wagener, Tiaan H	11 Aquasharks Winel-CE	2:51.04
4 Green, Aiden J	11 Bay Eagle-NM	2:51.54
5 Barnard, Theo J	11 Swartland Swim C-WC	2:53.77
6 Bosch, Ewan Y	11 Tygers-CP	2:54.47
7 Vd Watt, Earle	11 Greydogs-CP	2:58.85
8 Kruger, Zachary C	11 Swartland Swim C-WC	3:02.94

Event 313 Boys 11 & Under 200 LC Meter IM

Name	AgeTeam	Prelim Time
Preliminaries		
1 Bright, Michael C	11 Curro Aquatics-CP	2:50.71
2 Green, Aiden J	11 Bay Eagle-NM	2:52.46
3 Schaefer, Daniel C	11 Players-CE	2:53.06
4 Wagener, Tiaan H	11 Aquasharks Winel-CE	2:53.76
5 Bosch, Ewan Y	11 Tygers-CP	2:55.10
6 Barnard, Theo J	11 Swartland Swim C-WC	2:55.81
7 Kruger, Zachary C	11 Swartland Swim C-WC	2:58.83
8 Vd Watt, Earle	11 Greydogs-CP	2:59.09
9 van Rensburg, Tristan	11 Greydogs-CP	2:59.12
10 February, Dillon S	11 Curro Aquatics-CP	3:00.56
11 Schemel, Brody L	11 Harlequins-BU	3:00.80
12 Van Onselen, Pierre S	11 Tygers-CP	3:01.92
13 Barnard, Daniël B	11 Quick Silver-CP	3:02.45
14 Verdon, Daniel E	11 Infinity-NM	3:04.42

15 Jacobs, Seth G	11 Manta-CP	3:05.72
16 Stander, Christiaan L	11 Aquasharks Winel-CE	3:06.91
17 Schoeman, Mateo J	10 DESA-NM	3:07.73
18 Joyce, Guy	10 Curro Aquatics-CP	3:10.34
19 Boshoff, Mickayle C	11 Knysna Aquatics-ED	3:11.26
20 Goliath, Cooper C	11 USC-BU	3:11.98
21 Lewis, Amaru C	11 Paarl Aquarius-CE	3:12.76
22 Daniels, Tylan H	11 Aqua Dolphin-CP	3:13.92
23 Viljoen, Jagger F	11 Aqua Sharks-CP	3:14.17
24 Titus, Brody	11 Paarl Aquarius-CE	3:15.20
25 Rosser, Mark J	11 Infinity-NM	3:18.41
26 Lategan, Wessel W	11 Swartland Swim C-WC	3:19.76

Event 313 Boys 12 Year Olds 200 LC Meter IM

Name	AgeTeam	Finals Time
Finals		
1 Coleman, Travis	12 Blouberg Marlins-CP	2:49.09
2 Mccollum, Aiden I	12 Aqua Dolphin-CP	2:55.77
3 Smit, Christian F	12 ROA-ED	2:58.45
4 Spencer, Marcus W	12 Vineyard-CP	2:59.86
5 Williams, Dante E	12 Bay Eagle-NM	3:00.37
6 Coates, Caleb	12 Fish Eagle-ED	3:04.41
7 Stead, Nathan J	12 Harlequins-BU	3:06.10
8 Ramorwesi, Oratilwe M	12 Swimlab-CP	3:07.17

Event 313 Boys 12 Year Olds 200 LC Meter IM

Name	AgeTeam	Prelim Time
Preliminaries		
1 Coleman, Travis	12 Blouberg Marlins-CP	2:50.26
2 Mccollum, Aiden I	12 Aqua Dolphin-CP	2:57.92
3 Spencer, Marcus W	12 Vineyard-CP	2:59.10
4 Coates, Caleb	12 Fish Eagle-ED	3:01.65
5 Stead, Nathan J	12 Harlequins-BU	3:02.74
6 Williams, Dante E	12 Bay Eagle-NM	3:03.00
7 Smit, Christian F	12 ROA-ED	3:03.68
8 Ramorwesi, Oratilwe M	12 Swimlab-CP	3:04.26
9 Heunis, Le Roux	12 Tygers-CP	3:05.16
10 Fortune, Hakeem	12 Manta-CP	3:15.92
11 Baadjies, Cruden H	12 Paarl Aquarius-CE	3:22.39
12 Naude, AJ J	12 Agulhas-OB	3:28.14

Event 313 Boys 13 Year Olds 200 LC Meter IM

Name	AgeTeam	Finals Time
Finals		
1 Pieterse, Marcelle J	13 Xcel Swim Academ-CP	2:39.34
2 Afonso, Aragon G	13 Quick Silver-CP	2:40.99
3 Swanepoel, Ewald	13 Fish Eagle-ED	2:41.36
4 Rheeder, Liam M	13 Paarl Aquarius-CE	2:42.52
5 Palmer, Travis I	13 Pea-NM	2:44.59
6 Coetzee, Sion M	13 Quick Silver-CP	2:44.86
7 Peters, Stijn J	13 USC-BU	2:51.61
8 Van Wyk, Jack R	13 Curro Aquatics-CP	2:52.30

Event 313 Boys 13 Year Olds 200 LC Meter IM

Name	AgeTeam	Prelim Time
Preliminaries		
1 Swanepoel, Ewald	13 Fish Eagle-ED	2:42.18
2 Pieterse, Marcelle J	13 Xcel Swim Academ-CP	2:42.47

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Results

Preliminaries ... (Event 313 Boys 13 Year Olds 200 LC Meter IM)

Name	AgeTeam	Prelim Time
3 Rheeder, Liam M	13 Paarl Aquarius-CE	2:44.08
4 Palmer, Travis I	13 Pea-NM	2:44.90
5 Van Wyk, Jack R	13 Curro Aquatics-CP	2:45.90
6 Peters, Stijn J	13 USC-BU	2:47.10
7 Afonso, Aragon G	13 Quick Silver-CP	2:47.30
8 Coetzee, Sion M	13 Quick Silver-CP	2:51.09
9 van Wyk, Tariq K	13 Barracudas-CP	2:51.77
10 Grobler, Chris I	13 Curro Aquatics-CP	2:52.32
11 Smit, Reynard-Gray	13 Silver Fins-CP	2:52.83
12 Addinall, Ethan	13 Manta-CP	2:53.46
13 Booth, Jake J	13 VIKI-BU	2:54.62
14 Ramashamole, Junior V	13 Harlequins-BU	2:55.47
15 Hodge, Cameron P	13 Lane Leader-CE	2:57.35
16 Visser, Wessel M	13 Uwc-CP	2:58.07
17 Markotter, D-J R	13 Infinity-NM	2:59.78
18 Cook, Jedd R	13 USC-BU	3:03.81
19 Van Dyk, Stephaan	13 Blouberg Marlins-CP	3:04.90
20 Fortune, Yaseen	13 Manta-CP	3:08.49
21 Gomez, Alex W	13 Marlin-CP	3:10.31
22 Hough, Caleb	13 Curro-WC	3:29.42

Event 313 Boys 14 Year Olds 200 LC Meter IM

Name	AgeTeam	Finals Time
1 Waters, Steven G	14 Lane Leader-CE	2:34.18
2 Williams, Evan B	14 SSISA-CP	2:35.84
3 Rosslee, Christian F	14 Quicksilver Wine-CE	2:36.34
4 Yeowart, Seth W	14 Greydogs-CP	2:36.75
5 Liedeman, Mark	14 Swartland Swim C-WC	2:40.58
6 Kotzè, Max M	14 Blouberg Marlins-CP	2:41.43
7 Beukes, Jaden L	14 Walmers-CP	2:41.87
8 Poggenpoel, Troy J	14 SSISA-CP	2:42.34

Event 313 Boys 14 Year Olds 200 LC Meter IM

Name	AgeTeam	Prelim Time
1 Waters, Steven G	14 Lane Leader-CE	2:35.19
2 Williams, Evan B	14 SSISA-CP	2:36.34
3 Yeowart, Seth W	14 Greydogs-CP	2:37.07
4 Rosslee, Christian F	14 Quicksilver Wine-CE	2:37.46
5 Kotzè, Max M	14 Blouberg Marlins-CP	2:38.14
6 Poggenpoel, Troy J	14 SSISA-CP	2:39.05
7 Beukes, Jaden L	14 Walmers-CP	2:41.40
8 Liedeman, Mark	14 Swartland Swim C-WC	2:41.57
9 Vd Merwe, Thomas	14 Lane Leader-CE	2:43.18
10 Minnaar, Nicolas	14 Tygers-CP	2:44.02
11 Lategan, Nicky N	14 Swartland Swim C-WC	2:44.37
12 Cilliers, Jannis N	14 FAAC	2:44.84
13 Pullock, Sam J	14 Curro Hermanus-OB	2:46.68
14 Njoroge, Alphonse	14 Curro Aquatics-CP	2:47.44
15 Nagelgaard, Andreas	14 Aqua Dolphin-CP	2:48.41
16 Cleophas, Kyle	14 Paarl Aquarius-CE	2:50.09
17 Spencer, Charles A	14 Vineyard-CP	2:51.08
18 Basson, Trishaun T	14 Marlin-CP	3:10.35

Event 313 Men 15 Year Olds 200 LC Meter IM

Name	AgeTeam	Finals Time
1 Van Helden, Ethan C	15 Aqua Sharks-CP	2:28.54
2 Heyes, Garrick T	15 Aqua Sharks-CP	2:28.84
3 Pautz, Nathan M	15 Blouberg Marlins-CP	2:29.51
4 Burger, Rosseau	15 Lane Leader-CE	2:30.18
5 Atkinson, Samuel A	15 Swartland Swim C-WC	2:32.76
6 Myburgh, Ruan	15 Blouberg Marlins-CP	2:37.10
7 Moolman, Carter S	15 Manta-CP	2:40.95
8 Kalapac, Joshua	15 Blouberg Marlins-CP	2:43.84

Event 313 Men 15 Year Olds 200 LC Meter IM

Name	AgeTeam	Prelim Time
1 Van Helden, Ethan C	15 Aqua Sharks-CP	2:32.04
2 Atkinson, Samuel A	15 Swartland Swim C-WC	2:32.13
3 Pautz, Nathan M	15 Blouberg Marlins-CP	2:32.30
4 Heyes, Garrick T	15 Aqua Sharks-CP	2:32.57
5 Burger, Rosseau	15 Lane Leader-CE	2:34.62
6 Myburgh, Ruan	15 Blouberg Marlins-CP	2:35.08
7 Moolman, Carter S	15 Manta-CP	2:40.08
8 Kalapac, Joshua	15 Blouberg Marlins-CP	2:40.46

Event 313 Men 16 Year Olds 200 LC Meter IM

Name	AgeTeam	Finals Time
1 Möller, FC C	16 Tygers-CP	2:25.97
2 McPetrie, James L	16 Manta-CP	2:28.02
3 Karsten, Jody	16 Blouberg Marlins-CP	2:28.39
4 Alexander, Ammaar	16 Marlin-CP	2:28.91
5 Prime, Liam	16 USC-BU	2:33.24
6 Zellie, Thomas J	16 Swimlab-CP	2:33.95
7 Hewitt-Smook, Kristian	16 Swartland Swim C-WC	2:44.22

Event 313 Men 16 Year Olds 200 LC Meter IM

Name	AgeTeam	Prelim Time
1 Alexander, Ammaar	16 Marlin-CP	2:30.02
2 McPetrie, James L	16 Manta-CP	2:30.56
3 Zellie, Thomas J	16 Swimlab-CP	2:30.94
4 Prime, Liam	16 USC-BU	2:31.09
5 Karsten, Jody	16 Blouberg Marlins-CP	2:31.71
6 Möller, FC C	16 Tygers-CP	2:31.73
7 Hewitt-Smook, Kristian	16 Swartland Swim C-WC	2:43.81
--- Engelbrecht, Ruben J	16 Players-CE	NS

Event 313 Men 17-19 200 LC Meter IM

Name	AgeTeam	Finals Time
1 Barnard, Adam J	18 AQUA-BU	2:34.89
2 Den Haan, Stèfan	17 Quick Silver-CP	2:39.28

Event 313 Men 17-19 200 LC Meter IM

Name	AgeTeam	Prelim Time
1 Den Haan, Stèfan	17 Quick Silver-CP	2:39.38
2 Barnard, Adam J	18 AQUA-BU	2:49.17

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Results

Event 314 Girls 11 & Under 200 LC Meter IM

Name	AgeTeam	Finals Time
Finals		
1 Hamilton, Shalea M	11 Bay Eagle-NM	2:48.34
2 Williams, Aqeelah	11 Uwc-CP	2:51.59
3 Olivier, Julie M	11 Tygers-CP	2:51.72
4 Joyce, Jenna	11 Curro Aquatics-CP	2:53.17
5 Greyvenstein, Hayley	10 USC-BU	2:57.83
6 Roff, Mikaela	11 ROA-ED	3:01.63
7 Julies, Grace J	11 Xcel Swim Academ-CP	3:03.05
8 Lockitch, Zara	11 Cybersmart-CP	3:03.25

Event 314 Girls 11 & Under 200 LC Meter IM

Name	AgeTeam	Prelim Time
Preliminaries		
1 Hamilton, Shalea M	11 Bay Eagle-NM	2:50.43
2 Olivier, Julie M	11 Tygers-CP	2:55.14
3 Joyce, Jenna	11 Curro Aquatics-CP	2:58.16
4 Williams, Aqeelah	11 Uwc-CP	2:58.71
5 Roff, Mikaela	11 ROA-ED	3:00.46
6 Horn, Anna	11 Xcel Swim Academ-CP	3:02.26
7 Lockitch, Zara	11 Cybersmart-CP	3:03.84
8 Julies, Grace J	11 Xcel Swim Academ-CP	3:04.26
9 Greyvenstein, Hayley	10 USC-BU	3:05.46
10 Chibharo, Lethabo L	11 Tygers-CP	3:07.79
11 Boshoff, Anja	11 Tygers-CP	3:09.58
12 Anthony, Jazmin A	11 Paarl Aquarius-CE	3:09.97
13 Jantjies, Zara	11 Manta-CP	3:10.29
14 Roth, Elle	11 Pea-NM	3:10.60
15 Pieterse, Nina	11 DESA-NM	3:13.06
16 Nel, Olivia	11 Curro-WC	3:13.88
17 Burger, Johané	11 ROA-ED	3:14.07
18 Billson, Amelie	11 Curro Aquatics-CP	3:16.40
19 Christie, Laila A	11 USC-BU	3:17.26
20 Odendaal, Sarah-Kate	11 Quick Silver-CP	3:18.20
21 Jordaan, Mikayla E	11 Greydogs-CP	3:18.54
22 Stevenson, Mikayla	11 Quick Silver-CP	3:18.98
23 Jansen van Rensburg, Mia	11 Vineyard-CP	3:19.02
24 Els, Jamie	11 Aqua Dolphin-CP	3:19.83
25 Jurgens, Chloe-Leigh	11 Manta-CP	3:20.08
26 Ristow, Emma K	11 USC-BU	3:26.92
27 Steyn, Nee'lah	11 Uwc-CP	3:28.65
28 Terwin, Brooklyn	11 USC-BU	3:32.71
--- Kalapac, Lexi	11 Blouberg Marlins-CP	NS

Event 314 Girls 12 Year Olds 200 LC Meter IM

Name	AgeTeam	Finals Time
Finals		
1 Jooman, April R	12 Bay Eagle-NM	2:57.45
2 Charles, Tyla	12 Vineyard-CP	2:59.16
3 Stilwaney, Mia C	12 Paarl Aquarius-CE	3:03.44
4 Sonnekus, Anya	12 Tygers-CP	3:04.50
5 Van Dyk, Zani	12 Greydogs-CP	3:07.57
6 Govender, Gabi R	12 Infinity-NM	3:08.68
7 Mare, Isabella	12 Greydogs-CP	3:12.18
8 Thirsk, Savannah	12 Tygers-CP	3:20.33

Event 314 Girls 12 Year Olds 200 LC Meter IM

Name	AgeTeam	Prelim Time
Preliminaries		
1 Jooman, April R	12 Bay Eagle-NM	2:59.74
2 Stilwaney, Mia C	12 Paarl Aquarius-CE	3:02.42
3 Van Dyk, Zani	12 Greydogs-CP	3:02.67
4 Charles, Tyla	12 Vineyard-CP	3:02.82
5 Sonnekus, Anya	12 Tygers-CP	3:05.91
6 Mare, Isabella	12 Greydogs-CP	3:08.65
7 Govender, Gabi R	12 Infinity-NM	3:09.61
8 Nienaber, Mila J	12 Quicksilver Wine-CE	3:09.65
9 Botha, Rebecca P	12 Knysna Aquatics-ED	3:18.48
10 Thirsk, Savannah	12 Tygers-CP	3:18.78
11 De Beer, Isabella C	12 Quicksilver Wine-CE	3:21.03
12 Liebenberg, Aimee L	12 Swartland Swim C-WC	3:27.17

Event 314 Girls 13 Year Olds 200 LC Meter IM

Name	AgeTeam	Finals Time
Finals		
1 Laubscher, Mikalla I	13 Aqua Sharks-CP	2:45.60
2 Schäfer, Kyla	13 Knysna Aquatics-ED	2:50.13
3 Van Zyl, Minette M	13 Infinity-NM	2:50.15
4 Van Wyk, Katie R	13 Blouberg Marlins-CP	2:50.96
5 O'Connor, Kayden C	13 Pea-NM	2:51.67
6 Burger, Juanè	13 Tygers-CP	2:53.22
7 O'Carroll, Nia E	13 Stellenbosch Aqu-CE	2:55.28
8 Basson, Lenè	13 Curro-WC	2:57.38

Event 314 Girls 13 Year Olds 200 LC Meter IM

Name	AgeTeam	Prelim Time
Preliminaries		
1 Laubscher, Mikalla I	13 Aqua Sharks-CP	2:49.98
2 Van Wyk, Katie R	13 Blouberg Marlins-CP	2:52.40
3 Schäfer, Kyla	13 Knysna Aquatics-ED	2:53.48
4 Van Zyl, Minette M	13 Infinity-NM	2:53.92
5 Burger, Juanè	13 Tygers-CP	2:54.08
6 Basson, Lenè	13 Curro-WC	2:55.56
7 O'Carroll, Nia E	13 Stellenbosch Aqu-CE	2:55.80
8 O'Connor, Kayden C	13 Pea-NM	2:56.56
9 Mudau, Takalani T	13 Vineyard-CP	2:59.17
10 De Jager, Sophia	13 Curro Aquatics-CP	2:59.52
11 Thirsk, Madison	13 Tygers-CP	2:59.82
12 Atkinson, Anouk E	13 Swartland Swim C-WC	3:04.29
13 Welsh, Stacey A	13 Bay Eagle-NM	3:05.12
14 Botha, Chelsea	13 Curro Aquatics-CP	3:05.45
15 Weimann, Erin J	13 USC-BU	3:05.94
16 Riley, Logan	13 Curro Aquatics-CP	3:06.11
17 Fourie, Emma	13 Blouberg Marlins-CP	3:09.23

Event 314 Girls 14 Year Olds 200 LC Meter IM

Name	AgeTeam	Finals Time
Finals		
1 Senekal, Margo	14 Tygers-CP	2:43.79
2 Kruger, Kate-Lynn M	14 DESA-NM	2:44.31
3 Rossouw, Cara	14 Tygers-CP	2:46.04
4 Holthuis, Keilah-Naomi	14 Quicksilver Wine-CE	2:46.59

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Finals ... (Event 314 Girls 14 Year Olds 200 LC Meter IM)

Name	AgeTeam	Finals Time
5 Kleynhans, Sian	14 ROA-ED	2:59.79
6 Munro, Abigail	14 USC-BU	2:59.98
7 Baillie, Gabi J	14 ROA-ED	3:06.21
--- Van Niekerk, Ona	14 Knysna Aquatics-ED	NS

Event 314 Girls 14 Year Olds 200 LC Meter IM

Name	AgeTeam	Prelim Time
Preliminaries		
1 Rossouw, Cara	14 Tygers-CP	2:48.10
2 Holthuis, Keilah-Naomi	14 Quicksilver Wine-CE	2:48.58
3 Kruger, Kate-Lynn M	14 DESA-NM	2:48.68
4 Geysler, Almi	14 Lane Leader-CE	2:51.07
5 Strong, Ava J	14 Pea-NM	2:53.31
6 Senekal, Margo	14 Tygers-CP	2:53.87
7 Vd Merwe, Mi-Ly	14 Lane Leader-CE	2:55.21
8 Munro, Abigail	14 USC-BU	2:56.60
9 Van Niekerk, Ona	14 Knysna Aquatics-ED	2:56.63
10 Hagglund, Emma H	14 SSISA-CP	2:56.64
11 Kleynhans, Sian	14 ROA-ED	2:57.56
12 Baillie, Gabi J	14 ROA-ED	3:11.99
13 Davies, Jessica A	14 VIKI-BU	3:16.46
--- De Oliveira, Aliyah	14 Tygers-CP	NS

Event 314 Women 15 Year Olds 200 LC Meter IM

Name	AgeTeam	Finals Time
Finals		
1 Borman, Jani	15 Swartland Swim C-WC	2:43.22
2 Liebenberg, Emily M	15 Swartland Swim C-WC	2:43.40
3 Wium, Mari	15 Quicksilver Wine-CE	2:46.86
4 Rossouw, Emma M	15 Tygers-CP	2:52.12
5 Louw, Lume L	15 USC-BU	2:55.25
6 Serfontein, Christi	15 Quick Silver-CP	2:55.64
7 Schreuder, Hannah G	15 Swimlab-CP	2:55.68
8 Bosman, Jessica A	15 Quick Silver-CP	2:57.80

Event 314 Women 15 Year Olds 200 LC Meter IM

Name	AgeTeam	Prelim Time
Preliminaries		
1 Liebenberg, Emily M	15 Swartland Swim C-WC	2:44.34
2 Borman, Jani	15 Swartland Swim C-WC	2:46.79
3 Wium, Mari	15 Quicksilver Wine-CE	2:47.59
4 Rossouw, Emma M	15 Tygers-CP	2:50.68
5 Serfontein, Christi	15 Quick Silver-CP	2:51.43
6 Bosman, Jessica A	15 Quick Silver-CP	2:55.40
7 Louw, Lume L	15 USC-BU	2:56.10
8 Schreuder, Hannah G	15 Swimlab-CP	2:56.32
9 Stevens, Judy C	15 Quick Silver-CP	2:56.69

Event 314 Women 16 Year Olds 200 LC Meter IM

Name	AgeTeam	Finals Time
Finals		
1 Ryser, Aurora	16 Tygers-CP	2:43.82
2 Witten, Hannah	16 Aqua Dolphin-CP	2:47.76
3 Voges, Jhoanè E	16 Quick Silver-CP	2:59.49
4 Du Toit, Yusrah	16 Uwc-CP	3:02.83

Event 314 Women 16 Year Olds 200 LC Meter IM

Name	AgeTeam	Prelim Time
Preliminaries		
1 Ryser, Aurora	16 Tygers-CP	2:44.21
2 Witten, Hannah	16 Aqua Dolphin-CP	2:48.55
3 Du Toit, Yusrah	16 Uwc-CP	2:59.55
4 Voges, Jhoanè E	16 Quick Silver-CP	3:03.56

Event 314 Women 17-19 200 LC Meter IM

Name	AgeTeam	Finals Time
Finals		
1 Rossouw, Nadia	17 Tygers-CP	2:43.93
2 Lindstrom, Jorja P	17 Harlequins-BU	2:45.29
3 Murray, Rachel T	17 Harlequins-BU	2:46.54
4 Micklethwaite, Skye T	17 SSISA-CP	2:50.81
5 Sabbagha, Annè	18 Paarl Aquarius-CE	2:52.41
6 Van Eeden, Alne	17 Pea-NM	2:52.61
7 Herbst, Mienke	17 SSISA-CP	2:53.30
8 Theron, Yedidah	18 ROA-ED	2:54.70

Event 314 Women 17-19 200 LC Meter IM

Name	AgeTeam	Prelim Time
Preliminaries		
1 Rossouw, Nadia	17 Tygers-CP	2:46.40
2 Lindstrom, Jorja P	17 Harlequins-BU	2:47.99
3 Murray, Rachel T	17 Harlequins-BU	2:48.01
4 Theron, Yedidah	18 ROA-ED	2:49.89
5 Micklethwaite, Skye T	17 SSISA-CP	2:52.07
6 Sabbagha, Annè	18 Paarl Aquarius-CE	2:52.28
7 Herbst, Mienke	17 SSISA-CP	2:53.35
8 Van Eeden, Alne	17 Pea-NM	2:54.51
9 Rinquest, Aqeelah	17 Marlin-CP	3:02.14

Event 315 Men 12 & Under 4x50 LC Meter Freestyle Relay 4 x 50 Free F

Team	Relay	Finals Time
1 Curro Aquatics-CP	A	2:14.69
1) Bright, Michael C 11	2) Douries, Ean 12	
3) Joyce, Guy 10	4) February, Dillon S 11	
2 Paarl Aquarius-CE	A	2:24.40
1) Lewis, Amaru C 11	2) Cleophas, Lee L 12	
3) Baadjies, Cruden H 12	4) Titus, Brody 11	

Event 316 Women 12 & Under 4x50 LC Meter Freestyle Relay 4 x 50 Fre

Team	Relay	Finals Time
1 Tygers-CP	A	2:18.97
1) Sonnekus, Anya 12	2) Thirsk, Savannah 12	
3) Boshoff, Anja 11	4) Olivier, Julie M 11	
--- USC-BU	A	NS
1) Lottering, Eirley 12	2) Christie, Laila A 11	
3) Minnaar, Amelia C 12	4) Greyvenstein, Hayley 10	

Event 317 Men 13-15 4x50 LC Meter Freestyle Relay 4 x 50 Free Relay

Team	Relay	Finals Time
1 Aqua Sharks-CP	A	1:48.62
1) Viljoen, Jaden R 15	2) De Bruyn, Cornè C 15	
3) Heyes, Garrick T 15	4) Van Helden, Ethan C 15	
2 Blouberg Marlins-CP	A	1:50.12
1) Kotzè, Max M 14	2) Myburgh, Ruan 15	
3) Pautz, Nathan M 15	4) Kalapac, Joshua 15	

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Event 317 Men 13-15 4x50 LC Meter Freestyle Relay 4 x 50 Free Relay

Team	Relay	Finals Time
3 Lane Leader-CE	A	1:56.04
1) Vd Merwe, Thomas 14	2) Waters, Steven G 14	
3) Burger, Rosseau 15	4) Hodge, Cameron P 13	
4 Curro Aquatics-CP	A	2:00.11
1) Van Wyk, Jack R 13	2) Grobler, Chris I 13	
3) Njoroge, Alphonse 14	4) Krause, Luke 13	
5 Pea-NM	A	2:01.32
1) Andrews, Carl R 14	2) Fang, Ethan Y 13	
3) Palmer, Travis I 13	4) O'Neill, Teagan J 13	
6 Quick Silver-CP	A	2:03.96
1) Taljaard, Jason 14	2) Afonso, Aragon G 13	
3) Joubert, Wian 12	4) Coetzee, Sion M 13	
7 USC-BU	A	2:12.50
1) Liss, Logan A 13	2) Goliath, Cooper C 11	
3) Lubbe, Alex C 12	4) Peters, Stijn J 13	

Event 318 Women 13-15 4x50 LC Meter Freestyle Relay 4 x 50 Free Rel

Team	Relay	Finals Time
1 Tygers-CP	A	2:06.26
1) Senekal, Margo 14	2) Burger, Juanè 13	
3) De Oliveira, Aliyah 14	4) Smith, Lara E 15	
2 Vineyard-CP	A	2:06.65
1) Charles, Tyla 12	2) Jansen van Rensburg, Mia 11	
3) Mudau, Takalani T 13	4) Adams, Sydni M 14	
3 Swartland Swim C-WC	A	2:07.59
1) Borman, Jani 15	2) Atkinson, Anouk E 13	
3) Barnard, Adelmari D 14	4) Liebenberg, Emily M 15	
4 Pea-NM	A	2:10.16
1) Ogden, Lily 15	2) Strong, Ava J 14	
3) Roth, Elle 11	4) O'Connor, Kayden C 13	
5 Infinity-NM	A	2:11.07
1) Janse van Rensburg, Milan 13	2) Van Zyl, Minette M 13	
3) Landsberg, Katryn L 11	4) Govender, Gabi R 12	
6 Quick Silver-CP	A	2:11.50
1) Odendaal, Sarah-Kate 11	2) Serfontein, Christi 15	
3) Bosman, Jessica A 15	4) Stevens, Judy C 15	
7 Curro Aquatics-CP	A	2:12.02
1) Riley, Logan 13	2) Joyce, Jenna 11	
3) Botha, Chelsea 13	4) De Jager, Sophia 13	
8 Paarl Aquarius-CE	A	2:14.36
1) Samuels, Londyn 13	2) Sabbagha, Georgia 11	
3) Anthony, Jazmin A 11	4) Stilwaney, Mia C 12	

Event 319 Men 16-19 4x50 LC Meter Freestyle Relay 4 x 50 Free Relay

Team	Relay	Finals Time
1 Pea-NM	A	1:49.58
1) Hiten, Darius 18	2) Hlangothi, Munguni S 16	
3) Basson, Zethan L 13	4) Heine, Jett C 14	
2 Swartland Swim C-WC	A	1:54.24
1) Atkinson, Samuel A 15	2) Liedeman, Mark 14	
3) Lategan, Nicky N 14	4) Hewitt-Smook, Kristian 16	

Event 320 Women 16-19 4x50 LC Meter Freestyle Relay 4 x 50 Free Rel

Team	Relay	Finals Time
1 Tygers-CP	A	2:02.89
1) Ryser, Aurora 16	2) Thirsk, Madison 13	
3) Rossouw, Emma M 15	4) Rossouw, Nadia 17	

2 Pea-NM	A	2:03.53
1) Ogden, Amber 17	2) Van Eeden, Alne 17	
3) Tweedie, Scarlet S 16	4) Beatt, Emily R 17	

Event 321 Mixed 12 & Under 4x50 LC Meter Medley Relay 4 x 50 Mixed

Team	Relay	Finals Time
1 Bay Eagle-NM	A	2:24.24
1) Green, Aiden J M11	2) Strydom, Andre N M12	
3) Hamilton, Shalea M W11	4) Jooman, April R W12	
2 Curro Aquatics-CP	A	2:24.82
1) February, Dillon S M11	2) Joyce, Jenna W11	
3) Bright, Michael C M11	4) Billson, Amelie W11	
3 Greydogs-CP	A	2:27.92
1) Van Dyk, Zani W12	2) van Rensburg, Tristan M11	
3) Vd Watt, Earle M11	4) Mare, Isabella W12	
4 Tygers-CP	A	2:30.82
1) Van Onselen, Pierre S M11	2) Sonnekus, Anya W12	
3) Bosch, Ewan Y M11	4) Olivier, Julie M W11	
5 Paarl Aquarius-CE	A	2:35.96
1) Cleophas, Lee L M12	2) Baadjies, Cruden H M12	
3) Stilwaney, Mia C W12	4) Sabbagha, Georgia W11	
6 Quick Silver-CP	A	2:37.35
1) Odendaal, Sarah-Kate W11	2) Stevenson, Mikayla W11	
3) Barnard, Daniël B M11	4) Joubert, Wian M12	
7 USC-BU	A	2:39.33
1) Lubbe, Alex C M12	2) Lottering, Eirley W12	
3) Goliath, Cooper C M11	4) Greyvenstein, Hayley W10	

Event 322 Mixed 13-15 4x50 LC Meter Medley Relay 4 x 50 Mixed Medl

Team	Relay	Finals Time
1 Blouberg Marlins-CP	A	2:11.02
1) Fourie, Emma W13	2) Pautz, Nathan M M15	
3) Kalapac, Joshua M15	4) Van Wyk, Katie R W13	
2 Pea-NM	A	2:12.26
1) Andrews, Carl R M14	2) O'Connor, Kayden C W13	
3) Heine, Jett C M14	4) Strong, Ava J W14	
3 Swartland Swim C-WC	A	2:14.55
1) Borman, Jani W15	2) Liedeman, Mark M14	
3) Liebenberg, Emily M W15	4) Atkinson, Samuel A M15	
4 Lane Leader-CE	A	2:15.21
1) Waters, Steven G M14	2) Burger, Rosseau M15	
3) Vd Merwe, Mi-Ly W14	4) Geyser, Almi W14	
5 Vineyard-CP	A	2:16.94
1) Walker, Yohan G M15	2) Charles, Tyla W12	
3) Mudau, Takalani T W13	4) Spencer, Charles A M14	
6 Curro Aquatics-CP	A	2:17.06
1) Njoroge, Alphonse M14	2) De Jager, Sophia W13	
3) Riley, Logan W13	4) Van Wyk, Jack R M13	
7 Tygers-CP	A	2:17.85
1) Wright, Jonah S M13	2) Minnaar, Nicolas M14	
3) Smith, Lara E W15	4) Senekal, Margo W14	
8 SSISA-CP	A	2:18.83
1) Myers, Kirsten E W13	2) Williams, Evan B M14	
3) Poggenpoel, Troy J M14	4) Hagglund, Emma H W14	
9 Quick Silver-CP	A	2:21.42
1) Afonso, Aragon G M13	2) Stevens, Judy C W15	
3) Taljaard, Jason M14	4) Serfontein, Christi W15	
10 Greydogs-CP	A	2:26.12
1) Blake, Abi E W14	2) Smith, Tristan A M14	
3) Yeoward, Seth W M14	4) Jordaan, Mikayla E W11	

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(Event 322 Mixed 13-15 4x50 LC Meter Medley Relay 4 x 50 Mixed Med

Team	Relay	Finals Time
11 Infinity-NM	A	2:27.57
1) Verdon, Daniel E M11	2) Janse van Rensburg, Milan W13	
3) Van Zyl, Minette M W13	4) Markotter, D-J R M13	
12 Curro Aquatics-CP	B	2:30.09
1) Grobler, Chris I M13	2) Botha, Chelsea W13	
3) Krause, Luke M13	4) McGluwa, Jovanah N W11	
13 USC-BU	A	2:33.57
1) Louw, Lume L W15	2) Weimann, Erin J W13	
3) Liss, Logan A M13	4) Peters, Stijn J M13	

Event 323 Mixed 16-19 4x50 LC Meter Medley Relay 4 x 50 Mixed Medl:

Team	Relay	Finals Time
1 Pea-NM	A	2:07.34
1) Beatt, Emily R W17	2) Hlangothi, Munguni S M16	
3) Hiten, Darius M18	4) Ogden, Amber W17	
2 Marlin-CP	A	2:19.15
1) Alexander, Ammaar M16	2) Basson, Trishaun T M14	
3) Jetha, Zara L W16	4) Rinquest, Aqeelah W17	

Event 401 Boys 11 & Under 50 LC Meter Freestyle

Name	AgeTeam	Finals Time
Finals		
1 Boshoff, Mickayle C	11 Knysna Aquatics-ED	31.72
2 Bright, Michael C	11 Curro Aquatics-CP	31.73
3 Green, Aiden J	11 Bay Eagle-NM	31.82
4 Wagener, Tiaan H	11 Aquasharks Winel-CE	31.91
5 Barnard, Theo J	11 Swartland Swim C-WC	31.96
6 van Rensburg, Tristan	11 Greydogs-CP	32.04
7 Verdon, Daniel E	11 Infinity-NM	32.42
8 Jacobs, Seth G	11 Manta-CP	32.53

Event 401 Boys 11 & Under 50 LC Meter Freestyle

Name	AgeTeam	Prelim Time
Preliminaries		
*1 Boshoff, Mickayle C	11 Knysna Aquatics-ED	31.57
*1 Green, Aiden J	11 Bay Eagle-NM	31.57
3 van Rensburg, Tristan	11 Greydogs-CP	31.87
4 Barnard, Theo J	11 Swartland Swim C-WC	31.88
5 Bright, Michael C	11 Curro Aquatics-CP	31.94
6 Jacobs, Seth G	11 Manta-CP	32.14
7 Wagener, Tiaan H	11 Aquasharks Winel-CE	32.29
8 Verdon, Daniel E	11 Infinity-NM	32.65
9 Vd Watt, Earle	11 Greydogs-CP	32.93
10 Schemel, Brody L	11 Harlequins-BU	33.27
11 Bosch, Ewan Y	11 Tygers-CP	33.44
12 February, Dillon S	11 Curro Aquatics-CP	33.67
13 Basson, Henk	11 Lane Leader-CE	34.11
14 Van Onselen, Pierre S	11 Tygers-CP	34.19
15 Fenner, Jenson V	11 Players-CE	34.25
16 Kruger, Zachary C	11 Swartland Swim C-WC	34.38
17 Goliath, Cooper C	11 USC-BU	35.23
18 Joyce, Guy	10 Curro Aquatics-CP	35.42
19 Daniels, Tylan H	11 Aqua Dolphin-CP	35.58
20 Lategan, Wessel W	11 Swartland Swim C-WC	35.94
21 Lewis, Amaru C	11 Paarl Aquarius-CE	36.30
22 McAfee, Max L	10 Fish Eagle-ED	36.36

23 Titus, Brody	11 Paarl Aquarius-CE	36.63
24 Booth, Samuel R	11 VIKI-BU	36.69
25 Stenekamp, Keanu	11 Aqua Sharks-CP	37.20
26 Vd Merwe, Zander	11 Quick Silver-CP	38.50

Event 401 Boys 12 Year Olds 50 LC Meter Freestyle

Name	AgeTeam	Finals Time
Finals		
1 Parr, Colby S	12 Knysna Aquatics-ED	30.34
2 Coleman, Travis	12 Blouberg Marlins-CP	30.81
3 VerLoren Van Themaat, Hein	12 Lane Leader-CE	30.83
4 Coates, Caleb	12 Fish Eagle-ED	31.07
5 Strydom, Andre N	12 Bay Eagle-NM	31.80
6 Muller, Lukas D	12 Quick Silver-CP	32.25
7 Troskie, Jean	12 Quick Silver-CP	32.57
8 Troskie, Roean	12 Quick Silver-CP	32.65

Event 401 Boys 12 Year Olds 50 LC Meter Freestyle

Name	AgeTeam	Prelim Time
Preliminaries		
1 VerLoren Van Themaat, Hein	12 Lane Leader-CE	31.08
2 Coates, Caleb	12 Fish Eagle-ED	31.29
3 Coleman, Travis	12 Blouberg Marlins-CP	31.58
4 Strydom, Andre N	12 Bay Eagle-NM	31.98
5 Troskie, Jean	12 Quick Silver-CP	32.01
6 Troskie, Roean	12 Quick Silver-CP	32.07
7 Parr, Colby S	12 Knysna Aquatics-ED	32.17
8 Muller, Lukas D	12 Quick Silver-CP	32.20
9 Spencer, Marcus W	12 Vineyard-CP	32.37
10 Jonas, Leonardo	12 Players-CE	32.95
11 Ramorwesi, Oratilwe M	12 Swimlab-CP	33.09
12 Smit, Christian F	12 ROA-ED	33.23
13 Lubbe, Alex C	12 USC-BU	33.46
14 Williams, Dante E	12 Bay Eagle-NM	33.88
15 Douries, Ean	12 Curro Aquatics-CP	34.58
16 Joubert, Wian	12 Quick Silver-CP	35.44
17 Naude, AJ J	12 Agulhas-OB	36.47
18 Cleophas, Lee L	12 Paarl Aquarius-CE	37.22
19 Fortune, Hakeem	12 Manta-CP	38.51

Event 401 Boys 13 Year Olds 50 LC Meter Freestyle

Name	AgeTeam	Finals Time
Finals		
1 Booth, Jake J	13 VIKI-BU	29.43
2 Swanepoel, Ewald	13 Fish Eagle-ED	29.46
3 Grobler, Chris I	13 Curro Aquatics-CP	29.77
4 Ramashamole, Junior V	13 Harlequins-BU	30.00
5 Krause, Luke	13 Curro Aquatics-CP	30.26
6 O'Neill, Teagan J	13 Pea-NM	30.59
7 van Wyk, Tariq K	13 Barracudas-CP	30.88
8 Willenburg, Elijah K	13 Silver Fins-CP	31.07

Event 401 Boys 13 Year Olds 50 LC Meter Freestyle

Name	AgeTeam	Prelim Time
Preliminaries		
1 Booth, Jake J	13 VIKI-BU	29.21
2 Swanepoel, Ewald	13 Fish Eagle-ED	29.35
3 Grobler, Chris I	13 Curro Aquatics-CP	29.83

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Preliminaries ... (Event 401 Boys 13 Year Olds 50 LC Meter Freestyle)

Name	Age	Team	Prelim Time
4 Ramashamole, Junior V	13	Harlequins-BU	30.44
5 van Wyk, Tariq K	13	Barracudas-CP	30.62
6 Krause, Luke	13	Curro Aquatics-CP	30.70
7 O'Neill, Teagan J	13	Pea-NM	30.71
8 Willenburg, Elijah K	13	Silver Fins-CP	30.72
*9 Smit, Reynard-Gray	13	Silver Fins-CP	30.89
*9 Hough, Caleb	13	Curro-WC	30.89

Swim-Off Required

*11 Rheeder, Liam M	13	Paarl Aquarius-CE	31.00
*11 Van Dyk, Stephaan	13	Blouberg Marlins-CP	31.00
13 Palmer, Travis I	13	Pea-NM	31.01
14 Van Wyk, Jack R	13	Curro Aquatics-CP	31.09
15 Markotter, D-J R	13	Infinity-NM	31.22
16 Basson, Zethan L	13	Pea-NM	31.70
17 Liss, Logan A	13	USC-BU	31.77
18 Addinall, Ethan	13	Manta-CP	31.93
19 Peters, Stijn J	13	USC-BU	32.09
20 Gomez, Alex W	13	Marlin-CP	33.16
21 Fortune, Yaseen	13	Manta-CP	33.40

Event 401 Boys 14 Year Olds 50 LC Meter Freestyle

Name	Age	Team	Finals Time
1 Heine, Jett C	14	Pea-NM	26.74
2 Kotzè, Max M	14	Blouberg Marlins-CP	28.28
3 Pullock, Sam J	14	Curro Hermanus-OB	28.66
4 Beukes, Jaden L	14	Walmers-CP	28.70
5 Rosslee, Christian F	14	Quicksilver Wine-CE	29.10
6 Abrahams, Rayhan	14	Walmers-CP	29.29
7 Cleophas, Kyle	14	Paarl Aquarius-CE	30.05
8 Spencer, Charles A	14	Vineyard-CP	32.18

Event 401 Boys 14 Year Olds 50 LC Meter Freestyle

Name	Age	Team	Prelim Time
1 Heine, Jett C	14	Pea-NM	26.47
2 Kotzè, Max M	14	Blouberg Marlins-CP	28.00
3 Cilliers, Jannis N	14	FAAC	28.50
4 Beukes, Jaden L	14	Walmers-CP	28.66
5 Pullock, Sam J	14	Curro Hermanus-OB	28.70
6 Rosslee, Christian F	14	Quicksilver Wine-CE	28.87
7 Abrahams, Rayhan	14	Walmers-CP	29.00
8 Cleophas, Kyle	14	Paarl Aquarius-CE	29.13
9 Spencer, Charles A	14	Vineyard-CP	29.25
10 Andrews, Carl R	14	Pea-NM	29.36
11 Williams, Evan B	14	SSISA-CP	29.43
12 Yeowart, Seth W	14	Greydogs-CP	29.78
13 Minnaar, Nicolas	14	Tygers-CP	29.80
14 Njoroge, Alphonse	14	Curro Aquatics-CP	29.85
15 Lategan, Nicky N	14	Swartland Swim C-WC	30.17
16 Smith, Tristan A	14	Greydogs-CP	33.96
--- Vd Merwe, Thomas	14	Lane Leader-CE	DQ

Event 401 Men 15 Year Olds 50 LC Meter Freestyle

Name	Age	Team	Finals Time
1 Heyes, Garrick T	15	Aqua Sharks-CP	26.27
2 Kalapac, Joshua	15	Blouberg Marlins-CP	27.28
3 Viljoen, Jaden R	15	Aqua Sharks-CP	27.69
4 Pautz, Nathan M	15	Blouberg Marlins-CP	27.74
5 Walker, Yohan G	15	Vineyard-CP	28.20
6 Moolman, Carter S	15	Manta-CP	28.49
7 Myburgh, Ruan	15	Blouberg Marlins-CP	28.87
8 De Bruyn, Cornè C	15	Aqua Sharks-CP	29.31

Event 401 Men 15 Year Olds 50 LC Meter Freestyle

Name	Age	Team	Prelim Time
1 Heyes, Garrick T	15	Aqua Sharks-CP	27.10
2 Kalapac, Joshua	15	Blouberg Marlins-CP	27.31
3 Viljoen, Jaden R	15	Aqua Sharks-CP	27.59
4 Walker, Yohan G	15	Vineyard-CP	27.62
5 Pautz, Nathan M	15	Blouberg Marlins-CP	27.64
6 Van Helden, Ethan C	15	Aqua Sharks-CP	27.96
7 Moolman, Carter S	15	Manta-CP	28.77
8 De Bruyn, Cornè C	15	Aqua Sharks-CP	29.01
9 Myburgh, Ruan	15	Blouberg Marlins-CP	29.04
--- Atkinson, Samuel A	15	Swartland Swim C-WC	DQ

Event 401 Men 16 Year Olds 50 LC Meter Freestyle

Name	Age	Team	Finals Time
1 Geyser, Jacques M	16	Lane Leader-CE	26.12
2 Hewitt-Smook, Kristian	16	Swartland Swim C-WC	27.38
3 Prime, Liam	16	USC-BU	27.68
4 Hlangothi, Munguni S	16	Pea-NM	27.69
5 McPetrie, James L	16	Manta-CP	27.80
6 Zellie, Thomas J	16	Swimlab-CP	28.07
7 Karsten, Jody	16	Blouberg Marlins-CP	28.30
8 Schreuder, Steffen	16	Aquasharks Winel-CE	28.51

Event 401 Men 16 Year Olds 50 LC Meter Freestyle

Name	Age	Team	Prelim Time
1 Geyser, Jacques M	16	Lane Leader-CE	25.90
2 Hewitt-Smook, Kristian	16	Swartland Swim C-WC	27.07
3 Prime, Liam	16	USC-BU	27.40
4 Hlangothi, Munguni S	16	Pea-NM	27.45
5 McPetrie, James L	16	Manta-CP	27.77
6 Zellie, Thomas J	16	Swimlab-CP	27.79
7 Karsten, Jody	16	Blouberg Marlins-CP	28.13
8 Schreuder, Steffen	16	Aquasharks Winel-CE	28.25
--- Engelbrecht, Ruben J	16	Players-CE	NS

Event 401 Men 17-19 50 LC Meter Freestyle

Name	Age	Team	Finals Time
1 Barnard, Adam J	18	AQUA-BU	24.96
2 Beukes, Mateo A	18	Walmers-CP	25.90
3 Hiten, Darius	18	Pea-NM	26.12

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Results

Finals ... (Event 401 Men 17-19 50 LC Meter Freestyle)

Name	AgeTeam	Finals Time
4 Wolfe, Matthew L	18 Infinity-NM	26.47
5 Eilers, Chaden D	19 Uwc-CP	26.63
6 Peceur, Mark D	19 Paarl Aquarius-CE	26.97
7 Cornish, Jeyaad	18 Hurricane-CP	27.25

Event 401 Men 17-19 50 LC Meter Freestyle

Name	AgeTeam	Prelim Time
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Preliminaries

1 Hiten, Darius	18 Pea-NM	26.35
2 Beukes, Mateo A	18 Walmers-CP	26.51
3 Wolfe, Matthew L	18 Infinity-NM	26.54
4 Eilers, Chaden D	19 Uwc-CP	26.94
5 Peceur, Mark D	19 Paarl Aquarius-CE	27.09
6 Cornish, Jeyaad	18 Hurricane-CP	27.39
7 Barnard, Adam J	18 AQUA-BU	27.54
8 Boonzaaier, Simon F	17 Aquasharks Winel-CE	29.63

Event 402 Girls 11 & Under 50 LC Meter Freestyle

Name	AgeTeam	Finals Time
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Finals

1 Hamilton, Shalea M	11 Bay Eagle-NM	30.55
2 Williams, Aqeelah	11 Uwc-CP	31.35
3 Roff, Mikaela	11 ROA-ED	31.98
4 Jansen van Rensburg, Mia	11 Vineyard-CP	32.71
5 Olivier, Julie M	11 Tygers-CP	33.20
6 Burger, Johané	11 ROA-ED	33.23
7 Joyce, Jenna	11 Curro Aquatics-CP	33.50
8 Chibharo, Lethabo L	11 Tygers-CP	33.74

Event 402 Girls 11 & Under 50 LC Meter Freestyle

Name	AgeTeam	Prelim Time
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Preliminaries

1 Hamilton, Shalea M	11 Bay Eagle-NM	30.18
2 Roff, Mikaela	11 ROA-ED	32.34
3 Williams, Aqeelah	11 Uwc-CP	32.36
4 Burger, Johané	11 ROA-ED	32.82
5 Olivier, Julie M	11 Tygers-CP	33.21
6 Jansen van Rensburg, Mia	11 Vineyard-CP	33.26
7 Joyce, Jenna	11 Curro Aquatics-CP	33.32
8 Chibharo, Lethabo L	11 Tygers-CP	33.63
9 Christie, Laila A	11 USC-BU	33.75
10 Roth, Elle	11 Pea-NM	33.86
11 Jantjies, Zara	11 Manta-CP	33.92
12 Sabbagha, Georgia	11 Paarl Aquarius-CE	33.94
13 Landsberg, Katryn L	11 Infinity-NM	33.95
14 Lockitch, Zara	11 Cybersmart-CP	33.97
15 Greyvenstein, Hayley	10 USC-BU	34.10
16 Odendaal, Sarah-Kate	11 Quick Silver-CP	34.90
17 Billson, Amelie	11 Curro Aquatics-CP	35.34
18 Nel, Olivia	11 Curro-WC	35.53
19 Els, Jamie	11 Aqua Dolphin-CP	35.58
20 Rosenstrauch, Lara	11 Helderberg Titan-CP	35.82
21 McGluwa, Jovanah N	11 Curro Aquatics-CP	36.07
22 Steyn, Nee'lah	11 Uwc-CP	36.45
23 Grebe, Ava	11 Curro Hermanus-OB	36.91

24 Jurgens, Chloe-Leigh	11 Manta-CP	37.66
25 Kalapac, Lexi	11 Blouberg Marlins-CP	38.12
--- Terwin, Brooklyn	11 USC-BU	DQ

Event 402 Girls 12 Year Olds 50 LC Meter Freestyle

Name	AgeTeam	Finals Time
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Finals

1 Botha, Rebecca P	12 Knysna Aquatics-ED	31.18
2 Nienaber, Mila J	12 Quicksilver Wine-CE	32.98
3 Jooman, April R	12 Bay Eagle-NM	33.16
4 Flack, Francesca	12 Curro-WC	33.44
5 De Beer, Isabella C	12 Quicksilver Wine-CE	33.46
6 Liebenberg, Aimee L	12 Swartland Swim C-WC	33.52
7 Van Dyk, Zani	12 Greydogs-CP	33.79
8 Lottering, Eirley	12 USC-BU	34.07

Event 402 Girls 12 Year Olds 50 LC Meter Freestyle

Name	AgeTeam	Prelim Time
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Preliminaries

1 Botha, Rebecca P	12 Knysna Aquatics-ED	31.34
2 Nienaber, Mila J	12 Quicksilver Wine-CE	32.57
3 Jooman, April R	12 Bay Eagle-NM	33.37
4 Flack, Francesca	12 Curro-WC	33.72
5 Van Dyk, Zani	12 Greydogs-CP	33.75
6 De Beer, Isabella C	12 Quicksilver Wine-CE	33.86
7 Lottering, Eirley	12 USC-BU	34.02
8 Liebenberg, Aimee L	12 Swartland Swim C-WC	34.42
9 Minnaar, Amelia C	12 USC-BU	34.46
10 Stilwaney, Mia C	12 Paarl Aquarius-CE	34.54
11 Lombard, Mia	12 Harlequins-BU	34.85
12 Sonnekus, Anya	12 Tygers-CP	34.95
13 Thirsk, Savannah	12 Tygers-CP	35.18

Event 402 Girls 13 Year Olds 50 LC Meter Freestyle

Name	AgeTeam	Finals Time
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Finals

1 Van Der Wath, Izi	13 Knysna Aquatics-ED	30.02
2 Fenner, Olivia M	13 Players-CE	30.78
3 Van Wyk, Katie R	13 Blouberg Marlins-CP	30.97
4 Van Zyl, Minette M	13 Infinity-NM	31.14
5 Laubscher, Mikalla I	13 Aqua Sharks-CP	31.85
6 Samuels, Londyn	13 Paarl Aquarius-CE	31.89
7 Basson, Lenè	13 Curro-WC	32.06
8 Myers, Kirsten E	13 SSISA-CP	32.56

Event 402 Girls 13 Year Olds 50 LC Meter Freestyle

Name	AgeTeam	Prelim Time
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Preliminaries

1 Van Der Wath, Izi	13 Knysna Aquatics-ED	30.22
2 Van Wyk, Katie R	13 Blouberg Marlins-CP	30.84
3 Fenner, Olivia M	13 Players-CE	31.15
4 Van Zyl, Minette M	13 Infinity-NM	31.31
5 Laubscher, Mikalla I	13 Aqua Sharks-CP	31.49
6 Samuels, Londyn	13 Paarl Aquarius-CE	31.74
7 Myers, Kirsten E	13 SSISA-CP	32.12
8 Basson, Lenè	13 Curro-WC	32.18
9 Harper, Maddie I	13 Knysna Aquatics-ED	32.61

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Results

Preliminaries ... (Event 402 Girls 13 Year Olds 50 LC Meter Freestyle)

Name	AgeTeam	Prelim Time
10 Schäfer, Kyla	13 Knysna Aquatics-ED	32.66
11 Welsh, Stacey A	13 Bay Eagle-NM	32.68
12 Riley, Logan	13 Curro Aquatics-CP	32.81
13 Mudau, Takalani T	13 Vineyard-CP	33.21
14 Burger, Juanè	13 Tygers-CP	33.56
15 Thirsk, Madison	13 Tygers-CP	33.62
16 McAfee, Holly B	13 Fish Eagle-ED	33.82
17 De Jager, Sophia	13 Curro Aquatics-CP	34.30
18 Fourie, Emma	13 Blouberg Marlins-CP	34.47
19 Lodewyks, Jeandré	13 Fish Eagle-ED	34.91

Event 402 Girls 14 Year Olds 50 LC Meter Freestyle

Name	AgeTeam	Finals Time
Finals		
1 Fabricius, Kaylin	14 Barracudas-CP	30.29
2 Munro, Abigail	14 USC-BU	30.63
3 Senekal, Margo	14 Tygers-CP	30.82
4 Geysler, Almi	14 Lane Leader-CE	31.09
5 Van Niekerk, Ona	14 Knysna Aquatics-ED	32.13
6 Barnard, Adelmari D	14 Swartland Swim C-WC	32.47
7 Kleynhans, Sian	14 ROA-ED	34.74
--- Holthuis, Keilah-Naomi	14 Quicksilver Wine-CE	NS

Event 402 Girls 14 Year Olds 50 LC Meter Freestyle

Name	AgeTeam	Prelim Time
Preliminaries		
1 Fabricius, Kaylin	14 Barracudas-CP	30.39
2 Holthuis, Keilah-Naomi	14 Quicksilver Wine-CE	30.78
3 Munro, Abigail	14 USC-BU	30.89
4 Geysler, Almi	14 Lane Leader-CE	31.18
5 Senekal, Margo	14 Tygers-CP	31.80
6 Van Niekerk, Ona	14 Knysna Aquatics-ED	32.26
7 Hagglund, Emma H	14 SSISA-CP	32.74
8 Blake, Abi E	14 Greydogs-CP	32.94
9 De Oliveira, Aliyah	14 Tygers-CP	33.06
10 Barnard, Adelmari D	14 Swartland Swim C-WC	33.10
11 Kleynhans, Sian	14 ROA-ED	34.90

Event 402 Women 15 Year Olds 50 LC Meter Freestyle

Name	AgeTeam	Finals Time
Finals		
1 Liebenberg, Emily M	15 Swartland Swim C-WC	29.97
2 Smith, Lara E	15 Tygers-CP	30.52
3 Louw, Lume L	15 USC-BU	31.17
4 Ogden, Lily	15 Pea-NM	32.32
5 Schreuder, Hannah G	15 Swimlab-CP	33.73
6 Smit, Miela	15 AQUA-BU	34.53

Event 402 Women 15 Year Olds 50 LC Meter Freestyle

Name	AgeTeam	Prelim Time
Preliminaries		
1 Liebenberg, Emily M	15 Swartland Swim C-WC	30.33
2 Smith, Lara E	15 Tygers-CP	30.60
3 Louw, Lume L	15 USC-BU	31.84
4 Ogden, Lily	15 Pea-NM	32.75

5 Schreuder, Hannah G	15 Swimlab-CP	34.19
6 Smit, Miela	15 AQUA-BU	34.30
--- Visser, Sandri	15 Players-CE	NS

Event 402 Women 16 Year Olds 50 LC Meter Freestyle

Name	AgeTeam	Finals Time
Finals		
1 De Beer, Anri	16 Infinity-NM	30.60
2 Tweedie, Scarlet S	16 Pea-NM	31.58
3 Du Toit, Yusrah	16 Uwc-CP	31.67
4 Olivier, Shani	16 The Well-CE	32.10

Event 402 Women 16 Year Olds 50 LC Meter Freestyle

Name	AgeTeam	Prelim Time
Preliminaries		
1 Ryser, Aurora	16 Tygers-CP	30.76
2 De Beer, Anri	16 Infinity-NM	32.10
3 Du Toit, Yusrah	16 Uwc-CP	32.21
4 Tweedie, Scarlet S	16 Pea-NM	32.25
5 Olivier, Shani	16 The Well-CE	32.87

Event 402 Women 17-19 50 LC Meter Freestyle

Name	AgeTeam	Finals Time
Finals		
*1 Ogden, Amber	17 Pea-NM	29.56
*1 Beatt, Emily R	17 Pea-NM	29.56
3 Theron, Yedidah	18 ROA-ED	30.43
--- Bulose, Megan	19 Uwc-CP	NS

Event 402 Women 17-19 50 LC Meter Freestyle

Name	AgeTeam	Prelim Time
Preliminaries		
1 Beatt, Emily R	17 Pea-NM	29.52
2 Ogden, Amber	17 Pea-NM	30.24
3 Bulose, Megan	19 Uwc-CP	30.43
4 Theron, Yedidah	18 ROA-ED	31.08
5 Sabbagha, Annè	18 Paarl Aquarius-CE	32.20
6 Mickelthwaite, Skye T	17 SSISA-CP	32.62
7 Herbst, Mienke	17 SSISA-CP	33.94
--- Rossouw, Nadia	17 Tygers-CP	NS

Event 403 Boys 14 & Under 50 LC Meter Freestyle Multi-Class Para

Name	AgeTeam	Finals Time
Finals		
1 Pardoe, James N S15	12 Greydogs-CP	38.09
2 Hartwig, Connor M S6	12 Harlequins-BU	59.43

Event 403 Boys 14 & Under 50 LC Meter Freestyle Multi-Class Para

Name	AgeTeam	Prelim Time
Preliminaries		
1 Pardoe, James N S15	12 Greydogs-CP	36.64
2 Hartwig, Connor M S6	12 Harlequins-BU	58.89

Event 404 Women 15-99 50 LC Meter Freestyle Multi-Class Para

Name	AgeTeam	Finals Time
Finals		
1 Du Toit, Naseerah S8	15 Uwc-CP	45.02

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Results

Event 404 Women 15-99 50 LC Meter Freestyle Multi-Class Para

Name	AgeTeam	Prelim Time
Preliminaries		
1 Du Toit, Naseerah S8	15 Uwc-CP	45.18

Event 405 Boys 11 & Under 200 LC Meter Breaststroke

Name	AgeTeam	Finals Time
Finals		
1 van Rensburg, Tristan	11 Greydogs-CP	3:09.24
2 Schaefer, Daniel C	11 Players-CE	3:09.43
3 Wagener, Tiaan H	11 Aquasharks Winel-CE	3:16.54
4 Green, Aiden J	11 Bay Eagle-NM	3:16.73
5 Bright, Michael C	11 Curro Aquatics-CP	3:18.46
6 Schoeman, Mateo J	10 DESA-NM	3:18.89
7 Lategan, Wessel W	11 Swartland Swim C-WC	3:28.93
8 February, Dillon S	11 Curro Aquatics-CP	3:31.03

Event 405 Boys 11 & Under 200 LC Meter Breaststroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 van Rensburg, Tristan	11 Greydogs-CP	3:14.09
2 Schaefer, Daniel C	11 Players-CE	3:16.59
3 Wagener, Tiaan H	11 Aquasharks Winel-CE	3:20.12
4 Green, Aiden J	11 Bay Eagle-NM	3:23.15
5 Schoeman, Mateo J	10 DESA-NM	3:24.44
6 Lategan, Wessel W	11 Swartland Swim C-WC	3:28.65
7 Bright, Michael C	11 Curro Aquatics-CP	3:29.07
8 Daniels, Tylan H	11 Aqua Dolphin-CP	3:29.61
9 Van Onselen, Pierre S	11 Tygers-CP	3:31.54
10 February, Dillon S	11 Curro Aquatics-CP	3:32.08
11 Jacobs, Seth G	11 Manta-CP	3:35.09
12 Barnard, Daniël B	11 Quick Silver-CP	3:37.82
13 Booth, Samuel R	11 VIKI-BU	3:39.80
14 Fenner, Jenson V	11 Players-CE	3:40.37
15 Stenekamp, Keanu	11 Aqua Sharks-CP	3:42.83
16 Vd Merwe, Zander	11 Quick Silver-CP	3:49.28
17 Rosser, Mark J	11 Infinity-NM	3:49.81
18 Vleggaar, Daniel	11 Barracudas-CP	3:51.49
--- Kruger, Zachary C	11 Swartland Swim C-WC	DQ

Event 405 Boys 12 Year Olds 200 LC Meter Breaststroke

Name	AgeTeam	Finals Time
Finals		
1 Coleman, Travis	12 Blouberg Marlins-CP	3:08.20
2 Jonas, Leonardo	12 Players-CE	3:13.80
3 Smit, Christian F	12 ROA-ED	3:17.17
4 Douries, Ean	12 Curro Aquatics-CP	3:17.19
5 Stead, Nathan J	12 Harlequins-BU	3:17.85
6 Fortune, Hakeem	12 Manta-CP	3:19.61
7 Spencer, Marcus W	12 Vineyard-CP	3:20.82
8 Baadjies, Cruden H	12 Paarl Aquarius-CE	3:30.10

Event 405 Boys 12 Year Olds 200 LC Meter Breaststroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Coleman, Travis	12 Blouberg Marlins-CP	3:14.25
2 Douries, Ean	12 Curro Aquatics-CP	3:19.31

3 Jonas, Leonardo	12 Players-CE	3:20.46
4 Stead, Nathan J	12 Harlequins-BU	3:20.87
5 Smit, Christian F	12 ROA-ED	3:22.43
6 Fortune, Hakeem	12 Manta-CP	3:25.67
7 Spencer, Marcus W	12 Vineyard-CP	3:26.21
8 Baadjies, Cruden H	12 Paarl Aquarius-CE	3:30.00
9 Troskie, Jean	12 Quick Silver-CP	3:35.04
10 Williams, Dante E	12 Bay Eagle-NM	3:38.44
11 Cleophas, Lee L	12 Paarl Aquarius-CE	3:44.59
12 Joubert, Wian	12 Quick Silver-CP	3:48.39
13 Naude, AJ J	12 Agulhas-OB	3:58.11

Event 405 Boys 13 Year Olds 200 LC Meter Breaststroke

Name	AgeTeam	Finals Time
Finals		
1 Van Wyk, Jack R	13 Curro Aquatics-CP	3:00.87
2 Peters, Stijn J	13 USC-BU	3:06.75
3 Basson, Zethan L	13 Pea-NM	3:10.86
4 Krause, Luke	13 Curro Aquatics-CP	3:12.21
5 Snyders, Reece	13 Uwc-CP	3:16.06
6 Gomez, Alex W	13 Marlin-CP	3:18.07
7 Ramashamole, Junior V	13 Harlequins-BU	3:21.98
8 Van Dyk, Stephaan	13 Blouberg Marlins-CP	3:24.21

Event 405 Boys 13 Year Olds 200 LC Meter Breaststroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Van Wyk, Jack R	13 Curro Aquatics-CP	3:11.20
2 Snyders, Reece	13 Uwc-CP	3:14.35
3 Basson, Zethan L	13 Pea-NM	3:15.63
4 Peters, Stijn J	13 USC-BU	3:16.42
5 Gomez, Alex W	13 Marlin-CP	3:19.24
6 Krause, Luke	13 Curro Aquatics-CP	3:20.04
7 Harper, Zachary	13 Aqua Dolphin-CP	3:25.50
8 Van Dyk, Stephaan	13 Blouberg Marlins-CP	3:27.25
9 Ramashamole, Junior V	13 Harlequins-BU	3:31.07
10 Wright, Jonah S	13 Tygers-CP	3:34.39
11 Fortune, Yaseen	13 Manta-CP	3:34.87

Event 405 Boys 14 Year Olds 200 LC Meter Breaststroke

Name	AgeTeam	Finals Time
Finals		
1 Rosslee, Christian F	14 Quicksilver Wine-CE	2:51.64
2 Liedeman, Mark	14 Swartland Swim C-WC	2:53.60
3 Williams, Evan B	14 SSISA-CP	3:01.05
4 Smith, Tristan A	14 Greydogs-CP	3:03.27
5 Minnaar, Nicolas	14 Tygers-CP	3:07.56
6 Basson, Trishaun T	14 Marlin-CP	3:13.07
--- Nagelgaard, Andreas	14 Aqua Dolphin-CP	NS
--- Abrahams, Rayhan	14 Walmers-CP	NS

Event 405 Boys 14 Year Olds 200 LC Meter Breaststroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Rosslee, Christian F	14 Quicksilver Wine-CE	2:57.99
2 Liedeman, Mark	14 Swartland Swim C-WC	2:58.26
3 Taljaard, Jason	14 Quick Silver-CP	3:04.77

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Results

Preliminaries ... (Event 405 Boys 14 Year Olds 200 LC Meter Breaststroke)

Name	AgeTeam	Prelim Time
4 Williams, Evan B	14 SSISA-CP	3:05.34
5 Smith, Tristan A	14 Greydogs-CP	3:05.54
6 Nagelgaard, Andreas	14 Aqua Dolphin-CP	3:07.48
7 Minnaar, Nicolas	14 Tygers-CP	3:08.81
8 Meintjes, Christiaan	14 Players-CE	3:12.43
9 Basson, Trishaun T	14 Marlin-CP	3:14.37
10 Abrahams, Rayhan	14 Walmers-CP	3:17.45
11 Njoroge, Alphonse	14 Curro Aquatics-CP	3:20.55

Event 405 Men 15 Year Olds 200 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Burger, Rosseau	15 Lane Leader-CE	2:46.20
2 Myburgh, Ruan	15 Blouberg Marlins-CP	2:50.81
3 Atkinson, Samuel A	15 Swartland Swim C-WC	2:58.06
4 De Bruyn, Cornè C	15 Aqua Sharks-CP	3:07.07
--- Pautz, Nathan M	15 Blouberg Marlins-CP	DQ
--- Torbochkin, David S	15 Aqua Sharks-CP	NS

Event 405 Men 15 Year Olds 200 LC Meter Breaststroke

Name	AgeTeam	Prelim Time
1 Torbochkin, David S	15 Aqua Sharks-CP	2:40.79
2 Burger, Rosseau	15 Lane Leader-CE	2:48.86
3 Pautz, Nathan M	15 Blouberg Marlins-CP	2:51.48
4 Myburgh, Ruan	15 Blouberg Marlins-CP	2:54.73
5 Atkinson, Samuel A	15 Swartland Swim C-WC	3:01.63
6 De Bruyn, Cornè C	15 Aqua Sharks-CP	3:07.14
7 Kalapac, Joshua	15 Blouberg Marlins-CP	3:17.97

Event 405 Men 16 Year Olds 200 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Alexander, Ammaar	16 Marlin-CP	2:49.01
2 Nash, Daniel A	16 Bay Eagle-NM	2:51.70
3 Möller, FC C	16 Tygers-CP	2:52.84
4 Hlangothi, Munguni S	16 Pea-NM	2:52.89
5 Zellie, Thomas J	16 Swimlab-CP	2:53.02
6 Karsten, Jody	16 Blouberg Marlins-CP	3:01.97

Event 405 Men 16 Year Olds 200 LC Meter Breaststroke

Name	AgeTeam	Prelim Time
1 Nash, Daniel A	16 Bay Eagle-NM	2:53.87
2 Hlangothi, Munguni S	16 Pea-NM	2:56.52
3 Zellie, Thomas J	16 Swimlab-CP	2:56.65
4 Möller, FC C	16 Tygers-CP	2:57.16
5 Alexander, Ammaar	16 Marlin-CP	2:59.97
6 Karsten, Jody	16 Blouberg Marlins-CP	3:06.11

Event 405 Men 17-19 200 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Eilers, Chaden D	19 Uwc-CP	2:59.71

Event 405 Men 17-19 200 LC Meter Breaststroke

Name	AgeTeam	Prelim Time
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Preliminaries

1 Eilers, Chaden D	19 Uwc-CP	3:07.80
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Event 406 Girls 11 & Under 200 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Horn, Anna	11 Xcel Swim Academ-CP	3:01.11
2 Joyce, Jenna	11 Curro Aquatics-CP	3:01.29
3 Julies, Grace J	11 Xcel Swim Academ-CP	3:12.20
4 Anthony, Jazmin A	11 Paarl Aquarius-CE	3:17.75
5 Greyvenstein, Hayley	10 USC-BU	3:21.18
6 Grebe, Ava	11 Curro Hermanus-OB	3:27.22
7 Chibharo, Lethabo L	11 Tygers-CP	3:30.61
8 Pieterse, Nina	11 DESA-NM	3:32.52

Event 406 Girls 11 & Under 200 LC Meter Breaststroke

Name	AgeTeam	Prelim Time
1 Joyce, Jenna	11 Curro Aquatics-CP	3:09.52
2 Horn, Anna	11 Xcel Swim Academ-CP	3:10.38
3 Julies, Grace J	11 Xcel Swim Academ-CP	3:14.81
4 Greyvenstein, Hayley	10 USC-BU	3:25.00
5 Grebe, Ava	11 Curro Hermanus-OB	3:25.11
6 Anthony, Jazmin A	11 Paarl Aquarius-CE	3:26.23
7 Chibharo, Lethabo L	11 Tygers-CP	3:31.16
8 Pieterse, Nina	11 DESA-NM	3:33.16
9 Jurgens, Chloe-Leigh	11 Manta-CP	3:34.97
10 Kalapac, Lexi	11 Blouberg Marlins-CP	3:36.36
11 Ristow, Emma K	11 USC-BU	3:36.78
12 Roff, Mikaela	11 ROA-ED	3:42.93
13 Rosenstrauch, Lara	11 Helderberg Titan-CP	3:45.28
14 Nel, Olivia	11 Curro-WC	3:47.68
15 Odendaal, Sarah-Kate	11 Quick Silver-CP	3:48.68
16 Stevenson, Mikayla	11 Quick Silver-CP	3:49.72

Event 406 Girls 12 Year Olds 200 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Charles, Tyla	12 Vineyard-CP	3:12.81
2 Stilwaney, Mia C	12 Paarl Aquarius-CE	3:20.58
3 Mare, Isabella	12 Greydogs-CP	3:24.03
4 Nienaber, Mila J	12 Quicksilver Wine-CE	3:30.98
5 Sonnekus, Anya	12 Tygers-CP	3:37.18
6 Govender, Gabi R	12 Infinity-NM	3:44.16

Event 406 Girls 12 Year Olds 200 LC Meter Breaststroke

Name	AgeTeam	Prelim Time
1 Charles, Tyla	12 Vineyard-CP	3:16.03
2 Mare, Isabella	12 Greydogs-CP	3:20.53
3 Stilwaney, Mia C	12 Paarl Aquarius-CE	3:24.24
4 Nienaber, Mila J	12 Quicksilver Wine-CE	3:28.47
5 Sonnekus, Anya	12 Tygers-CP	3:37.89
6 Govender, Gabi R	12 Infinity-NM	3:44.94

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Results

Event 406 Girls 13 Year Olds 200 LC Meter Breaststroke

Name	AgeTeam	Finals Time
Finals		
1 De Jager, Sophia	13 Curro Aquatics-CP	3:01.26
2 Laubscher, Mikalla I	13 Aqua Sharks-CP	3:06.24
3 Van Wyk, Katie R	13 Blouberg Marlins-CP	3:08.38
4 O'Connor, Kayden C	13 Pea-NM	3:11.66
5 Van Der Wath, Izi	13 Knysna Aquatics-ED	3:12.06
6 Weimann, Erin J	13 USC-BU	3:14.06
7 Lodewyks, Jeandré	13 Fish Eagle-ED	3:16.01
8 Atkinson, Anouk E	13 Swartland Swim C-WC	3:18.94

Event 406 Girls 13 Year Olds 200 LC Meter Breaststroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Laubscher, Mikalla I	13 Aqua Sharks-CP	3:09.02
2 De Jager, Sophia	13 Curro Aquatics-CP	3:10.47
3 Van Der Wath, Izi	13 Knysna Aquatics-ED	3:11.98
4 Van Wyk, Katie R	13 Blouberg Marlins-CP	3:13.03
5 O'Connor, Kayden C	13 Pea-NM	3:15.36
6 Lodewyks, Jeandré	13 Fish Eagle-ED	3:15.83
7 Weimann, Erin J	13 USC-BU	3:20.48
8 Atkinson, Anouk E	13 Swartland Swim C-WC	3:23.77
9 Harper, Maddie I	13 Knysna Aquatics-ED	3:26.67
10 Mudau, Takalani T	13 Vineyard-CP	3:28.85
11 McAfee, Holly B	13 Fish Eagle-ED	3:29.91

Event 406 Girls 14 Year Olds 200 LC Meter Breaststroke

Name	AgeTeam	Finals Time
Finals		
1 Kruger, Kate-Lynn M	14 DESA-NM	3:03.17
2 Geyser, Almi	14 Lane Leader-CE	3:09.21
3 Barnard, Adelmari D	14 Swartland Swim C-WC	3:10.49
4 Davies, Jessica A	14 VIKI-BU	3:13.57
5 Van Niekerk, Ona	14 Knysna Aquatics-ED	3:14.76
6 Adams, Sydney M	14 Vineyard-CP	3:16.36
7 Baillie, Gabi J	14 ROA-ED	3:19.99
--- Kleynhans, Sian	14 ROA-ED	NS

Event 406 Girls 14 Year Olds 200 LC Meter Breaststroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Kruger, Kate-Lynn M	14 DESA-NM	3:05.60
2 Geyser, Almi	14 Lane Leader-CE	3:10.56
3 Van Niekerk, Ona	14 Knysna Aquatics-ED	3:13.63
4 Adams, Sydney M	14 Vineyard-CP	3:14.42
5 Davies, Jessica A	14 VIKI-BU	3:14.60
6 Barnard, Adelmari D	14 Swartland Swim C-WC	3:15.37
7 De Oliveira, Aliyah	14 Tygers-CP	3:16.80
8 Baillie, Gabi J	14 ROA-ED	3:18.76
9 Kleynhans, Sian	14 ROA-ED	3:31.66

Event 406 Women 15 Year Olds 200 LC Meter Breaststroke

Name	AgeTeam	Finals Time
Finals		
1 Borman, Jani	15 Swartland Swim C-WC	2:57.62

2 Schreuder, Hannah G	15 Swimlab-CP	2:59.59
3 Stevens, Judy C	15 Quick Silver-CP	3:15.08
4 Serfontein, Christi	15 Quick Silver-CP	3:15.35

Event 406 Women 15 Year Olds 200 LC Meter Breaststroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Borman, Jani	15 Swartland Swim C-WC	3:02.56
2 Schreuder, Hannah G	15 Swimlab-CP	3:05.34
3 Serfontein, Christi	15 Quick Silver-CP	3:17.23
4 Stevens, Judy C	15 Quick Silver-CP	3:23.18
--- Visser, Sandri	15 Players-CE	NS

Event 406 Women 16 Year Olds 200 LC Meter Breaststroke

Name	AgeTeam	Finals Time
Finals		
1 Olivier, Shani	16 The Well-CE	2:57.56
2 Witten, Hannah	16 Aqua Dolphin-CP	2:57.80
3 Beetge, Amy	16 Lane Leader-CE	3:05.85
4 Jeftha, Zara L	16 Marlin-CP	3:10.38
5 Tweedie, Scarlet S	16 Pea-NM	3:17.06
6 Du Toit, Yusrah	16 Uwuc-CP	3:18.05

Event 406 Women 16 Year Olds 200 LC Meter Breaststroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Witten, Hannah	16 Aqua Dolphin-CP	2:58.78
2 Olivier, Shani	16 The Well-CE	2:59.23
3 Beetge, Amy	16 Lane Leader-CE	3:07.35
4 Jeftha, Zara L	16 Marlin-CP	3:13.98
5 Tweedie, Scarlet S	16 Pea-NM	3:20.06
6 Du Toit, Yusrah	16 Uwuc-CP	3:21.31

Event 406 Women 17-19 200 LC Meter Breaststroke

Name	AgeTeam	Finals Time
Finals		
1 Lindstrom, Jorja P	17 Harlequins-BU	2:58.26
2 Sabbagha, Annè	18 Paarl Aquarius-CE	3:02.76
3 Van Eeden, Alne	17 Pea-NM	3:11.76
4 Rinquest, Aqeelah	17 Marlin-CP	3:17.00

Event 406 Women 17-19 200 LC Meter Breaststroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Lindstrom, Jorja P	17 Harlequins-BU	3:00.20
2 Sabbagha, Annè	18 Paarl Aquarius-CE	3:05.96
3 Herbst, Mienke	17 SSISA-CP	3:06.16
4 Van Eeden, Alne	17 Pea-NM	3:14.08
5 Rinquest, Aqeelah	17 Marlin-CP	3:20.49

Event 407 Boys 14 & Under 100 LC Meter Breaststroke Multi-Class Par:

Name	AgeTeam	Finals Time
Finals		
1 Pardoe, James N SB15	12 Greydogs-CP	1:57.63

Event 407 Boys 14 & Under 100 LC Meter Breaststroke Multi-Class Par:

Name	AgeTeam	Prelim Time
Preliminaries		
1 Pardoe, James N SB15	12 Greydogs-CP	1:55.42

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Results

Event 409 Boys 11 & Under 50 LC Meter Backstroke

Name	AgeTeam	Finals Time
Finals		
1 Bright, Michael C	11 Curro Aquatics-CP	34.96
2 Kruger, Zachary C	11 Swartland Swim C-WC	36.39
3 Green, Aiden J	11 Bay Eagle-NM	36.72
4 Vd Watt, Earle	11 Greydogs-CP	37.07
5 February, Dillon S	11 Curro Aquatics-CP	37.91
6 Verdon, Daniel E	11 Infinity-NM	38.15
7 Bosch, Ewan Y	11 Tygers-CP	38.29
8 Schoeman, Mateo J	10 DESA-NM	39.60

Event 409 Boys 11 & Under 50 LC Meter Backstroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Bright, Michael C	11 Curro Aquatics-CP	36.34
2 Vd Watt, Earle	11 Greydogs-CP	36.83
3 Kruger, Zachary C	11 Swartland Swim C-WC	36.95
4 Green, Aiden J	11 Bay Eagle-NM	37.36
5 Bosch, Ewan Y	11 Tygers-CP	38.21
6 February, Dillon S	11 Curro Aquatics-CP	38.25
7 Verdon, Daniel E	11 Infinity-NM	38.86
8 Schoeman, Mateo J	10 DESA-NM	38.87
9 van Rensburg, Tristan	11 Greydogs-CP	39.18
10 Boshoff, Mickayle C	11 Knysna Aquatics-ED	39.41
11 Viljoen, Jagger F	11 Aqua Sharks-CP	39.44
12 Wagener, Tiaan H	11 Aquasharks Winel-CE	40.23
13 Jacobs, Seth G	11 Manta-CP	40.27
14 Lewis, Amaru C	11 Paarl Aquarius-CE	40.84
15 Basson, Henk	11 Lane Leader-CE	40.97
16 McAfee, Max L	10 Fish Eagle-ED	41.92
17 Titus, Brody	11 Paarl Aquarius-CE	42.98
18 Stenekamp, Keanu	11 Aqua Sharks-CP	47.85

Event 409 Boys 12 Year Olds 50 LC Meter Backstroke

Name	AgeTeam	Finals Time
Finals		
1 Parr, Colby S	12 Knysna Aquatics-ED	36.00
2 Coleman, Travis	12 Blouberg Marlins-CP	36.74
3 VerLoren Van Themaat, Hein	12 Lane Leader-CE	37.78
4 Williams, Dante E	12 Bay Eagle-NM	37.97
5 Ramorwesi, Oratilwe M	12 Swimlab-CP	38.80
6 Lubbe, Alex C	12 USC-BU	40.17
7 Naude, AJ J	12 Agulhas-OB	40.48
8 Cleophas, Lee L	12 Paarl Aquarius-CE	43.13

Event 409 Boys 12 Year Olds 50 LC Meter Backstroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Parr, Colby S	12 Knysna Aquatics-ED	36.23
2 Coleman, Travis	12 Blouberg Marlins-CP	37.51
3 VerLoren Van Themaat, Hein	12 Lane Leader-CE	38.59
4 Ramorwesi, Oratilwe M	12 Swimlab-CP	38.91
5 Williams, Dante E	12 Bay Eagle-NM	39.83
6 Lubbe, Alex C	12 USC-BU	40.31
7 Naude, AJ J	12 Agulhas-OB	41.84
8 Coates, Caleb	12 Fish Eagle-ED	42.27

9 Cleophas, Lee L	12 Paarl Aquarius-CE	42.59
10 Fortune, Hakeem	12 Manta-CP	43.27
11 Baadjies, Cruden H	12 Paarl Aquarius-CE	43.78
12 Douries, Ean	12 Curro Aquatics-CP	45.72

Event 409 Boys 13 Year Olds 50 LC Meter Backstroke

Name	AgeTeam	Finals Time
Finals		
1 Pieterse, Marcelle J	13 Xcel Swim Academ-CP	34.74
2 Grobler, Chris I	13 Curro Aquatics-CP	35.06
3 Rheeder, Liam M	13 Paarl Aquarius-CE	35.17
4 Hodge, Cameron P	13 Lane Leader-CE	35.50
5 Booth, Jake J	13 VIKI-BU	35.87
6 Smit, Reynard-Gray	13 Silver Fins-CP	36.13
7 Willenburg, Elijah K	13 Silver Fins-CP	36.88
8 van Wyk, Tariq K	13 Barracudas-CP	37.36

Event 409 Boys 13 Year Olds 50 LC Meter Backstroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Pieterse, Marcelle J	13 Xcel Swim Academ-CP	34.61
2 Booth, Jake J	13 VIKI-BU	34.74
3 Grobler, Chris I	13 Curro Aquatics-CP	35.06
4 Hodge, Cameron P	13 Lane Leader-CE	35.39
5 Willenburg, Elijah K	13 Silver Fins-CP	35.99
6 van Wyk, Tariq K	13 Barracudas-CP	36.24
7 Rheeder, Liam M	13 Paarl Aquarius-CE	36.70
8 Smit, Reynard-Gray	13 Silver Fins-CP	37.29
9 Cook, Jedd R	13 USC-BU	38.31
10 O'Neill, Teagan J	13 Pea-NM	38.34
11 Liss, Logan A	13 USC-BU	38.68
12 Addinall, Ethan	13 Manta-CP	38.91
13 Fortune, Yaseen	13 Manta-CP	39.26
14 Van Dyk, Stephaan	13 Blouberg Marlins-CP	40.58
15 Snyders, Reece	13 Uwc-CP	40.93
--- Harper, Zachary	13 Aqua Dolphin-CP	NS

Event 409 Boys 14 Year Olds 50 LC Meter Backstroke

Name	AgeTeam	Finals Time
Finals		
1 Kotzè, Max M	14 Blouberg Marlins-CP	32.50
2 Njoroge, Alphonse	14 Curro Aquatics-CP	33.10
3 Andrews, Carl R	14 Pea-NM	33.20
4 Vd Merwe, Thomas	14 Lane Leader-CE	33.31
5 Beukes, Jaden L	14 Walmers-CP	33.64
6 Williams, Evan B	14 SSISA-CP	33.91
7 Cleophas, Kyle	14 Paarl Aquarius-CE	34.47
8 Lategan, Nicky N	14 Swartland Swim C-WC	35.02

Event 409 Boys 14 Year Olds 50 LC Meter Backstroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Kotzè, Max M	14 Blouberg Marlins-CP	32.76
2 Njoroge, Alphonse	14 Curro Aquatics-CP	33.05
3 Andrews, Carl R	14 Pea-NM	33.22
4 Beukes, Jaden L	14 Walmers-CP	33.81
5 Vd Merwe, Thomas	14 Lane Leader-CE	34.02

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Results

Preliminaries ... (Event 409 Boys 14 Year Olds 50 LC Meter Backstroke)

Name	Age	Team	Prelim Time
6 Cleophas, Kyle	14	Paarl Aquarius-CE	34.58
7 Williams, Evan B	14	SSISA-CP	34.59
8 Lategan, Nicky N	14	Swartland Swim C-WC	35.13
9 Yeowart, Seth W	14	Greydogs-CP	35.15
10 Abrahams, Rayhan	14	Walmers-CP	35.40
11 Cilliers, Jannis N	14	FAAC	37.08

Event 409 Men 15 Year Olds 50 LC Meter Backstroke

Name	Age	Team	Finals Time
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Finals

1 Walker, Yohan G	15	Vineyard-CP	31.51
2 Moolman, Carter S	15	Manta-CP	32.14
3 Kalapac, Joshua	15	Blouberg Marlins-CP	32.36
4 Pautz, Nathan M	15	Blouberg Marlins-CP	32.77
5 De Bruyn, Cornè C	15	Aqua Sharks-CP	33.30
6 Viljoen, Jaden R	15	Aqua Sharks-CP	33.41
7 Burger, Rosseau	15	Lane Leader-CE	33.86
8 Myburgh, Ruan	15	Blouberg Marlins-CP	34.19

Event 409 Men 15 Year Olds 50 LC Meter Backstroke

Name	Age	Team	Prelim Time
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Preliminaries

1 Van Helden, Ethan C	15	Aqua Sharks-CP	31.32
2 Walker, Yohan G	15	Vineyard-CP	31.88
3 Pautz, Nathan M	15	Blouberg Marlins-CP	32.56
4 Moolman, Carter S	15	Manta-CP	32.61
5 Burger, Rosseau	15	Lane Leader-CE	33.23
6 Myburgh, Ruan	15	Blouberg Marlins-CP	33.72
7 Viljoen, Jaden R	15	Aqua Sharks-CP	33.74
8 Kalapac, Joshua	15	Blouberg Marlins-CP	33.98
9 De Bruyn, Cornè C	15	Aqua Sharks-CP	34.10

Event 409 Men 16 Year Olds 50 LC Meter Backstroke

Name	Age	Team	Finals Time
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Finals

1 McPetrie, James L	16	Manta-CP	31.16
2 Möller, FC C	16	Tygers-CP	31.37
3 Karsten, Jody	16	Blouberg Marlins-CP	33.04
4 Hewitt-Smook, Kristian	16	Swartland Swim C-WC	33.88
5 Schreuder, Steffen	16	Aquasharks Winel-CE	35.10

Event 409 Men 16 Year Olds 50 LC Meter Backstroke

Name	Age	Team	Prelim Time
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Preliminaries

1 McPetrie, James L	16	Manta-CP	31.74
2 Möller, FC C	16	Tygers-CP	31.86
3 Karsten, Jody	16	Blouberg Marlins-CP	33.40
4 Hewitt-Smook, Kristian	16	Swartland Swim C-WC	34.30
5 Schreuder, Steffen	16	Aquasharks Winel-CE	34.96

Event 409 Men 17-19 50 LC Meter Backstroke

Name	Age	Team	Finals Time
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Finals

1 Barnard, Adam J	18	AQUA-BU	29.72
2 Wolfe, Matthew L	18	Infinity-NM	31.28

3 Beukes, Mateo A	18	Walmers-CP	31.53
4 Peceur, Mark D	19	Paarl Aquarius-CE	31.74

Event 409 Men 17-19 50 LC Meter Backstroke

Name	Age	Team	Prelim Time
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Preliminaries

1 Wolfe, Matthew L	18	Infinity-NM	31.98
2 Peceur, Mark D	19	Paarl Aquarius-CE	32.42
3 Barnard, Adam J	18	AQUA-BU	32.84
4 Beukes, Mateo A	18	Walmers-CP	35.52

Event 410 Girls 11 & Under 50 LC Meter Backstroke

Name	Age	Team	Finals Time
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Finals

1 Hamilton, Shalea M	11	Bay Eagle-NM	35.17
2 Olivier, Julie M	11	Tygers-CP	36.53
3 Jansen van Rensburg, Mia	11	Vineyard-CP	37.59
4 Boshoff, Anja	11	Tygers-CP	37.63
5 Roth, Elle	11	Pea-NM	38.22
6 Roff, Mikaela	11	ROA-ED	38.29
7 Christie, Laila A	11	USC-BU	40.16
8 Sabbagha, Georgia	11	Paarl Aquarius-CE	40.54

Event 410 Girls 11 & Under 50 LC Meter Backstroke

Name	Age	Team	Prelim Time
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Preliminaries

1 Hamilton, Shalea M	11	Bay Eagle-NM	35.77
2 Olivier, Julie M	11	Tygers-CP	37.88
3 Boshoff, Anja	11	Tygers-CP	38.20
4 Roff, Mikaela	11	ROA-ED	38.72
5 Jansen van Rensburg, Mia	11	Vineyard-CP	39.03
6 Roth, Elle	11	Pea-NM	39.34
7 Christie, Laila A	11	USC-BU	39.50
8 Sabbagha, Georgia	11	Paarl Aquarius-CE	39.81
9 McGluwa, Jovanah N	11	Curro Aquatics-CP	40.04
10 Jantjies, Zara	11	Manta-CP	40.13
11 Odendaal, Sarah-Kate	11	Quick Silver-CP	40.18
12 Joyce, Jenna	11	Curro Aquatics-CP	40.86
13 Burger, Johané	11	ROA-ED	40.89
14 Landsberg, Katryn L	11	Infinity-NM	41.94
15 Nel, Olivia	11	Curro-WC	42.03
16 Billson, Amelie	11	Curro Aquatics-CP	42.15
17 Stevenson, Mikayla	11	Quick Silver-CP	42.44
18 Williams, Aqeelah	11	Uwc-CP	42.56
19 Chibharo, Lethabo L	11	Tygers-CP	42.72
20 Pieterse, Nina	11	DESA-NM	43.05
21 Rosenstrauch, Lara	11	Helderberg Titan-CP	44.80
22 Terwin, Brooklyn	11	USC-BU	45.13
23 Kalapac, Lexi	11	Blouberg Marlins-CP	47.37

Event 410 Girls 12 Year Olds 50 LC Meter Backstroke

Name	Age	Team	Finals Time
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Finals

1 De Beer, Isabella C	12	Quicksilver Wine-CE	36.72
2 Van Dyk, Zani	12	Greydogs-CP	37.22
3 Lombard, Mia	12	Harlequins-BU	38.67
4 Thirsk, Savannah	12	Tygers-CP	39.44
5 Jooman, April R	12	Bay Eagle-NM	39.85

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Results

Finals ... (Event 410 Girls 12 Year Olds 50 LC Meter Backstroke)

Name	AgeTeam	Finals Time
6 Nienaber, Mila J	12 Quicksilver Wine-CE	40.13
7 Flack, Francesca	12 Curro-WC	40.38
8 Minnaar, Amelia C	12 USC-BU	41.59

Event 410 Girls 12 Year Olds 50 LC Meter Backstroke

Name	AgeTeam	Prelim Time
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Preliminaries

1 De Beer, Isabella C	12 Quicksilver Wine-CE	37.86
2 Van Dyk, Zani	12 Greydogs-CP	38.06
3 Nienaber, Mila J	12 Quicksilver Wine-CE	39.90
4 Lombard, Mia	12 Harlequins-BU	39.96
5 Flack, Francesca	12 Curro-WC	40.17
6 Thirsk, Savannah	12 Tygers-CP	40.23
7 Jooman, April R	12 Bay Eagle-NM	40.54
8 Minnaar, Amelia C	12 USC-BU	41.40
9 Lottering, Eirley	12 USC-BU	41.89
10 Liebenberg, Aimee L	12 Swartland Swim C-WC	43.23
11 Mare, Isabella	12 Greydogs-CP	43.89

Event 410 Girls 13 Year Olds 50 LC Meter Backstroke

Name	AgeTeam	Finals Time
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Finals

1 Riley, Logan	13 Curro Aquatics-CP	34.82
2 Van Wyk, Katie R	13 Blouberg Marlins-CP	35.75
3 Van Zyl, Minette M	13 Infinity-NM	35.96
4 Fenner, Olivia M	13 Players-CE	36.15
5 Basson, Lenè	13 Curro-WC	37.01
6 Laubscher, Mikalla I	13 Aqua Sharks-CP	37.86
7 Schäfer, Kyla	13 Knysna Aquatics-ED	37.91
8 Samuels, Londyn	13 Paarl Aquarius-CE	38.13

Event 410 Girls 13 Year Olds 50 LC Meter Backstroke

Name	AgeTeam	Prelim Time
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Preliminaries

1 Riley, Logan	13 Curro Aquatics-CP	35.30
2 Van Zyl, Minette M	13 Infinity-NM	36.00
3 Fenner, Olivia M	13 Players-CE	36.09
4 Van Wyk, Katie R	13 Blouberg Marlins-CP	36.29
5 Basson, Lenè	13 Curro-WC	36.82
*6 Schäfer, Kyla	13 Knysna Aquatics-ED	37.08
*6 Laubscher, Mikalla I	13 Aqua Sharks-CP	37.08
8 Samuels, Londyn	13 Paarl Aquarius-CE	38.27
9 Myers, Kirsten E	13 SSISA-CP	38.38
10 Burger, Juanè	13 Tygers-CP	39.40
11 Welsh, Stacey A	13 Bay Eagle-NM	39.76
12 Thirsk, Madison	13 Tygers-CP	39.84
13 Mudau, Takalani T	13 Vineyard-CP	40.24
14 Harper, Maddie I	13 Knysna Aquatics-ED	40.98
15 Lodewyks, Jeandré	13 Fish Eagle-ED	41.81
16 McAfee, Holly B	13 Fish Eagle-ED	43.01

Event 410 Girls 14 Year Olds 50 LC Meter Backstroke

Name	AgeTeam	Finals Time
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Finals

1 Kruger, Kate-Lynn M	14 DESA-NM	34.96
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2 Holthuis, Keilah-Naomi	14 Quicksilver Wine-CE	35.25
3 Fabricius, Kaylin	14 Barracudas-CP	36.38
4 Senekal, Margo	14 Tygers-CP	36.83
5 Munro, Abigail	14 USC-BU	37.80
6 Blake, Abi E	14 Greydogs-CP	40.26
7 Kleynhans, Sian	14 ROA-ED	41.38
--- Strong, Ava J	14 Pea-NM	NS

Event 410 Girls 14 Year Olds 50 LC Meter Backstroke

Name	AgeTeam	Prelim Time
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Preliminaries

1 Kruger, Kate-Lynn M	14 DESA-NM	35.71
*2 Strong, Ava J	14 Pea-NM	36.50
*2 Holthuis, Keilah-Naomi	14 Quicksilver Wine-CE	36.50
4 Fabricius, Kaylin	14 Barracudas-CP	36.82
5 Blake, Abi E	14 Greydogs-CP	37.25
6 Senekal, Margo	14 Tygers-CP	37.99
7 Munro, Abigail	14 USC-BU	38.14
8 Hagglund, Emma H	14 SSISA-CP	38.57
9 De Oliveira, Aliyah	14 Tygers-CP	38.69
10 Kleynhans, Sian	14 ROA-ED	39.51
11 Baillie, Gabi J	14 ROA-ED	40.37

Event 410 Women 15 Year Olds 50 LC Meter Backstroke

Name	AgeTeam	Finals Time
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Finals

1 Wium, Mari	15 Quicksilver Wine-CE	34.04
2 Louw, Lume L	15 USC-BU	34.88
3 Borman, Jani	15 Swartland Swim C-WC	35.35
4 Ogden, Lily	15 Pea-NM	35.51

Event 410 Women 15 Year Olds 50 LC Meter Backstroke

Name	AgeTeam	Prelim Time
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Preliminaries

1 Wium, Mari	15 Quicksilver Wine-CE	34.68
2 Louw, Lume L	15 USC-BU	35.68
3 Borman, Jani	15 Swartland Swim C-WC	36.19
4 Ogden, Lily	15 Pea-NM	36.92
--- Visser, Sandri	15 Players-CE	NS

Event 410 Women 16 Year Olds 50 LC Meter Backstroke

Name	AgeTeam	Finals Time
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Finals

1 De Beer, Anri	16 Infinity-NM	35.28
2 Voges, Jhoanè E	16 Quick Silver-CP	37.40

Event 410 Women 16 Year Olds 50 LC Meter Backstroke

Name	AgeTeam	Prelim Time
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Preliminaries

1 Ryser, Aurora	16 Tygers-CP	34.33
2 De Beer, Anri	16 Infinity-NM	36.93
3 Voges, Jhoanè E	16 Quick Silver-CP	37.50

Event 410 Women 17-19 50 LC Meter Backstroke

Name	AgeTeam	Finals Time
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Finals

1 Beatt, Emily R	17 Pea-NM	34.27
2 Rossouw, Nadia	17 Tygers-CP	34.76

SA Level 3 Regional Age Group Champs 2024-EC - 2024/03/21 to 2024/03/24

Results

Finals ... (Event 410 Women 17-19 50 LC Meter Backstroke)

Name	AgeTeam	Finals Time
3 Theron, Yedidah	18 ROA-ED	38.19
--- Bulose, Megan	19 Uwc-CP	NS
--- Ogden, Amber	17 Pea-NM	NS

Event 410 Women 17-19 50 LC Meter Backstroke

Name	AgeTeam	Prelim Time
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Preliminaries

1 Beatt, Emily R	17 Pea-NM	35.04
2 Bulose, Megan	19 Uwc-CP	35.78
3 Rossouw, Nadia	17 Tygers-CP	35.98
4 Ogden, Amber	17 Pea-NM	37.81
5 Theron, Yedidah	18 ROA-ED	39.17

Event 411 Boys 11 & Under 50 LC Meter Butterfly

Name	AgeTeam	Finals Time
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Finals

1 Bright, Michael C	11 Curro Aquatics-CP	33.40
2 Bosch, Ewan Y	11 Tygers-CP	34.06
3 Vd Watt, Earle	11 Greydogs-CP	34.66
4 Barnard, Theo J	11 Swartland Swim C-WC	35.09
5 Schemel, Brody L	11 Harlequins-BU	35.80
6 Barnard, Daniël B	11 Quick Silver-CP	35.89
7 Boshoff, Mickayle C	11 Knysna Aquatics-ED	37.24
8 February, Dillon S	11 Curro Aquatics-CP	37.49

Event 411 Boys 11 & Under 50 LC Meter Butterfly

Name	AgeTeam	Prelim Time
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Preliminaries

1 Bright, Michael C	11 Curro Aquatics-CP	34.31
2 Bosch, Ewan Y	11 Tygers-CP	34.70
3 Vd Watt, Earle	11 Greydogs-CP	34.88
4 Barnard, Theo J	11 Swartland Swim C-WC	34.94
5 Barnard, Daniël B	11 Quick Silver-CP	35.84
6 Schemel, Brody L	11 Harlequins-BU	35.93
7 Boshoff, Mickayle C	11 Knysna Aquatics-ED	36.41
8 February, Dillon S	11 Curro Aquatics-CP	37.14
9 Wagener, Tiaan H	11 Aquasharks Winel-CE	37.55
10 Van Onselen, Pierre S	11 Tygers-CP	38.05
11 Verdon, Daniel E	11 Infinity-NM	38.16
12 Viljoen, Jagger F	11 Aqua Sharks-CP	38.39
13 Jacobs, Seth G	11 Manta-CP	38.85
14 Joyce, Guy	10 Curro Aquatics-CP	39.77
15 Goliath, Cooper C	11 USC-BU	39.86
16 Titus, Brody	11 Paarl Aquarius-CE	40.71
17 Lewis, Amaru C	11 Paarl Aquarius-CE	41.25
18 Rosser, Mark J	11 Infinity-NM	44.35

Event 411 Boys 12 Year Olds 50 LC Meter Butterfly

Name	AgeTeam	Finals Time
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Finals

1 Coates, Caleb	12 Fish Eagle-ED	32.99
2 Muller, Lukas D	12 Quick Silver-CP	33.32
3 Parr, Colby S	12 Knysna Aquatics-ED	33.95
4 Spencer, Marcus W	12 Vineyard-CP	34.94
5 VerLoren Van Themaat, Hein	12 Lane Leader-CE	36.04
6 Jonas, Leonardo	12 Players-CE	36.85

7 Coleman, Travis	12 Blouberg Marlins-CP	36.93
8 Strydom, Andre N	12 Bay Eagle-NM	37.40

Event 411 Boys 12 Year Olds 50 LC Meter Butterfly

Name	AgeTeam	Prelim Time
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Preliminaries

1 Coates, Caleb	12 Fish Eagle-ED	33.69
2 Muller, Lukas D	12 Quick Silver-CP	34.13
3 Parr, Colby S	12 Knysna Aquatics-ED	34.87
4 Ramorwesi, Oratilwe M	12 Swimlab-CP	34.89
5 Spencer, Marcus W	12 Vineyard-CP	34.99
6 Coleman, Travis	12 Blouberg Marlins-CP	35.65
7 Jonas, Leonardo	12 Players-CE	36.82
8 Strydom, Andre N	12 Bay Eagle-NM	36.96
9 VerLoren Van Themaat, Hein	12 Lane Leader-CE	37.33
10 Troskie, Jean	12 Quick Silver-CP	37.80
11 Troskie, Roean	12 Quick Silver-CP	40.01
12 Lubbe, Alex C	12 USC-BU	40.79
13 Williams, Dante E	12 Bay Eagle-NM	40.89
14 Douries, Ean	12 Curro Aquatics-CP	42.22
15 Stead, Nathan J	12 Harlequins-BU	42.44
16 Smit, Christian F	12 ROA-ED	42.50
17 Cleophas, Lee L	12 Paarl Aquarius-CE	43.76

Event 411 Boys 13 Year Olds 50 LC Meter Butterfly

Name	AgeTeam	Finals Time
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Finals

1 van Wyk, Tariq K	13 Barracudas-CP	31.71
2 Booth, Jake J	13 VIKI-BU	32.00
3 Swanepoel, Ewald	13 Fish Eagle-ED	32.34
4 Palmer, Travis I	13 Pea-NM	32.55
5 Afonso, Aragon G	13 Quick Silver-CP	32.57
6 Pieterse, Marcelle J	13 Xcel Swim Academ-CP	32.90
7 Rheeder, Liam M	13 Paarl Aquarius-CE	33.66
8 Smit, Reynard-Gray	13 Silver Fins-CP	34.76

Event 411 Boys 13 Year Olds 50 LC Meter Butterfly

Name	AgeTeam	Prelim Time
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Preliminaries

1 van Wyk, Tariq K	13 Barracudas-CP	32.57
2 Pieterse, Marcelle J	13 Xcel Swim Academ-CP	32.73
3 Palmer, Travis I	13 Pea-NM	32.77
4 Booth, Jake J	13 VIKI-BU	32.79
5 Swanepoel, Ewald	13 Fish Eagle-ED	32.94
6 Afonso, Aragon G	13 Quick Silver-CP	33.15
7 Smit, Reynard-Gray	13 Silver Fins-CP	34.21
8 Rheeder, Liam M	13 Paarl Aquarius-CE	34.34
9 Willenburg, Elijah K	13 Silver Fins-CP	34.87
10 O'Neill, Teagan J	13 Pea-NM	34.94
11 Liss, Logan A	13 USC-BU	35.70
12 Krause, Luke	13 Curro Aquatics-CP	35.75
13 Peters, Stijn J	13 USC-BU	36.49
14 Hodge, Cameron P	13 Lane Leader-CE	37.62
15 Addinall, Ethan	13 Manta-CP	37.76
16 Van Dyk, Stephaan	13 Blouberg Marlins-CP	37.81
17 Cook, Jedd R	13 USC-BU	38.04
18 Markotter, D-J R	13 Infinity-NM	38.36

SA Level 3 Regional Age Group Champs 2024-EC - 2024/03/21 to 2024/03/24

Results

Preliminaries ... (Event 411 Boys 13 Year Olds 50 LC Meter Butterfly)

Name	AgeTeam	Prelim Time
19 Basson, Zethan L	13 Pea-NM	40.63
20 Gomez, Alex W	13 Marlin-CP	42.05

Event 411 Boys 14 Year Olds 50 LC Meter Butterfly

Name	AgeTeam	Finals Time
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Finals

1 Heine, Jett C	14 Pea-NM	28.90
2 Rosslee, Christian F	14 Quicksilver Wine-CE	30.27
3 Beukes, Jaden L	14 Walmers-CP	30.39
4 Pullock, Sam J	14 Curro Hermanus-OB	31.14
5 Andrews, Carl R	14 Pea-NM	32.25
6 Liedeman, Mark	14 Swartland Swim C-WC	32.34
7 Vd Merwe, Thomas	14 Lane Leader-CE	32.76
8 Minnaar, Nicolas	14 Tygers-CP	32.83

Event 411 Boys 14 Year Olds 50 LC Meter Butterfly

Name	AgeTeam	Prelim Time
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Preliminaries

1 Heine, Jett C	14 Pea-NM	28.72
2 Beukes, Jaden L	14 Walmers-CP	30.23
3 Cilliers, Jannis N	14 FAAC	30.81
4 Pullock, Sam J	14 Curro Hermanus-OB	31.09
5 Rosslee, Christian F	14 Quicksilver Wine-CE	31.12
6 Liedeman, Mark	14 Swartland Swim C-WC	32.38
7 Andrews, Carl R	14 Pea-NM	32.55
8 Vd Merwe, Thomas	14 Lane Leader-CE	32.58
9 Minnaar, Nicolas	14 Tygers-CP	32.80
10 Cleophas, Kyle	14 Paarl Aquarius-CE	32.81
11 Spencer, Charles A	14 Vineyard-CP	32.99
12 Kotzè, Max M	14 Blouberg Marlins-CP	33.02
13 Lategan, Nicky N	14 Swartland Swim C-WC	33.32
14 Njoroge, Alphonse	14 Curro Aquatics-CP	33.77
15 Basson, Trishaun T	14 Marlin-CP	40.64

Event 411 Men 15 Year Olds 50 LC Meter Butterfly

Name	AgeTeam	Finals Time
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Finals

1 Heyes, Garrick T	15 Aqua Sharks-CP	28.26
2 Kalapac, Joshua	15 Blouberg Marlins-CP	28.70
3 Moolman, Carter S	15 Manta-CP	29.15
4 Viljoen, Jaden R	15 Aqua Sharks-CP	30.59
5 Pautz, Nathan M	15 Blouberg Marlins-CP	31.06
6 Burger, Rosseau	15 Lane Leader-CE	32.06
7 Myburgh, Ruan	15 Blouberg Marlins-CP	33.32
--- De Bruyn, Cornè C	15 Aqua Sharks-CP	NS

Event 411 Men 15 Year Olds 50 LC Meter Butterfly

Name	AgeTeam	Prelim Time
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Preliminaries

1 Heyes, Garrick T	15 Aqua Sharks-CP	28.59
2 Kalapac, Joshua	15 Blouberg Marlins-CP	28.84
3 Moolman, Carter S	15 Manta-CP	29.41
4 Van Helden, Ethan C	15 Aqua Sharks-CP	29.71
5 Viljoen, Jaden R	15 Aqua Sharks-CP	30.80
6 Pautz, Nathan M	15 Blouberg Marlins-CP	31.16
7 Burger, Rosseau	15 Lane Leader-CE	31.91

8 De Bruyn, Cornè C	15 Aqua Sharks-CP	32.28
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9 Myburgh, Ruan	15 Blouberg Marlins-CP	33.34
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Event 411 Men 16 Year Olds 50 LC Meter Butterfly

Name	AgeTeam	Finals Time
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Finals

1 Geysler, Jacques M	16 Lane Leader-CE	28.35
2 Alexander, Ammaar	16 Marlin-CP	28.37
3 McPetrie, James L	16 Manta-CP	29.20
4 Hewitt-Smook, Kristian	16 Swartland Swim C-WC	29.36
5 Schreuder, Steffen	16 Aquasharks Winel-CE	29.53
6 Karsten, Jody	16 Blouberg Marlins-CP	30.01
7 Hlangothi, Munguni S	16 Pea-NM	30.17
8 Zellie, Thomas J	16 Swimlab-CP	31.37

Event 411 Men 16 Year Olds 50 LC Meter Butterfly

Name	AgeTeam	Prelim Time
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Preliminaries

1 Geysler, Jacques M	16 Lane Leader-CE	28.13
2 Alexander, Ammaar	16 Marlin-CP	28.20
3 Schreuder, Steffen	16 Aquasharks Winel-CE	29.30
4 McPetrie, James L	16 Manta-CP	29.70
5 Hewitt-Smook, Kristian	16 Swartland Swim C-WC	30.04
6 Karsten, Jody	16 Blouberg Marlins-CP	30.34
7 Hlangothi, Munguni S	16 Pea-NM	30.36
8 Zellie, Thomas J	16 Swimlab-CP	31.72
--- Engelbrecht, Ruben J	16 Players-CE	NS

Event 411 Men 17-19 50 LC Meter Butterfly

Name	AgeTeam	Finals Time
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Finals

1 Beukes, Mateo A	18 Walmers-CP	27.80
2 Hiten, Darius	18 Pea-NM	27.99
3 Barnard, Adam J	18 AQUA-BU	28.69
4 Peceur, Mark D	19 Paarl Aquarius-CE	29.06
5 Wolfe, Matthew L	18 Infinity-NM	29.53
6 Cornish, Jeyaad	18 Hurricane-CP	29.86

Event 411 Men 17-19 50 LC Meter Butterfly

Name	AgeTeam	Prelim Time
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Preliminaries

1 Hiten, Darius	18 Pea-NM	27.67
2 Beukes, Mateo A	18 Walmers-CP	28.51
3 Peceur, Mark D	19 Paarl Aquarius-CE	28.92
4 Wolfe, Matthew L	18 Infinity-NM	29.57
5 Cornish, Jeyaad	18 Hurricane-CP	29.91
6 Barnard, Adam J	18 AQUA-BU	30.32

Event 412 Girls 11 & Under 50 LC Meter Butterfly

Name	AgeTeam	Finals Time
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Finals

1 Williams, Aqeelah	11 Uwc-CP	33.56
2 Hamilton, Shalea M	11 Bay Eagle-NM	33.83
3 Joyce, Jenna	11 Curro Aquatics-CP	34.07
4 Jansen van Rensburg, Mia	11 Vineyard-CP	34.77
5 Olivier, Julie M	11 Tygers-CP	36.52
6 Horn, Anna	11 Xcel Swim Academ-CP	36.56
7 Julies, Grace J	11 Xcel Swim Academ-CP	37.27

SA Level 3 Regional Age Group Champs 2024-EC - 2024/03/21 to 2024/03/24

Results

Finals ... (Event 412 Girls 11 & Under 50 LC Meter Butterfly)

Name	AgeTeam	Finals Time
8 Roff, Mikaela	11 ROA-ED	38.67

Event 412 Girls 11 & Under 50 LC Meter Butterfly

Name	AgeTeam	Prelim Time
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Preliminaries

1 Hamilton, Shalea M	11 Bay Eagle-NM	34.27
2 Williams, Aqeelah	11 Uwc-CP	35.27
3 Jansen van Rensburg, Mia	11 Vineyard-CP	36.70
4 Joyce, Jenna	11 Curro Aquatics-CP	37.28
5 Olivier, Julie M	11 Tygers-CP	37.58
6 Julies, Grace J	11 Xcel Swim Academ-CP	37.75
7 Roff, Mikaela	11 ROA-ED	38.08
8 Horn, Anna	11 Xcel Swim Academ-CP	38.12
9 Lockitch, Zara	11 Cybersmart-CP	38.54
10 Jantjies, Zara	11 Manta-CP	38.91
11 Anthony, Jazmin A	11 Paarl Aquarius-CE	39.34
12 Boshoff, Anja	11 Tygers-CP	39.91
13 Sabbagha, Georgia	11 Paarl Aquarius-CE	40.06
14 Burger, Johané	11 ROA-ED	40.50
15 Billson, Amelie	11 Curro Aquatics-CP	40.55
16 Louw, Mali R	11 The Well-CE	41.03
17 Rosenstrauch, Lara	11 Helderberg Titan-CP	41.12
18 Stevenson, Mikayla	11 Quick Silver-CP	41.15
19 Roth, Elle	11 Pea-NM	41.47
20 Chibharo, Lethabo L	11 Tygers-CP	42.24
21 Odendaal, Sarah-Kate	11 Quick Silver-CP	43.54
22 Jurgens, Chloe-Leigh	11 Manta-CP	43.88
23 Terwin, Brooklyn	11 USC-BU	44.34
24 Kalapac, Lexi	11 Blouberg Marlins-CP	44.56
25 McGluwa, Jovanah N	11 Curro Aquatics-CP	45.36
26 Steyn, Nee'lah	11 Uwc-CP	46.02
27 Ristow, Emma K	11 USC-BU	46.13

Event 412 Girls 12 Year Olds 50 LC Meter Butterfly

Name	AgeTeam	Finals Time
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Finals

1 Stilwaney, Mia C	12 Paarl Aquarius-CE	35.42
2 Charles, Tyla	12 Vineyard-CP	36.04
3 Lottering, Eirley	12 USC-BU	36.90
4 Van Dyk, Zani	12 Greydogs-CP	37.11
5 Jooman, April R	12 Bay Eagle-NM	37.47
6 Sonnekus, Anya	12 Tygers-CP	39.36
7 Govender, Gabi R	12 Infinity-NM	39.56
8 Flack, Francesca	12 Curro-WC	41.62

Event 412 Girls 12 Year Olds 50 LC Meter Butterfly

Name	AgeTeam	Prelim Time
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Preliminaries

1 Stilwaney, Mia C	12 Paarl Aquarius-CE	35.86
2 Charles, Tyla	12 Vineyard-CP	37.71
3 Van Dyk, Zani	12 Greydogs-CP	38.68
4 Lottering, Eirley	12 USC-BU	38.72
5 Jooman, April R	12 Bay Eagle-NM	38.96
6 Govender, Gabi R	12 Infinity-NM	39.41
7 Sonnekus, Anya	12 Tygers-CP	39.70

8 Flack, Francesca	12 Curro-WC	41.27
9 Botha, Rebecca P	12 Knysna Aquatics-ED	43.05
10 Minnaar, Amelia C	12 USC-BU	43.92
11 Thirsk, Savannah	12 Tygers-CP	45.43

Event 412 Girls 13 Year Olds 50 LC Meter Butterfly

Name	AgeTeam	Finals Time
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Finals

1 Van Der Wath, Izi	13 Knysna Aquatics-ED	33.14
2 Riley, Logan	13 Curro Aquatics-CP	33.80
3 Van Zyl, Minette M	13 Infinity-NM	34.53
4 Basson, Lenè	13 Curro-WC	34.70
5 Laubscher, Mikalla I	13 Aqua Sharks-CP	35.54
6 Schäfer, Kyla	13 Knysna Aquatics-ED	35.75
7 Fenner, Olivia M	13 Players-CE	36.50
8 Van Wyk, Katie R	13 Blouberg Marlins-CP	38.25

Event 412 Girls 13 Year Olds 50 LC Meter Butterfly

Name	AgeTeam	Prelim Time
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Preliminaries

1 Van Der Wath, Izi	13 Knysna Aquatics-ED	32.90
2 Riley, Logan	13 Curro Aquatics-CP	34.50
3 Van Zyl, Minette M	13 Infinity-NM	35.15
4 Basson, Lenè	13 Curro-WC	35.66
5 Fenner, Olivia M	13 Players-CE	35.75
6 Burger, Juanè	13 Tygers-CP	35.94
7 Laubscher, Mikalla I	13 Aqua Sharks-CP	35.95
8 Schäfer, Kyla	13 Knysna Aquatics-ED	36.42
9 Van Wyk, Katie R	13 Blouberg Marlins-CP	36.53
10 De Jager, Sophia	13 Curro Aquatics-CP	37.33
11 Mudau, Takalani T	13 Vineyard-CP	37.43
12 Thirsk, Madison	13 Tygers-CP	38.09
13 Samuels, Londyn	13 Paarl Aquarius-CE	38.53
14 Weimann, Erin J	13 USC-BU	39.81
15 Atkinson, Anouk E	13 Swartland Swim C-WC	40.42

Event 412 Girls 14 Year Olds 50 LC Meter Butterfly

Name	AgeTeam	Finals Time
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Finals

1 Rossouw, Cara	14 Tygers-CP	33.34
2 Fabricius, Kaylin	14 Barracudas-CP	33.43
3 Van Niekerk, Ona	14 Knysna Aquatics-ED	34.98
4 Adams, Sydney M	14 Vineyard-CP	35.05
5 Davies, Jessica A	14 VIKI-BU	39.28
6 Kleynhans, Sian	14 ROA-ED	44.10
--- Strong, Ava J	14 Pea-NM	NS

Event 412 Girls 14 Year Olds 50 LC Meter Butterfly

Name	AgeTeam	Prelim Time
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Preliminaries

1 Rossouw, Cara	14 Tygers-CP	33.88
2 Fabricius, Kaylin	14 Barracudas-CP	34.15
3 Strong, Ava J	14 Pea-NM	34.39
4 Van Niekerk, Ona	14 Knysna Aquatics-ED	35.00
5 Adams, Sydney M	14 Vineyard-CP	35.56
6 De Oliveira, Aliyah	14 Tygers-CP	35.82
7 Hagglund, Emma H	14 SSISA-CP	37.21

SA Level 3 Regional Age Group Champs 2024-EC - 2024/03/21 to 2024/03/24

Results

Preliminaries ... (Event 412 Girls 14 Year Olds 50 LC Meter Butterfly)

Name	AgeTeam	Prelim Time
8 Davies, Jessica A	14 VIKI-BU	38.27
9 Kleynhans, Sian	14 ROA-ED	42.49

Event 412 Women 15 Year Olds 50 LC Meter Butterfly

Name	AgeTeam	Finals Time
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Finals

1 Wium, Mari	15 Quicksilver Wine-CE	30.94
2 Liebenberg, Emily M	15 Swartland Swim C-WC	31.64
3 Smith, Lara E	15 Tygers-CP	31.68
4 Louw, Lume L	15 USC-BU	33.31
5 Schreuder, Hannah G	15 Swimlab-CP	37.60
6 Smit, Miela	15 AQUA-BU	38.00

Event 412 Women 15 Year Olds 50 LC Meter Butterfly

Name	AgeTeam	Prelim Time
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Preliminaries

1 Wium, Mari	15 Quicksilver Wine-CE	31.30
2 Liebenberg, Emily M	15 Swartland Swim C-WC	31.69
3 Smith, Lara E	15 Tygers-CP	32.04
4 Louw, Lume L	15 USC-BU	33.84
5 Schreuder, Hannah G	15 Swimlab-CP	36.82
6 Smit, Miela	15 AQUA-BU	38.37

Event 412 Women 16 Year Olds 50 LC Meter Butterfly

Name	AgeTeam	Finals Time
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Finals

1 De Beer, Anri	16 Infinity-NM	32.81
2 Du Toit, Yusrah	16 Uwc-CP	34.45
3 Voges, Jhoanè E	16 Quick Silver-CP	34.72
4 Jeftha, Zara L	16 Marlin-CP	36.07
5 Tweedie, Scarlet S	16 Pea-NM	36.25

Event 412 Women 16 Year Olds 50 LC Meter Butterfly

Name	AgeTeam	Prelim Time
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Preliminaries

1 Ryser, Aurora	16 Tygers-CP	33.72
2 Du Toit, Yusrah	16 Uwc-CP	35.27
3 De Beer, Anri	16 Infinity-NM	35.34
4 Tweedie, Scarlet S	16 Pea-NM	35.42
5 Voges, Jhoanè E	16 Quick Silver-CP	35.94
6 Jeftha, Zara L	16 Marlin-CP	36.74

Event 412 Women 17-19 50 LC Meter Butterfly

Name	AgeTeam	Finals Time
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Finals

1 Lindstrom, Jorja P	17 Harlequins-BU	32.70
2 Ogden, Amber	17 Pea-NM	33.12
3 Beatt, Emily R	17 Pea-NM	33.76
4 Sabbagha, Annè	18 Paarl Aquarius-CE	34.95
5 Theron, Yedidah	18 ROA-ED	36.34
6 Rinquest, Aqeelah	17 Marlin-CP	40.46

Event 412 Women 17-19 50 LC Meter Butterfly

Name	AgeTeam	Prelim Time
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Preliminaries

1 Lindstrom, Jorja P	17 Harlequins-BU	32.96
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2 Beatt, Emily R	17 Pea-NM	33.10
3 Sabbagha, Annè	18 Paarl Aquarius-CE	34.36
4 Micklethwaite, Skye T	17 SSISA-CP	34.67
5 Ogden, Amber	17 Pea-NM	34.94
6 Theron, Yedidah	18 ROA-ED	35.66
7 Rinquest, Aqeelah	17 Marlin-CP	39.61

Event 413 Boys 14 & Under 50 LC Meter Butterfly Multi-Class Para

Name	AgeTeam	Finals Time
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Finals

1 Pardoe, James N S15	12 Greydogs-CP	51.48
2 Hartwig, Connor M S6	12 Harlequins-BU	1:12.77

Event 413 Boys 14 & Under 50 LC Meter Butterfly Multi-Class Para

Name	AgeTeam	Prelim Time
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Preliminaries

1 Pardoe, James N S15	12 Greydogs-CP	50.66
2 Hartwig, Connor M S6	12 Harlequins-BU	1:12.28

Event 414 Women 15-99 50 LC Meter Butterfly Multi-Class Para

Name	AgeTeam	Finals Time
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Finals

1 Du Toit, Naseerah S8	15 Uwc-CP	53.37
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Event 414 Women 15-99 50 LC Meter Butterfly Multi-Class Para

Name	AgeTeam	Prelim Time
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Preliminaries

1 Du Toit, Naseerah S8	15 Uwc-CP	53.71
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Event 415 Men 12 & Under 4x50 LC Meter Medley Relay 4 x 50 Medley

Team	Relay	Finals Time
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1 Curro Aquatics-CP	A	2:27.83
1) February, Dillon S 11	2) Douries, Ean 12	
3) Bright, Michael C 11	4) Joyce, Guy 10	
--- Tygers-CP	A	NS
1) Van Onselen, Pierre S 11	2) Fouche, Jack 12	
3) Bosch, Ewan Y 11	4) Heunis, Le Roux 12	

Event 416 Women 12 & Under 4x50 LC Meter Medley Relay 4 x 50 Medley

Team	Relay	Finals Time
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1 Tygers-CP	A	2:30.53
1) Boshoff, Anja 11	2) Chibharo, Lethabo L 11	
3) Olivier, Julie M 11	4) Thirsk, Savannah 12	
2 USC-BU	A	2:37.99
1) Minnaar, Amelia C 12	2) Greyvenstein, Hayley 10	
3) Lottering, Eirley 12	4) Christie, Laila A 11	

Event 417 Men 13-15 4x50 LC Meter Medley Relay 4 x 50 Medley Relay

Team	Relay	Finals Time
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1 Blouberg Marlins-CP	A	2:05.29
1) Myburgh, Ruan 15	2) Pautz, Nathan M 15	
3) Kalapac, Joshua 15	4) Kotzè, Max M 14	
2 Pea-NM	A	2:14.41
1) Andrews, Carl R 14	2) Basson, Zethan L 13	
3) Palmer, Travis I 13	4) O'Neill, Teagan J 13	
3 Lane Leader-CE	A	2:15.33
1) Hodge, Cameron P 13	2) Burger, Rosseau 15	
3) Vd Merwe, Thomas 14	4) Basson, Henk 11	

SA Level 3 Regional Age Group Champs 2024-EC - 2024/03/21 to 2024/03/24

Results

(Event 417 Men 13-15 4x50 LC Meter Medley Relay 4 x 50 Medley Relay

Team	Relay	Finals Time
4 Curro Aquatics-CP	B	2:15.34
1) Grobler, Chris I 13	2) Van Wyk, Jack R 13	
3) Njoroge, Alphonse 14	4) Krause, Luke 13	
5 USC-BU	A	2:30.71
1) Cook, Jedd R 13	2) Peters, Stijn J 13	
3) Liss, Logan A 13	4) Lubbe, Alex C 12	
--- Aqua Sharks-CP	A	DQ
1) Viljoen, Jaden R 15	2) De Bruyn, Cornè C 15	
3) Van Helden, Ethan C 15	4) Heyes, Garrick T 15	
--- Curro Aquatics-CP	A	NS
1) February, Dillon S 11	2) Douries, Ean 12	
3) Bright, Michael C 11	4) Joyce, Guy 10	

Event 418 Women 13-15 4x50 LC Meter Medley Relay 4 x 50 Medley Re

Team	Relay	Finals Time
1 Knysna Aquatics-ED	A	2:19.52
1) Schäfer, Kyla 13	2) Van Niekerk, Ona 14	
3) Van Der Wath, Izi 13	4) Botha, Rebecca P 12	
2 Swartland Swim C-WC	A	2:21.47
1) Borman, Jani 15	2) Atkinson, Anouk E 13	
3) Liebenberg, Emily M 15	4) Barnard, Adelmari D 14	
3 Curro Aquatics-CP	A	2:23.58
1) Riley, Logan 13	2) Joyce, Jenna 11	
3) De Jager, Sophia 13	4) McGluwa, Jovanah N 11	
4 Vineyard-CP	A	2:25.58
1) Jansen van Rensburg, Mia 11	2) Charles, Tyla 12	
3) Mudau, Takalani T 13	4) Adams, Sydney M 14	
--- Tygers-CP	A	NS
1) Rossouw, Emma M 15	2) De Oliveira, Aliyah 14	
3) Smith, Lara E 15	4) Senekal, Margo 14	

Event 419 Men 16-19 4x50 LC Meter Medley Relay 4 x 50 Medley Relay

Team	Relay	Finals Time
1 Swartland Swim C-WC	A	2:10.74
1) Lategan, Nicky N 14	2) Atkinson, Samuel A 15	
3) Liedeman, Mark 14	4) Hewitt-Smook, Kristian 16	
--- Pea-NM	A	NS

Event 420 Women 16-19 4x50 LC Meter Medley Relay 4 x 50 Medley Re

Team	Relay	Finals Time
1 Pea-NM	A	2:24.87
1) Beatt, Emily R 17	2) Van Eeden, Alne 17	
3) Tweedie, Scarlet S 16	4) Ogden, Amber 17	
--- Tygers-CP	A	NS
1) Ryser, Aurora 16	2) Rossouw, Nadia 17	
3) Rossouw, Cara 14	4) Burger, Juanè 13	

Event 421 Mixed 12 & Under 4x100 LC Meter Freestyle Relay 4 x 100 M

Team	Relay	Finals Time
1 Bay Eagle-NM	A	4:36.15
1) Strydom, Andre N M12	2) Jooman, April R W12	
3) Green, Aiden J M11	4) Hamilton, Shalea M W11	
2 Greydogs-CP	A	4:50.56
1) Vd Watt, Earle M11	2) Mare, Isabella W12	
3) van Rensburg, Tristan M11	4) Van Dyk, Zani W12	
3 Curro Aquatics-CP	A	4:51.52
1) Bright, Michael C M11	2) Billson, Amelie W11	
3) Joyce, Jenna W11	4) February, Dillon S M11	

4 USC-BU	A	5:08.37
1) Lubbe, Alex C M12	2) Goliath, Cooper C M11	
3) Christie, Laila A W11	4) Lottering, Eirley W12	
--- Tygers-CP	A	NS
1) Fouche, Jack M12	2) Bosch, Ewan Y M11	
3) Boshoff, Anja W11	4) Olivier, Julie M W11	

Event 422 Mixed 13-15 4x100 LC Meter Freestyle Relay 4 x 100 Mixed I

Team	Relay	Finals Time
1 Blouberg Marlins-CP	A	4:22.22
1) Pautz, Nathan M M15	2) Fourie, Emma W13	
3) Van Wyk, Katie R W13	4) Kalapac, Joshua M15	
2 Vineyard-CP	A	4:25.02
1) Walker, Yohan G M15	2) Spencer, Charles A M14	
3) Mudau, Takalani T W13	4) Adams, Sydney M W14	
3 Lane Leader-CE	A	4:27.08
1) Vd Merwe, Thomas M14	2) Burger, Rosseau M15	
3) Geysler, Almi W14	4) Vd Merwe, Mi-Ly W14	
4 Tygers-CP	A	4:29.89
1) Minnaar, Nicolas M14	2) Smith, Lara E W15	
3) Bosch, Ewan Y M11	4) Senekal, Margo W14	
5 USC-BU	A	4:38.41
1) Louw, Lume L W15	2) Liss, Logan A M13	
3) Peters, Stijn J M13	4) Munro, Abigail W14	
6 Pea-NM	A	4:39.74
1) Andrews, Carl R M14	2) Ogden, Lily W15	
3) Palmer, Travis I M13	4) Strong, Ava J W14	
7 Curro Aquatics-CP	A	4:42.07
1) Grobler, Chris I M13	2) Riley, Logan W13	
3) De Jager, Sophia W13	4) Njoroge, Alphonse M14	

Event 423 Mixed 16-24 4x100 LC Meter Freestyle Relay 4 x 100 Mixed I

Team	Relay	Finals Time
1 Swartland Swim C-WC	A	4:16.18
1) Atkinson, Samuel A M15	2) Borman, Jani W15	
3) Liebenberg, Emily M W15	4) Hewitt-Smook, Kristian M16	
2 Pea-NM	A	4:24.93
1) Heine, Jett C M14	2) Beatt, Emily R W17	
3) Hlangothi, Munguni S M16	4) Ogden, Amber W17	
3 Marlin-CP	A	4:38.51
1) Gomez, Alex W M13	2) Jetha, Zara L W16	
3) Rinquest, Aqeelah W17	4) Alexander, Ammaar M16	
--- Tygers-CP	A	NS
1) Bester, Eben M16	2) Möller, FC C M16	
3) Ryser, Aurora W16	4) Rossouw, Nadia W17	